

INDIAN PERFUMES, ESSENCES AND HAIR OILS

*A Treatise revealing possibilities and
secrets of the perfumery industry.*

By A Specialist
(Of 40 Years' Experience)

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CONTENTS

PAGE		PAGE		
SECTION ONE				
THE PERFUMERY INDUSTRY.				
CHAPTER I				
Possibilities of the Perfumery Industry.				
Perfumes Democratized	2	Classes of Raw Perfumes	-	
Indian Perfumery Industry	3	Sources of Vegetable Perfumes	17	
Field for Perfumers	3	Animal Perfumes	18	
Value of Research Work	4	Musk	19	
Cultivation of Perfumery Materials	5	Ambergris	20	
Synthetic vs Natural Perfumes	6	Civet	21	
Grass Oils	7	Castor	22	
Medicinal Oils	9	Synthetic Perfumes	22	
CHAPTER II				
Classifications of Perfumes				
Characteristics of Perfumes	10	Modifiers and fixers	24	
Otto—The Queen of Perfumes	11	Alcohol	25	
Floral Oils	12	Auxiliary Materials	27	
Aromatic Waters	12	CHAPTER IV		
Essential Oils	13	Modes of Manipulation.		
Essence—the Commoner's Perfume	14	Water	29	
Miscellaneous Classes	14	Deodorisation of Alcohol	30	
CHAPTER III				
Perfumery Materials				
Sense of Smell in Perfumers	17	Refining of Oils	31	
CHAPTER V				
Principles of Manufacture				
Pressing			41	

PAGE		PAGE	
Maceration	- 42	Tuberose Oil	- 58
Digestion	- 42	Rose Oil	- 58
Infusion	- 43	Bakul Oil	- 58
Absorption or Enfleurage Process	- 43	Ketaki Oil	- 58
Distillation	- 44	Kamini Oil	- 59
Extraction by Volatile Solvents	- 44	Lemon Flower Oil	- 59
Ripening, Preservation, etc	- 45	Gandharaj Oil	- 59
		Madhumalati Oil	- 60
		Khus Khus Oil	- 60
		Lotus Oil	- 61
		Storing	- 62

SECTION TWO

ESSENTIAL EXTRACTS

CHAPTER I

Floral Oils.

Selection of Site	- 46
Raw Materials	- 47
Treatment of the Ingredients	- 47
Manufacture by Maceration	- 48
Concentrating the Preparations	- 49
Hastening the Process	- 49
Tier System	- 50
Another Tier Arrangement	- 51
Oil direct from the Seeds	- 52
Recipes	- 52
Bela Oil	- 53
Jasmine Oil	- 53
Chameli Oil	- 54
Champaka Oil	- 54
Kantali Champaka Oil	- 54
Jahuri Champaka Oil	- 55
Dolan Champaka Oil	- 55
Nageswar Champaka Oil	- 55
Hena Oil	{ R - 56
Gul Hena Oil	{ R - 56
Musk Hena Oil	{ C - 757
Janti Oil	{ C - 57
Mallika Oil	{ C - 57

CHAPTER II

Essential Oils.

Odoriferous Elements	- 63
Preliminary Treatment	- 63
By Maceration	- 64
Exhaustion of Oil-Bearing Sources	- 65
Concentration of the Oil	- 65
Collecting the Oil	- 66
By Distillation	- 67
By Expression	- 67
Preservation	- 68
Properties	- 68
Amla Oil (2)	- 68
Pumelo Oil	- 70
Orange Oil	- 70
Lemon Oil	- 70
Cinnamon Oil	- 71
Cloves Oil	- 71
Cardamom Oil	- 71
Cassia Oil	- 72
Aniseed Oil	- 72
Eucalyptus Oil	- 72
Sandalwood Oil	- 73
Lemon Grass Oil	- 74
Lemon Rind Oil	- 74

SECTION THREE

ESSENCES & OINTMENTS

CHAPTER I

Preparation of Essences

Method of Preparation - 75

PAGE		PAGE	
Floral Extracts	- 76	Handkerchief Essence	- 90
Classes of Essences	- 77	Compound Essences	- 91
Blending	- 77	Forget-me-not	- 91
Filtering and Packing	- 78	Remember-me	- 92
CHAPTER II		Sir Walter Scott	- 92
Natural Essences.		Essence Jasmine	- 92
Bakul	- 80	Glori'Daucher	- 93
Hena	- 81	Kiss-me-Quick	- 93
Musk Hena	- 81	Jockey Club	- 94
Ketaki	- 81	Musk Rose	- 94
Bela	- 81	Essence Victoria	- 94
Mallika	- 82	American Beauty	- 94
Gandharaj	- 82	Essence Tuberose Lily	- 95
Hasu-no-Hena	- 82	Essence Rose	- 95
Champaka	- 82	Nizam Monte Cristo	- 96
Jahuri Champaka	- 83	Sultana	- 96
Kantali Champaka	- 83	Lavenia	- 97
Rose	- 83	Jung Bahadur	- 97
Tuberose	- 83	Jubilee Rajanigandha	- 98
Chameli	- 84	Madhumalati	- 98
Jasmine	- 84	Kananga Kusum	- 99
Khus Khus	- 84	Marsenil	- 99
Janti	- 85	Lily Blossom	- 100
Orange	- 85	Chandra Mallika	- 100
Ambergris	- 85	Cherry Laurel	- 101
Musk	- 85	Emperor	- 101
Patchouli	- 85	Cashmere Bakul	- 102
Cloves	- 86	Coronation	- 102
Lavender	- 86	Cherry Vanilla	- 103
Pumelo	- 86	Prince Rose	- 103
Cassia	- 86	Bouquet Empress	- 104
White Rose	- 87	Durbar	- 104
Orange	- 87	Viceroy Verbena	- 105
Bergamot	- 87	Napoleon Lily	- 105
Violet	- 87	Chypre	- 106
Rose Geranium	- 87	Heliotrope	- 106
Lemon	- 87	Essence Bouquet	- 106
Sandalwood (2)	- 88	Lilac	- 106
CHAPTER III		Hyacinth	- 107
Artificial Essences		Bridal Bouquet	- 107
Simple Essences	- 89	Oriental Bouquet	- 107
Essences from Country	-	CHAPTER IV	
Ottos	- 90	Preparation of Ottos	
		Floral Ottos	- 109

PAGE	PAGE		
Rose (4)	- 110	Eau de Lavender and Millefieurs	- 131
Bela	- 111	Odoriferous Lavender	- 131
Chameli	- 112	Water (2)	- 131
Jasmine	- 112	Florida Water	- 132
Hena	- 113	Violet Water	- 132
Musk Hena	- 113	Eau de Cologne (5)	- 132
Champaka	- 113		
Kantali Champaka	- 114	SECTION FIVE	
Jahuri Champaka	- 114		
Dolan Champaka	- 114	HAIR OIL & TOILET PREPARATIONS.	
Nageswar Champaka	- 115		
Bakul	- 115	CHAPTER I	
Gandharaj	- 116	Scented Hair Oils	
Hasu-no hena	- 116	Popularity of Hair Oils	- 135
Patchouli	- 117	Chief Constituents	- 136
Tuberose	- 117	Base Oil	- 137
Mallika	- 117	Vegetable Base Oils	- 137
Keora	- 118	Mineral Base Oil	- 138
Kamini	- 118	Benzoated Oils	- 138
Khus Khus	- 118	Floral Oils in Hair Oil	
Janti	- 119	Making	- 139
Madhumalati	- 119	Incorporation of Per-	
Pumelo	- 120	fumes	- 140
Shephalica	- 120	Manipulations	- 140
Sandalwood (2)	- 120	Filtration and Refining	141
Artificial Ottos	- 122	Filtration of Thick Oils	141
Marketing	- 122	Refining with Animal	
		Charcoal	- 142
SECTION FOUR		Coconut Oil Refining	- 144
AROMATIC WATERS		Addition of Scents	- 146
CHAPTER I		Colouring Hair Oils	- 146
Rose and Keora Water		Marketing	- 147
Rose Water and Otto	- 123	Recipes	- 147
Keora Water (3)	- 126	Recipes (1 to 20)	- 147
CHAPTER II		CHAPTER II	
Toilet Waters.		Taral Alta	
Lavender Water (6)	- 128	Mode of Preparation	- 158
Amber Lavender	- 130	Marketing	- 159
Lily Lavender	- 130	Rose	- 159
English Lavender Water	130	Sandal	- 160
Ambergris Lavender		Lavender	- 160
Water	- 130		

PAGE	PAGE		
Lily	- 160	Pomade a la Rose	- 174
Hena	- 160	Pomade a la Jasmine	- 174
Khus Khus	- 161	Vanishing Cream (12)	- 171
Violet	- 161	Cold Cream (10)	- 180
Cherry Laurel	- 161	Face Powder (7)	- 184
Tuberose	- 161	Talcum Toilet Powder	- 186
Bela	- 162	Face Lotion	- 187
Jasmine	- 162	Sun Burn Lotion	- 188
Champaka	- 162	Hair Curling Lotion	- 188
Bakul	- 162	Nail Polishes	- 189
Rose	- 163	Finger Tip, Colouring	- 189
Ordinary	- 163	Freckle Lotion (2)	- 190
CHAPTER III		Rouge Sticks (2)	- 191
Toilet Preparations		Hair Fixative	- 192
Hair Lotions	- 164	Non-Greasy Hair Cream	192
Cantharides Lotion	- 164	Cantharides Hair Wash	192
Millefleurs Lotion	- 164	Coconut Oil Shampoo	- 193
Hungary Lotion	- 164	Lime Juice Cream (2)	- 194
Lavenia Lotion	- 165	Lime Juice Glycerine	- 194
Odour Delectabilis	- 165	Wrinkle Remover	- 195
Hair Stimulating Lo tion (6)	- 165	Bindi Liquid	- 195
Lipsticks	- 167	Bindi Stick	- 195
Recipes (5)	- 168	Liquid Brilliantine	- 196
Pomades (9)	- 171	Corn Salve	- 196
Mode of Preparation	- 171	Stick Cosmetic	- 196
		Scent Cards	- 197
		Perfume Tablet	- 197
		Solid Perfume (2)	- 198
		Glossary	- 199

SECTION ONE

PERFUMERY INDUSTRY

CHAPTER I.

POSSIBILITIES OF THE PERFUMERY INDUSTRY.

FROM very early times mankind has been a genuine lover of perfumes of any sort which may make an agreeable appeal to his sense of smell. The pages of ancient literatures of almost all nationalities are full of references to the perfumes. Even to this day these wield a great influence over the softer emotions of the human heart and continue to play the role of a veritable source of inspiration to the poets and poetasters.

Odoriferous objects, both natural and artificial in origin, have been held in high favour all over the world, and not without foundation. There is nothing in the world which can equal them in enlivening the depressed mind and in permeating it with a new spirit of buoyancy. Many of them are, over and above, credited with actual disinfecting properties and are of immense value from the hygienic point of view. It is therefore

no wonder that the noblemen of all countries consider the perfumes as a most necessary complement to their toileting, and even if the common people cannot afford to have them daily, they use it on every ceremonial occasion. The fair sex however has got a keen attachment for perfumes in general.

PERFUMES DEMOCRATIZED

Signs are not wanting to indicate that perfumes are coming to more general use Formerly these were mainly reserved as luxury for the rich but now-a-days they can be indulged in by the rich and the poor alike The reason is not far to seek. Manufacture of perfumes previously entailed most elaborate, painstaking and costly processes; consequently they were not within the reach of the common people, though they longed for these and envied their more fortunate brethren who had the means to enjoy in the luxuries of using perfumes The complications in the manufacturing processes remain almost the same but the large scale production and organised methods of distribution and, lastly, the advent of synthetic perfumes have thoroughly revolutionised the perfumery industry To-day all sorts of perfumes, ottos, essences, aromatic waters, scented hair oils, etc, can be bought cheaply; and their extended popularity must be ascribed to their cheapness and consequent accessibility to the common people who form by far the greater part of the population.

INDIAN PERFUMERY INDUSTRY.

The perfumery industry is no new thing in India. Manufacture of perfumes attained a high degree of excellence in the glorious days of India. It is indeed one of the most ancient and honourable of the Indian crafts, and even now India is famous for the special types of perfumes she produces. It is no exaggeration to say that no branch of industry purely devoted to the supply of luxury is of such importance in India as that of perfumery.

That the perfumes made in India were of superb quality and caught the fancy of the then civilized world can be well gauged from the fact that the fame of her products spread out beyond the seas. In the days of Rome's magnificence Indian sandalwood, saffron and musk were regarded as essentials to the toilet of a Roman gentleman and among the chief complement of a Roman lady's *boudoir*.

FIELD FOR PERFUMERS .

The field open to the perfumers is vast and varied. Indians are as fond to-day as ever of the sweet perfumes. The appearance of synthetic substitutes has doubtless affected the trade in natural perfumes, as in the dye industry, but nevertheless a very considerable demand, which instead of decreasing shows sign of increasing, exists for natural perfumes even in those places which may be regarded as the chief centres of synthetic perfumery trade. The demand for

scents and perfumes is increasing rapidly and there need not be any fear of lack of demand for many years to come. This demand can be met in India, if the industry is properly organised.

It is a settled fact that large quantities of wild odoriferous bodies are going to waste, and at present rose and jasmine are practically the only two plants which are being cultivated for perfumery purposes. There is therefore a possibility of enormously expanding this industry. But before this is done a careful and exhaustive enumeration of the odoriferous plants of the country must be compiled, as has been done in the United States. Research work conducted up to date holds out promises that when this compilation is finished, much headway now undreamt of may be made in the manufacture of perfumery, and many articles of which we are now in the complete dark and for which we have to approach the foreign countries can be manufactured in the country itself to her immense benefit and of the world as well.

VALUE OF RESEARCH WORK.

It may be remarked in this connection that too much attention cannot be paid to research work. This must be carried on to ascertain the average essential oil contents of the various perfumery materials so that the nature and quality of each material may be fully known by the manufacturers. Practically nothing of the kind is done in India. It would open our eyes if we go

over the minute studies made by the Western students of chemistry in the domain of perfumery. The valued results of their investigations are fully taken advantage of by the perfumers in manufacturing perfumes or attempting improvements thereon. Such study pays, and if India is to develop her indigenous perfumery industry, this side of the subject, which is now so much lost sight of and thrown off to the back-ground, should deserve the best attention of the scientists and should be made thorough study of in the light of the Indian conditions and environments.

CULTIVATION OF PERFUMERY MATERIALS.

As a counter-argument to this scheme of development of the indigenous perfumery industry, it may be advanced that the Indian spice and perfume materials are inferior to those grown elsewhere. Of course, this is a fact which must be reckoned with. But it remains to be seen how far this is due to climatic or soil conditions or to a variety of factors or what is most probable to protracted neglect in cultivation. Moreover, it is not a rare occasion where the Indian stuff has been classified as inferior to the foreign stuff on no other demerit than that the enumerator of the classifications, who is mostly a non-Indian, stamps preference on the materials of his own country to those of India. Nevertheless, this matter should meet proper attention. Stale, adulterated and improperly prepared materials have already done the industry considerable harm.

in foreign markets and this will take time to remedy. But if only intelligent and enterprising men with at least a working knowledge of the materials they deal in, take up the matter in earnest and work those products scientifically and if the general public be patriotic enough to support the local articles in preference to the imported ones, then there is no reason why as a group of economic products the perfumery industry should prove less valuable commercially than many other industries now regarded as more important and should not recover its proud position among the Indian exports.

SYNTHETIC VS. NATURAL PERFUMES.

It is now time that India should undertake the culture of odoriferous plants, herbs, grasses and extract their essences and rare and charming perfumes from the multitudinous varieties of wild flowers which grow in profusion in our forests and valleys. It may be argued that modern synthetic perfumes have taken a good bit of profit off true or virgin flower oils, nevertheless it must also be admitted that owing to the world's demand being greater than the supply, scientists had to come to our aid with substituted stuffs, which are by no means cheap as some mistakenly believe. Besides this, perfumes made from true flower oils have a charm and fragrance of their own which is appreciated by people who are accustomed to using "perfume-par-excellence," and which fact is strongly reflected to those who do

the blending of scents for powders, toilet requisites and kerchief perfumery.

It might be mentioned here that a very large proportion of crude essential oils contains oxygen and hydrocarbons, the latter as much as 90 % of their bulk, and these so-called "terpenes" and "sesqui-terpenes," although not tasteless nor odourless contain properties which lessen their market value. With these impurities, if we may term them so, the oils are difficult to dissolve in low percentage alcohols, besides this they have a tendency to oxidise and become rancid through storage. Modern biochemistry has revealed that these unwanted properties can be successfully separated from crude essential oils without damaging their aromatic constituents which again are divided into alcohols, ethers, ketones, esters, aldehydes, etc. Oils thus treated are put on the market as terpeneless, sesqui-terpeneless, supersesqui-terpeneless and carry guarantees of concentration and solubility in weak spirits, minimum cloudiness when thus mixed, and with less risks of spoilage through long storage. The time-honoured roses of Damascus and Persia, "the perfumes of Kings," is now being substituted by rose oils of Bulgaria, which is now called "the country of roses-par-excellence."

GRASS OILS

Other essential oils of commerce which have attracted moderate attention, but are still neglected and being run half-heartedly are the grass oils

of India which can be split up into four distinct classes and which are hopelessly confused at times These species are Citronella, Lemon-grass, Rosha-grass and Ginger-grass, the perfumes of which are much valued by the soap and tobacco makers and their odoriferous constituents "geraniol" and "citrol" are introduced into synthetic perfumery and used for adulterating rose and reseda scents.

Although citronella can be cultured in the Central and other provinces of India, its monopoly has been handed over to Ceylon where some thousands of acres are planted out, and the island reaps rich profits annually from this oil. Rosha grass from which commercial oil known as "Palma rose" is extracted, has stuck to the locality where it was first discovered and is fostered by the Bhils on North Khandesh (Deccan), although this grass has been found, growing wild in Berar and Nimar District in Central Provinces Statistics prove that Rosha-grass ("Palma rosa") oil exported from the port of Bombay has attracted buyers from England, France, America, Germany, Holland and Switzerland A wider field is thus open to investors of similar undertakings Oils of Lemon grass are chiefly distilled in Travancore, on the cottage industry scale with crude stills, and a valuable essential oil of leaf geranium (known as Bourbon "Rose-Geranium oil") has been cultured and distilled at Yercaud, in the Sheveroy Hills of Southern India.

MEDICINAL OILS.

Similarly valuable medicinal oils and perfumery extracts could be had from other plants and spices of India, for instance the Citrus tree gives three valuable oils, i e , "Bergamot" from the rinds of the fruit, "Petitgrain" from the leaves and "Neroli" (or orange blossom) from the flowers Oils from kernels of almonds, apricots, peaches give almond oils and "Benzaldehyde," and other seeeds such as anethi, ajwan, aniseed, clove, cardamom, etc., give us valuable essential oils which are retailed at fairly high prices because they are clarified and re-imported into the country by foreigners.

CHAPTER II.

CLASSIFICATION OF PERFUMES.

QUITE an innumerable variety of scents and perfumes is manufactured for the Indian market. The varied combinations of the hundreds of essential principles of perfumes give rise to numerous preparations which though not materially differing in kind are each characterised by a distinct odour. Almost every day a new kind of scented preparation is launched upon the market. Some of them charmingly appeal to the taste of the people and have thus a more or less prosperous career assured, while the others fail to catch the popular fancy and are consequently given up in time

CHARACTERISTICS OF PERFUMES.

But unlike the varieties, the principal classes into which all articles of perfumery can be grouped and the chief purposes they are meant to serve are rather limited in number. But whatever be the purpose which the perfumes are intended for, they must as a general criterion emit an agreeable odour so that the user may derive a unique gratification of the senses from their employment. All classes of perfumery irrespective of their special properties and even medicinal effects, must be characterised by this general

criterion, and one of the objects of the manufacturer should be to arrive at a preparation which, besides possessing special properties appertaining to the class, which it belongs to, combines a delightful and refreshing odour by proper selection of the raw materials and judicious manipulation.

OTTO—THE QUEEN OF PERFUMES.

The principal class into which the perfumes may be grouped is the otto, or the concentrated principle of the natural flowers. Nothing can stand in comparison with the sublime fragrance the ottos yield and if their popularity has declined of late it is not for any inherent defect in their composition, but for the high costs of the preparations. Their use among the noblemen remains undiminished and in fact these are employed in small doses in the preparation of chief commercial essences which flood the market now-a-days. From the Indian point of view the otto is the queen of the perfumery preparation and its manufacture has engaged the best attention from the Indians for many centuries. The industry is now situated in the northern part of India, specially in Jaunpur, Ghazipur and Quetta.

The manufacture of the ottos has in view the extraction of the essential principle of the natural flowers, which yield a fragrance of the highest degree of excellence, surpassed by none else in the world. The flowers wither away in course of time and with them their fragrance also dies. It is the perfumer's art to extract the fragrance

apart from the flowers for applications in the various arts and industries and preserve it for future use.

FLORAL OILS.

The next in importance from the Indian point of view is the floral oil. These are delicious preparations of oils laden with the scents of fresh-blown flowers. These possess unique hair dressing qualities, inimitable fragrance, cooling and soothing effects and are strictly non-injurious to health or the growth of hair. For these reasons floral oils are in extensive demand all over the country for toilet purposes by the men of fashion.

The floral oil industry has of course met a setback on the advent of the so-called scented hair oils which are simply vegetable or mineral oils surcharged with synthetic essential oils and are by no means non-injurious. The industry can nevertheless hold its own against the commercial scented hair oils. Virtually pure floral oils are widely employed as basis in the manufacture of the finely scented hair oils.

AROMATIC WATERS

Aromatic waters should occupy the next place in order of importance. They embrace quite a number of products possessing medicinal properties or sometimes simple aroma. The principal of these is the rose water which requires no introduction to the public. Its wide applications in the arts, industries, medicine, and even

in confectionery making are too well known to require any recapitulation. Then there is the *keora* water, a watery preparation laden with the distinctive smell of the *keora* flowers. There is a pretty big demand for this article, though compared with that for rose water this pales into insignificance. This is used for scenting the drinking water and adding a peculiar flavour to the *sherbat* preparations. These two are of purely indigenous origin and are both largely employed for toilet purposes. But in foreign countries much interest attaches to the manufacture of Eau de Cologne and Lavender Water and in fact in those countries the perfumers are really tested by the standard of these waters they are capable of producing. In this country also they are partly used for the preparation of toilet articles and are prescribed by the doctors for cooling effect in cases of high fever.

ESSENTIAL OILS

The preparation of essential oils is another important branch of perfumery, and this should warrant greater attention than hitherto paid to it. India abounds in odoriferous substances which may be made to yield valuable essential oils with their characteristic odours and properties. Some of them are moreover found to possess valuable medicinal properties. This industry is now neglected in India. Yet quite a big quantity of essential oils is annually imported into India from

foreign countries while the Indian raw materials are allowed to run to waste. They have their wide applications in perfumery, medicine and art, and if the indigenous perfumery industry is to be placed on an organised footing, attention should be concentrated on this subject.

ESSENCE—THE COMMONER'S PERFUME.

The classes of perfumes mentioned above are all indigenous to India. But there is still another kind of perfume which commonly goes by the name of essences. Like ottos they are used for their sweet smell by all lovers of perfumes. Essences are used as handkerchief perfumes and as scents for dresses. The demand for the excellent preparations is as big as ever.

Essences from artificial sources for handkerchief scents are now-a-days in fashion on account of their harmonious scent and cheapness. Perfumers have to bring out their ripe experience to get a preparation which will appeal to the popular fancy and will at the same time be as pleasing and durable as possible. Their preparation thus will tax the best brain of the perfumers.

MISCELLANEOUS CLASSES.

Besides these, there are other classes of perfumes of minor importance, such as pomades, face powders, scented hair oils, dry perfumes, satchet powders, hair lotions, etc., etc. Snow creams, face powders, etc., also play an important part in

making up the toileting of the fair sex. The demand for these articles in the Indian market is ever on the increase. If really good preparations can be made and offered in the market in an attractive style, there is no reason why the Indian perfumers will not be benefited by commanding a significant part of the perfumery trade

Another toilet product is the taral alta, a brilliant red liquid colour for painting the feet of the ladies. Its preparation is easy and profitable too.

CHAPTER III

PERFUMERY MATERIALS.

TO be a successful manufacturer, every perfumer should be fully familiar with the nature and properties of the hundreds of raw materials he makes use of in the manufacture of his products Simple knowledge helping the identification of the raw materials should not be by any means considered sufficient. It is incumbent on the perfumer to possess a thorough scientific knowledge of these articles, their chemical properties and their behaviour to one another. It is a common observation that scents are considerably modified, rounded off and even spoilt when they come into combination with some special types of scented materials The more is one's acquaintance with these facts, the greater is his chance of getting the most excellent preparations When the perfumer is so equipped he will be in a position to guess what perfumes should be combined together and in what quantities so that when the blending is completed the preparation yields a fragrance, harmonious and free from discords For a novice in the line it is simply impossible to say what substances are sympathetic or antipathetic towards one another, and it is only experience that matters in such circumstances

SENSE OF SMELL IN PERFUMERS

Over and above this, the perfumer should have an extremely sensitive sense of smell. The characteristic odours given out by each of these raw materials should be individually studied and known. He should be qualified to discriminate the several ingredients from any given perfumed preparation and detect if the blending is all that could be desired or can be improved upon. He should also be able to find out the jarring elements in the composition.

Broadly speaking, the aromatic substances can be classified under three groups —

CLASSES OF RAW PERFUMES

- (1) Materials of purely vegetable origin
- (2) Materials of purely animal origin
- (3) Synthetic or artificial perfumes

SOURCES OF VEGETABLE PERFUMES

The most common example of an aromatic substance of vegetable origin is the flower which is unsurpassed in the freshness of the perfume which is said by the scientists to be due to the minute traces of essential oils present in its petals. Besides flowers, perfumes are capable of extraction from various herbs, roots, barks, leaves, stems, fruits and other parts of vegetable plants. For instance, perfumes can be obtained from the flowers of cloves, etc., leaves and stems of patchouli, cinnamon, etc., barks of cassia, cinnamon etc., woods of cedar, sandal, etc., roots of sassa-

fras, vetiver etc.; rhizomes of ginger, orris, etc.; fruits of lemon, etc; seeds of bitter almonds, anise, etc ; gums or resinous exudations from myrrh, olibanum, etc , etc. Various spices also furnish a rich variety of perfume materials.

It is thus apparent that the fragrance is not confined to full-blown flowers only but may be suitably derived from all organs of the plants. Mention may also be made here that some plants also are capable of yielding more than one odour, quite distinct and characteristic in nature. The most commonly noted example is no doubt the orange tree from which three distinct perfumes may be secured, one from the leaves, one from the fruits and one from the rind of the fruit

ANIMAL PERFUMES.

Perfumes are also obtained from animal origin. These occur almost exclusively as glandular secretions and enter into commerce in their natural state. The chief among them are musk, ambergris, castor and civet.

Animal perfumes are specially distinguished for their property of giving permanence to the odour of other bodies with which these are mixed. The odour they possess is also characterised by wide diffusion hardly surpassed by anything else. They are held in very high esteem and are therefore liable to indiscriminate adulteration. Various attempts have been made to reproduce their peculiar odours synthetically or by the combination of scents but so far all trials have been

fruitless and adulteration continues rife as before. But it must be remembered that in perfumery making, adulterated animal perfumes are of rarely any importance, they do neither improve the tone of the preparation nor render the odour persistent

Musk.

Musk, to cite an example, is obtained from musk deer and possesses an imitable odour. Its presence even in small doses is capable of detection by perfumers. But this being a rare object and valuable, it undergoes considerable adulteration with dried blood, animal excrement, earth, etc. The extent of these additions varies from 25 per cent to 75 per cent of the gross weight of the mixture. The blood is dried by the heat of steam or on water bath, then reduced to coarse powder, and triturated with the genuine musk in a mortar along with a few drops of liquid ammonia. It is then either replaced in the empty pots, or it is put into bottles and sold as grain musk. There are only three certain ways of detecting this fraud, viz., by the inferiority of the odour, by an assay for the iron contained in the blood, or by the microscope. Genuine musk often becomes nearly inodorous by keeping, but recovers its smell on being exposed to the vapour of ammonia, or by being moistened with ammonia water. The following tests may also be applied

Pure musk, by trituration or digestion with boiling water, loses about 75 per cent. of its

weight, and the boiling solution, after precipitation with nitric acid, is nearly colourless. A solution of acetate of lead, and a cold decoction of galls, also precipitate the solution; but one of corrosive sublimate does not disturb it. The ashes left after the incineration of pure musk are neither red nor yellow, but grey, and should not exceed 5 per cent. to 6 per cent. One of the best solvents for musk is ether. Musk has also been prepared in the laboratory synthetically but its odour has not yet been exactly copied so far.

Ambergris.

Ambergris is found in the intestines of spermaceti whales and is much prized in perfumery. Its presence even in minute traces is perceptible and permeates the whole with an exalting odour. Its tincture is hence sometimes made the basis in the preparation of ottos, essences, etc.

Ambergris is solid, opaque, ash-coloured streaked or variegated, fatty, inflammable, remarkably light and highly odorous. It has a pleasant musk-like odour, which is supposed to be derived from the squid (*Sepia moschata*) on which the animal feeds, the horny beaks of which are often found embedded in the masses. The odour is peculiar and not easily described or imitated, of a very diffusive and penetrating character, and perceptible in minute quantities. Ambergris is rugged on the surface, does not effervesce with acids; melts at 140°—150°F into a yellowish resinlike mass; at 212°F sublimes as a white

vapour, very soluble in alcohol, ether, and the volatile and fixed oils. It appears to be a body analogous to cholesterine Its specific gravity is 0.780 to 0.926.

Due to the high price of genuine ambergris it is very frequently, if not nearly always, adulterated When quite pure and of the best quality; (1) It is nearly wholly soluble in hot alcohol and ether, and yields about 85 per cent. of ambreine; (2) It almost wholly volatilizes at a moderate heat, and when burnt leaves no notable quantity of ashes, a little of it exposed in a silver spoon melts without bubble or scum, and on the heated point of a knife it is rapidly and entirely dissipated; (3) It is easily punctured with a heated needle, and on withdrawing it, not only should the odour be immediately evolved, but the needle should come out clean, without anything adhering to it; (4) Acids, except nitric acid, act feebly on it, alkalies combine with it and form a soap. The Chinese are said to try its genuineness by scraping it fine upon the top of boiling tea It should dissolve and diffuse itself generally. Black or white ambergris is bad while the smooth and uniform one is generally fictitious.

Civet.

Civet is another animal perfume having very strong smell and hence should only be used in a diluted state in manufacturing perfumery If added in excess, the smell is unbearable and even nauseous But when added in measured doses, it

imparts a most pleasant fragrance to the preparation and makes it lasting.

Castor.

Castor, an unctuous substance derived from the beaver, is also incorporated in small quantities only in making perfumery. It gives a black tincture, which added in big quantities would discolour the whole preparation. Its odour specially improves on keeping.

SYNTHETIC PERFUMES.

The third form of perfumes is, however, the synthetic perfume, which constitutes a veritable romance of organic chemical research. Its evolution has brought about a complete revolution in the perfumery industry. The perfumes are not directly manufactured from the odoriferous bodies but are derived by a chain of chemical processes perfected in the laboratories. For example, vanillin is derived from benzene, salicylates from salicylic acid which in its turn is made from phenol, benzyl esters, phenylethyl alcohols, benzoic esters are derived from toluene, xylene musk and ketone musk are both derivatives of metaxylene, methyl ether, ethyl ether, indol, etc., are obtained from treatment of naphthalene, coumarin, musk ambrette, anisic esters are derived from cresol; etc., etc.

A number of synthetic perfumes are derived from vegetable essential oils, for example, terpinol from turpentine; citral, ionone from lemon

grass oil; geraniol from Java citronella oil, rhodinol from geranium oil; geraniol from palmarosa oil; safrol, iso-safrol, heliotropine from camphor oil, anethol from aniseed oil, eugenol from clove oil, linalol from rosewood oil, cinnamic alcohol from styrax, etc., etc.

The characteristic odours derived from these synthetic perfumes are given below.—

Amyl acetate gives the odour of pear, apple and banana; bornyl acetate, jasmine, linalyl acetate, bergamot, benzyl alcohol, slight jasmine, phenyl ethyl alcohol, rosé, benzoic aldehyde, bitter almonds, cinnamic aldehyde, cassia and cinnamon, citral, lemongrass, citronellal, citronella grass, citronellol, rose, ethyl anthranillate, neroli, eugenol, cloves, florentinol, orris, geraniol, rose, geranyl formate, rose geranium, heliotropin, heliotrope, ionone, violet; irone, violet, geranyl acetate, wildrose, jasmindol, jasmine; lavandol, lavender; methyl salicylate, wintergreen, muguet, lily of the valley, terpeniol, lilac, lily, tonquinol, tonquin bean, musk, vanillin, vanilla, yara yara, neroli, zibethin, civet

The range of synthetic products at the disposal of the perfumer at the present time is extensively wide and many of the peculiar aromas characterising certain natural bodies have been, exactly or with a close approximation, reproduced in the laboratory. The underlying principle of manufacturing synthetic perfumes has also been utilised by the perfumers and those of roses, vio-

let, etc., have not yet been derived with any close fidelity.

Now-a-days essential oils and synthetic derivatives representing the oils are freely used as substitutes for one another. As for instance, oil of orange is a natural product while oil of neroli is prepared synthetically but they are so very identical in their constituents that they are freely interchangeable. Vanillin from pods of vanilla and artificial vanillin from eugenol are also similarly interchangeable, oil of bitter almonds with benzaldehyde; and, so on.

The synthetic products are not used alone but are suitably blended and modified by the perfumers before they reach the real consumers. They are mixed together in suitable proportions to imitate the natural perfumes of certain flowers. For example, the fragrance of the rose is not produced by a single synthetic perfume but phenylethyl alcohol mixed with geraniol, citronellol, essences extracted from various plants, and several other synthetic products yields an oil, which is a very passable imitation of otto of rose.

MODIFIERS AND FIXERS

The raw materials for the perfumery industry may be classified from another standpoint under three groups; the distinctive odours, the modifiers and the fixers. The distinctive odours most relished are those of rosemary, patchouli, bergamot, ylang, musk, lily of the valley, heliotrope, narcissus, geranium, hyacinth, benzoin, etc., etc.

But sometimes these fail to appeal properly to the sense of smell. They are, in such case, combined with modifiers which mellow, soften down or temper, as it is called, the smell of the distinctive odour. Thirdly, the essential oils used in combination to secure the harmonious blend of any perfumery preparation possess unequal rates of evaporation, *i.e.*, some of them are more volatile than the rest. Hence the need of adding some agents which would prevent the unequal evaporation of the individual perfumes, render the odour persistent by reducing the rate of evaporation and at the same time maintain the predominant note of their fragrance. These agents are known as fixers or fixative agents or binders.

The group of bodies from which suitable fixatives for any perfume can be selected is a large one. Various perfume materials known as tincture or extracts are added as fixatives, some of which are pleasantly aromatic, some disagreeable and some others neutral. The principal of these are benzoin, peru balsam, tolu balsam, storax, myrrh, patchouli, khus, sandalwood, musk, ambergris, benzyl benzoate, ethyl phthalate and glyceryl acetate.

ALCOHOL.

Another commodity which largely enters into the composition of essences, ottos, essential oils, aromatic waters, etc., is alcohol which is variously known as spirits, rectified spirit, absolute alcohol, spirit of wine, according to the purity of the

stuff. The ardent spirits which are obtained by distilling fermented liquors consist mainly of three ingredients, alcohol, water and a little oil or resin, to which they owe their flavour and colour. When these liquids are redistilled the first portion that comes over is a fine, light, transparent fluid, known in commerce by the name of rectified spirits. Specific gravity of highly rectified spirit is not less than 0.8200 and is generally more. Alcohol cannot, by this process, be deprived of the whole of the water with which it is combined, but by redistillation with hot hydrochlorate of lime, it is procured of the specific gravity of 0.739 at 60°F. In this state it is the strongest that can be procured, and it is therefore called pure or absolute alcohol. The alcohol of commerce, or spirit of wine is never so strong as this; its specific gravity is seldom under 0.8370. In this state it is fragrant, limpid, colourless, volatile, inflammable, and of a pungent, agreeable taste. It combines with water in every degree, and the proportion of it present in common spirits can be best judged by their specific gravity. The specific gravity of pure alcohol being 0.7939 at 60°F and that of water 1.000, it follows, that the lighter a spirit is, the stronger it is. Proof spirit is a mixture of equal bulks of alcohol and water. When spirits are weaker than this they are said to be underproof; when stronger, to be aboveproof; thus, "10 underproof" signifies that every 100 gallons of that spirit would require to have 10

gallons of water abstracted from it to bring it up to proof; and "10 overproof" means that every 100 gallons contains too little water by 10 gallons

To get brilliant results the manufacturers should make it a point to use rather old alcohol which has been left sufficiently long to mature.

In order to reduce the price of the preparations requiring the use of alcohol, manufacturers use spirit chloroform in place of alcohol.

AUXILIARY MATERIALS.

Besides these odorous raw materials, the perfumer makes use of a number of auxiliary substances such as water, alcohol, fixed oils for making hair oils, fats for pomades, etc., etc. To be successful, the manufacturer should devote particular attention to their purity and must also be conversant with their properties and purposes they are intended for.

Fixed oils employed in making floral oils and essential preparations should be in a refined condition. They should be of a thin consistency as far as possible and if required they may be refined, filtered and finally deodorised (See Page 31).

The most used of the fixed oils are the sesamum oil and olive oil but for making scented hair oils other oils like almond oil, castor oil, coconut oil, white oil, etc., are made use of. The same remarks should apply in the case of these oils as well.

Glycerine and fats are also used in making perfumed cosmetics, creams, etc. These should also be of pure form and high quality.

Diverse spices and raw materials also enter into the composition of the essential oils. These require to be selected with utmost care. These are to be bruised, mashed or powdered according to the requirements they are called upon to fulfil. Fineness of a powder is technically determined by its free passage through meshed sieves. Diameter of particles passing through a

No. 40 mesh sieve is less than 0.38 millimeters.

„ 50	„	„	„	0 28	„
„ 60	„	„	„	0.23	„
„ 80	„	„	„	0.17	„
„ 100	„	„	„	0.14	„
„ 120	„	„	„	0.12	„
„ 150	„	„	„	0.09	„
„ 200	„	„	„	0.07	„



CHAPTER IV

MODES OF MANIPULATION.

PERFECT manipulations are essential to the success of the perfumers. Most of the raw materials requires treatment before being employed in the making of the perfumes. Water to be used in the making of perfumes should be distilled. Alcohol is to be deodorised. The flowers are to be cleaned from dirt, dust, etc., the stalks and green parts are to be removed, the rotten parts are to be rejected. The roots, stems and other hard odoriferous substances are to be cut into small bits, bruised, sunned or dried. Dried bodies are to be moistened to cause them to open or unroll. Sesame, castor and other oils as obtained from the market are not in a sufficiently pure state to be used as raw materials in perfumery and are liable to get sticky on keeping. They are far from being sufficiently bleached and deodorised for ordinary use. These are to be refined before use.

WATER.

For best results water to be used in making perfumery must be specially treated. Ordinary water can not be used as it is not sufficiently clean and contains a number of germs which would go to vitiate the preparation in the end. Unclean

water causes turbidity which should by all means be guarded against. Water, therefore, before being used, must be filtered and freed from all suspended impurities and contaminations. Distilled water is, however, the most suited and should be employed whenever possible. Special stress should be laid by the manufacturers on the use of soft water, *i.e.*, water which forms lather with soap at once.

DEODORISATION OF ALCOHOL.

Alcohol largely enters into the preparation of essences and ottos. This also requires careful attention. Crude alcohol as found in commerce contains a lot of foreign matters with characteristic odours which it is difficult to mask. Only rectified spirit is therefore recommended, specially when a high quality is desired.

On many occasions, however, the perfumers specially treat the alcohol to render it deodorised so that the risk of spoiling the perfumes in the dissolved extracts may be minimised. Usually one gram of benzoin R added to one litre of alcohol serves to neutralise the characteristic odour of alcohol in a few weeks. To ensure perfect deodorisation, 1 gram each of benzoin and tolu and $\frac{1}{2}$ gram of olibanum are added to a litre of alcohol and the whole is allowed to stand for a month. Such treatment is especially needed when the specified alcoholic scent does not agree with the perfumes added and in the preparation of *Eau-de Cologne*.

Another method of deodorising alcohol consists in adding half an ounce of powdered quicklime, 2 oz of powdered alum and 1 oz of wood charcoal to one gallon of alcohol. The whole is allowed to stand for a few days and then filtered.

Another method of maturing ordinary alcohol follows —

Alcohol	1 gall.
Powdered slaked lime	4 dr.
Powdered alum	2 dr
Spirit of nitrous ether	1 dr.

Mix the lime and alum and add them to the alcohol shaking the mixture well together, then add the spirit of nitrous ether and set aside for some days, shaking occasionally, finally filter.

REFINING OF OILS

The impurities in freshly expressed oils are partly in suspension and partly in solution. These consist chiefly of dirt, fragments of vegetable fibre, and mucilaginous and albuminous substances. A portion of them rapidly deposits when the oil is allowed to stand, and the upper liquid may then be drawn off from the sediment and subjected to filtration or to further refining processes.

REMOVAL OF SUSPENDED MATTER

In some cases a simple filtration, after standing for a short time, is sufficient to render the oil brilliant. The oil is made to pass through a piece of properly folded blotting or filter paper fitted

on a funnel or through a piece of flannel, made two or three fold. The operation may be repeated for better results. But when there is an excess of albuminous matter, the oils are not sufficiently clear after passing through the filter. In such cases various methods are employed to coagulate or precipitate the matters before filtration, such as dry heat, introduction of fine jets of steam, or the addition of a small quantity of insoluble powder (e.g., fuller's earth or kieselguhr) which as it subsides attracts and carries down simultaneously the particles of the gum-like mucilage.

REMOVAL OF MUCILAGINOUS MATTERS

On a small scale the removal of mucilage is effected by heating the oil in a special type of cast iron pan built into a flue in such a way that the hot gases strike the sides rather than the bottom of the pan. The vegetable matter on precipitation sinks to the bottom, and if the heat is applied just at the bottom of the boiling pan, the vegetable matter becomes charred and thus injuriously affects the quality and colour of the oil. Heating must be done very carefully to drive off all the moisture present in the oil. In no case overheating should be done. If the temperature becomes comparatively high, a little water should be added to the oil. When free from moisture the oil is allowed to cool and settle.

On a comparatively large scale, the operation can be carried out in steam-jacketed tanks having a jacket all round the sides, but not on the bot-

tom The bottom should be conical in shape. The vessel is also provided with a mechanical agitator Heating is generally done by passing steam at atmospheric pressure through the jacket. When free from moisture the oil is allowed to cool so that the solid impurities are collected in the groove of the conical portion

On a small scale the operation is carried out on water bath with fairly good results.

The Filter Press

A convenient form of mechanical refining is afforded by a filter press. The common form of filter press consists of a hydraulic press containing a series of communicating plates with rims raised so as to form a space into which filter cloths may be fitted

After adjusting the filter press the oil is pumped into the press at the right-hand end, and is made to flow through chambers between the plates and is collected in a trough .After using the press for a good length of time the filter cloths are found to be clogged with various impurities so that it is desirable to remove press filter cloths occasionally The filter cloths after removal from the press are transferred to a washing machine, where they are treated with a hot dilute solution of caustic soda which combining with the oil, produces soap and so cleanses the cloths from mucilage and dirt.

The materials used as filtering media include sand, kieselguhr, Spanish clay, fuller's earth,

animal charcoal, paper pulp, and a mixture of wool and vegetable fibres disintegrated into a pulp.

REMOVAL OF FATTY ACIDS

To remove the fatty acids, the oil is treated with a sufficient quantity of caustic soda solution of known strength and at the same time the temperature of the oil is carefully regulated. It must be understood that more caustic soda has to be added to the oil than is theoretically necessary to neutralise the percentage of free acid revealed by actual analysis. The surplus soda does not, however, attack the neutral oil unless the amount is allowed to stand for some hours to permit the soap, soda solution and any remaining mucilage to sink to the bottom, while the oil occupies the upper layers as a clear liquid, which is then drawn off for further treatment. The solid residue left in the kettle should not be thrown away but be sold to the soap maker as "soap stock."

To facilitate the settling out of the soap, etc., from the oil, common salt is sometimes thrown into the oil kettle. Soda soap being insoluble in salt water separates out. The clear oil thus obtained is next washed with water to remove all traces of soda from it. Thereafter it is treated in a vacuum still to drive off any volatile fatty acids, still adhering to it as well as the last traces of moisture, which finds its way at the time of washing.

Mention should, however, be made that great care need be exercised in using caustic soda for the above purpose. Being possessed of high caustic properties, it is liable to attack the good oil, converting it into soap. In that case only a small percentage of the pure oil can be recovered.

Washing soda, wood ash and potash carbonate may also be used to remove the rancidity. As a working rule it may be stated that to neutralise 1 per cent. of acidity present in 1,000 lbs of oil, 1.9 lbs of washing soda or 1.4 lbs of caustic soda, 65 lbs of wood ash and 2.5 lbs. of potash carbonate will be required.

REMOVAL OF DISSOLVED IMPURITIES

In the removal of dissolved impurities alkali solutions, milk of lime, or magnesia are reagents in common use, while dilute sulphuric acid is sometimes employed to clarify linseed and certain fish oils for industrial purposes.

BLEACHING AND DEODORISING OILS

The purification of oil may be effected by washing the oil with water to which aluminium sulphate has been added in the proportion of about $\frac{1}{4}$ oz to 220 gallons per degree of hardness. This forms with the lime in the water a bulky colloidal precipitate which serves to bleach and clarify the oil.

Treatment of oil with fuller's earth, animal charcoal, etc., not only helps to bleach the oil but also assists in deodorising it to a certain extent. The oil to be bleached is poured into a steam-

jacketed mixing still provided with a mechanical agitator and a steam coil. Before pouring the oil, the vessel is heated by admitting steam to the jacket, care being taken to see that the steam condensed may drain out of the jacket. The oil already heated to a temperature of 150° F. is run into the kettle until this is filled to within 4 inches of the top cover; the mixing gear being put to work in the meantime in order to agitate the oil and drive off any moisture contained therein. The successful working of the process depends to a considerable extent upon the complete absence of moisture, and it is essential, therefore, that the oil, fuller's earth, filter cloths, and the whole of the apparatus should be as dry as possible. The fuller's earth in fine powder is added as soon as the oil in the kettle is at a temperature of 150° F. The quantity of earth necessary usually varies between 2½ and 5 per cent, but it may be more or less according to the quality of the oil being treated. The exact proportion can be determined by an experiment on a small scale. This experimental test will also enable the most suitable temperature to be ascertained. The process should be worked at the minimum temperature found to give the desired result, as there is less danger of an earthy flavour being imparted to the oil at a lower temperature. After a few minutes' agitation the earth will be uniformly and intimately mixed with the oil, and the few pumps on the filter press should be started to work so that the

whole batch is pumped into the filter press in the shortest possible time. As soon as the filtering operation is finished, the fuller's earth remaining in the press should be steamed out in order to recover as much as possible of the oil contained in the earth.

Immediately after steaming out the press must be opened and the plates separated from each other, so as to leave an equal space between all the plates. The heat contained in the iron plates will dry the cloths so that the fuller's earth already deposited on them should be removed. The oil present in the fuller's earth can then be separated easily.

When dealing with viscous oils, such as castor, linseed, etc., the filter press should be previously heated to ensure that the temperature of the oil while passing through the filter press is not reduced below the point necessary for efficient filtration.

Many other methods of bleaching oils by means of chemicals or otherwise are practised. It is not necessary for us to discuss these in detail in the treatise. We need only remark that one of the oldest and very satisfactory methods is to expose the oil to the action of animal charcoal, sunlight and air. This process results in the natural oxidation of the colouring matter, and is extensively adopted in the case of linseed, and poppy seed oils. It is, of course, a very slow method.

The principle consists in treating the oil with animal charcoal, preferably in a powdered condition. Not more than 1 seer of charcoal should be added to 8 seers of the oil. After this the mouth of the vessel containing the oil and charcoal is covered to prevent dirt, dust, etc., from coming in. The whole is then exposed to sunlight for a fortnight at least. The oil is then filtered through flannel when perfectly clean and limpid oil will be obtained.

FILTRATION.

In making perfumery articles the manufacturer is often called upon to filter his products. For the purpose, filter papers are cut into circles and folded to make a conical cup to fit into the funnel, the inside of which may be ridged and grooved so that the filtered liquid can easily drain away. The liquid to be filtered should not be poured right into the middle of the funnel. The filter paper should be first moistened by dropping a few drops of the liquid on all sides of the paper and then the liquid can be poured along one side of the funnel. A receiver should be put under the orifice of the funnel to receive the dripping liquid. For liquids very difficult to filter a flannel strainer exactly fitting the funnel is often used.

UTILISING WASTE FILTER PAPER.

Mention may be made here that special thin paper is required for filtering resinous liquids such as solution of gum resins in perfumery. The addi-

tion of carbonate of magnesia (filtering powder), talc, kaolin, however, assists the process.

The waste filter papers are not thrown away. The precipitate may be scraped and made into satchet powders. Sometimes the used filter papers are stored in a closed vessel containing 95 per cent. alcohol which is stirred occasionally when cheap perfumes are obtained. Filter papers are also sometimes simply pressed and utilised in solid form as best as they can be.

COLORATION.

The coloration of the perfumed articles is a problem to the manufacturers. Usually floral oils, ottos and essences go uncoloured. Hair oils however are always coloured. Alkanet root is the chief natural colour used but now a days aniline colours (oil soluble) are in use. Taral alta is made with brilliant scarlet dye, e.g., rhodamine, eosine, etc.

The typical dyes used in toilet preparations follow

Blue—Alizarine Delphenol, Chlorazol Blues, Coomassie, Di-sulphine Blue, Induline, Paramine Sky Blue, etc.

Brown—Bismarck Brown, Ghlorazol, Dark Brown Basic, Paramine Brown, Phenylene Brown, Oil Brown

Green—Alizarine Cyanine Green, Basic Green, Chlorazol Greens, Naphthol Green, Methylen Green, Oil Green, Paramine Green.

Orange—Acid Phosphine R, Acridine Orange, Chlorazol, Chrysoidine N. S., Paramine Fast Orange

Red—Acid Magenta N., Acid Scarlet, Aurine, Azo acid, Benzo-purpurine, Carmoisine, Congo Rubine, Crocine Scarlet, Sapranine, Rosophenine, Ponceau, Heliotrope 2 R.

Violet—Coomassie Violet, Methyl Violets, Chlorazol Violet, Oil Violet, Paramine Fast Violet.

Yellow—Acid Yellow, Acridine Yellow, Aurora Yellow, Naphthol Yellow, Paramine Fast Yellow, Paraphenine G, Primuline, Tartrazine.

WATER BATH AND STEAM BATH.

Instead of applying direct heat to the perfume-bearing substances, which might get injured, these are often subjected to water bath and steam bath. The distinction between water bath and steam bath should be distinctly understood. In the former case the vessel in which the extract is under preparation is suspended in hot water contained in a bigger vessel heated from below. In the latter case the vessel in which the extract is being made is put at the top of the other vessel containing water and heated from below for generating steam. The upper vessel fits into the mouth of the lower vessel and is heated by steam and not by boiling water as in the former case

CHAPTER V

PRINCIPLES OF MANUFACTURE.

THE principle of making extracts from perfume-bearing substances differs widely according to their nature. But essentially these may be classed under the following categories

- (1) Expression.
- (2) Maceration.
- (3) Digestion.
- (4) Infusion.
- (5) Absorption or Enfleurage.
- (6) Distillation.
- (7) Extraction from volatile solvents

PRESSING.

Extraction of perfumes from the aromatic bodies is generally made through the agency of non-volatile or volatile solvents with or without the agency of heat, but sometimes the extract is obtained by simple expression. The raw materials are packed in a strong cloth bag and the oils are expressed in a press by strong pressure. The bodies are sometimes squeezed with great force in a small squeezer and the extract is collected from below. When manufacturing on a large scale squeezing presses may be used for the purpose. The oils contain water and foreign matters which may be easily separated by settling in

a separating funnel. The separated oil may be further clarified by filtering through cloth or filter paper. Generally, aromatic bodies which are fresh, rich in oils, plump and soft with juicy cells inside such as, citrus, lemon, peel of oranges etc., are most suited for such treatment.

MACERATION.

Maceration consists in extracting the odorous principle by steeping the substance in some suitable solvent. The process is adopted in extracting perfumes in case when the natural perfume is volatile and is not capable of bearing high temperature. The substance is therefore steeped in some fixed oil or spirit and sometimes in water and left undisturbed in the temperature of the room or kept at 65°C upon a steam bath for 48 hours. Be it said that for the success of this operation the perfumes should be readily soluble. The duration of the process should depend upon the nature of the substance and the solubility of its constituents. Sometimes maceration is also adopted as an initial step for further treatment.

DIGESTION.

Digestion consists in extracting the fragrant element by the aid of warm liquids, which are not allowed to attain boiling temperatures. One usually submits to digestion only those substances which are very slow to yield up their perfume and for which employment of heat to some extent

is indispensable. If a manufacturer is, however, pressed for time and wishes to shorten the process, he may raise the temperature and stir the mixture constantly.

INFUSION.

Non-volatile bodies may be subjected for extraction of their perfumes to the process of infusion which consists in steeping the substances in some boiling liquid in a closed vessel to prevent evaporation of the perfumed substances if any. The period of infusion varies according to the greater or less solubility in the solvent of the body to be extracted.

ABSORPTION OR ENFLEURAGE PROCESS

The method of extraction by enfleurage is widely in vogue in India. The inherent principle of working is as follows. A layer of the flowers from which the perfume is to be derived is placed on a clear masonry floor, to a thickness of half an inch; over this is spread a layer of *til* seed, a quarter of an inch thick, then another layer of flowers and another of seed, and so on till eight or ten altogether have been laid down. This heap is left all night, next morning the flowers are removed, and the seeds are left all day in the sunshine. In the evening the process is repeated, layers of fresh flowers are laid down alternating with layers of the now-partly-perfumed seeds, and this goes on for ten days. The scented *til* is then put in bags or jars till sufficient seed has been

collected for pressing. The seed can be kept thus stored for a long time without losing the scent. As a rule, it is laid by for about a year, since the pressing can be done at any time under cover, while the perfuming can be carried on only during the dry season in the open air. The scented seeds are finally ground in a *ghani* or indigenous oil press

DISTILLATION.

The method of distillation is widely in use in preparing perfumes and specially geranium, lavender, neroli, rose, citronella, grass, lemon grass, eucalyptus, cloves, cinnamon, cardamom, sandalwood. In fact the process may be employed when the raw materials are not rich in oils and cannot be extracted by pressure. The process chiefly consists in heating the substance in some liquid in a closed vessel, called a distillation still, provided with an elongated opening on the side for the escape of the volatile perfume. This long tube helps the condensation of the steam charged with the perfume. The perfume is collected and concentrated. The condensed liquid is allowed to fall into a glass Florentine flask when the excess of perfumed water passes out into bottles through one tube and the essential oil through another tube. The oil is further clarified by filtering.

EXTRACTION BY VOLATILE SOLVENTS.

Carefully refined petroleum ether, vaporizing completely at 50 deg. C and possessing no un-

pleasant smell is the best solvent. The raw materials are treated with the petroleum ether which is then drawn into the still, evaporated, condensed and allowed to collect in the vessel containing the raw materials leaving the essential oil in the still

RIPENING, PRESERVATION, Etc.

Finally the scent of the extract is to be made tenacious and of agreeable character. The extracts, therefore, are allowed to keep undisturbed in closely sealed vessel in a place not too warm and unexposed to the direct action of sunlight. This greatly ripens the preparation, improves its quality and makes it clearer by the deposition of sediments in solution To make the fixation complete the volatile portions of the perfumes are to be fixed by less evanescent bodies. The alcohol, when in use, produces a disagreeable smell which is also to be remedied.

SECTION TWO

ESSENTIAL EXTRACTS

CHAPTER I

FLORAL OILS.

THE preparation of floral oils constitutes by itself a big industry distinctly of Indian origin, and their manufacture can easily be traced to many centuries ago. To this day a flourishing industry centres round Jaunpur, Ghazipur, Lucknow, Delhi and other celebrated parts of Northern India.

SELECTION OF SITE.

Flowers play an important part in the manufacture of floral oils. It may be noticed by the common observer that the industry thrives in places where finest flowers abound and are available in plenty for treatment and manufacture. A place without this natural advantage and where flower cultivation is not in systematic progress, can hardly prove to be the nursery of a successful floral oil industry. There are many places in India where the finest flowers can be propagated or grown but are allowed to go to waste, and it is at these places that a safe industry can be founded to the great benefit of the country.

RAW MATERIALS.

Any flower with a decent smell can be utilised for the manufacture of floral oils. But the flowers most employed are bela, chameli, hena, jasmine, gandharaj, kamini, etc., etc., and the floral oils obtained from these flowers are most relished and appeal to the general taste.

The common vehicle in the preparation of floral oils is sesamum oil, though sometimes it is replaced by olive oil. Sesamum oil, however, seems to be the most suited basis for the manufacture of floral oils; for, this by itself possesses several meritorious properties. It keeps the hair soft and the brain cool. Over and above this, the oil has got fixative properties which enable it to bind down the fragrance of the flowers for a long time to come, even on exposure to air or on being washed with water at the time of bathing.

TREATMENT OF THE INGREDIENTS

In preparing the floral oils, only the full-blown flowers should be selected. These should be as fresh as possible. Special notice is to be taken of the fact that the flowers should be all of the same standard quality and of the same colour, specially in the case of rose. Before being treated the flowers should also be freed from dust and earth and the stalks should also be removed from them without unduly pressing the petals.

As regards sesamum oil, only the best refined oils should be used for making floral oils. Special notice need be taken of the fact

earthen, glass, chinaclay, porcelain, enamelled ware and aluminium utensils are to be used during manipulations. No iron, copper or brazen wares should be employed, for, these are very likely to react on the oil.

There are several methods of extracting the odoriferous principles from the flowers though the underlying principles in each case is either infusion, digestion or maceration or a combination of them. The general processes of manufacturing floral oils are put below..

MANUFACTURE BY MACERATION.

The fresh scented flowers are freed from stalks and are steeped in about double their weight of sesamum oil contained in a wide-mouthed bottle or jar, preferably of glass. The ingredients are then put in the sun, taking care to cover up the mouth of the vessel so that no dust or sand can enter the jar. The jar is continually kept in the sun and sometimes in the dew at night for a considerable period of time which may vary from a week to a month. The oil is then filtered through a piece of flannel or sometimes through cloth and the filtrate is collected Care should be exercised that the flowers do not get mashed during the process It is evident that some oil adheres to the surface of the exhausted flowers; a successful manufacturer however does not allow this oil to go to waste. With this object in view the flowers are put in a big glass funnel having a small orifice to allow the settling oil to drip. The

dripping oil is carefully collected and mixed with the previously filtered oil. The sesamum oil can thus be made to imbibe the odour of the flowers, yielding the floral oils of commerce. The oil should then be put in vessels having mouths closed tightly with stoppers to avoid contact with air.

CONCENTRATING THE PREPARATIONS

But on many occasions it will be found that the sesamum oil is not sufficiently odorous and can be made to absorb further odour. In such cases the oil is charged with a fresh lot of new-blown flowers freed from stalks. The whole is then placed in an aluminium pan, covered up and heated on the water bath for about half an hour. The pan is set aside for 24 hours in an undisturbed position and the oil is then strained. The soaked flowers are placed on a funnel and allowed to drip, and the oil is collected below. The waste flowers are then thrown away. The two oils are then mixed and filtered once again. Sometimes the filtered oil is given a third charge of flowers and the same operation is repeated before the process is brought to a close.

HASTENING THE PROCESS

It will be observed that the above method to be successful requires strong sunlight for a considerable time, moreover the complete process requires a pretty long time. When, however, the operations are required to be completed within a short measure of time, the flowers are infused in

about double their quantity of sesamum oil and instead of putting the two ingredients in the sun continually for a number of days, they are put in an aluminium pan, covered up and heated on water bath for half an hour, and then set aside for 24 hours. The oil is strained and the exhausted flowers are thrown away after the collection of the adhering oils in a manner described above. When the final product is desired to be of excellent quality the operation is repeated 7 or 8 times.

In lieu of repeated boiling on water bath, sometimes the filtered oil after a single heating on water bath and collection, is given a further charge of fresh flowers and the whole is set aside for a number of days in the sun after closing the mouth of the vessel tightly.

TIER SYSTEM

A third method is sometimes adopted. Several pieces of white cotton cloth are soaked in sesamum or olive oil and are then wrung out. The cotton cloth thus moistened is spread at the bottom of a suitable vessel and a quantity of flower is laid over it. This layer of flower is then covered up by a second piece of cloth previously wetted and fresh flowers are again laid over it. This layer in its turn is covered up by a third cotton cloth. A tier of flowers may thus be made with seven or eight layers of flowers, each separated by moistened cotton cloths. Finally a quantity of oil is poured on the top of the tier. Generally the oil should be of double the weight of the

flowers taken. The whole is then set aside for a number of days, the oil is then strained and collected. The process is repeated several times when oils of excellent quality are required.

ANOTHER TIER ARRANGEMENT.

Essentially the same principle of extraction of the floral oils may be applied in another manner by substituting raw cotton in place of the cotton cloth. In a big-sized aluminium vessel, fresh flowers are first strewn over in a layer and these are then covered over thoroughly by loose and clean cotton. Then sesamum oil equalling the weight of the flowers taken is poured on the flowers. Fresh flowers are again laid out in the same manner and are entirely covered over thickly by loose cotton, and sesamum oil is again poured on the cleaned cotton. Several layers of flowers, cotton and oil are arranged in this manner. Sometimes as many as eight are made. Then the vessel is placed in the sun for a number of days after its mouth is closed duly. Finally the cotton and the flowers are pressed together to obtain the oil.

The cotton pads are not thrown away. Fresh lots of flowers are strewn in a vessel, then a part of the wet cotton is laid over the flowers and a part of the above extracted oil is poured on the layer. As many as eight layers are arranged in this way and then the whole is placed in the sun after closing the mouth. The cotton and flowers are next extracted as before. This operation is

generally repeated 5 or 6 times in order to obtain a good quality oil.

OIL DIRECT FROM THE SEEDS.

Sesamum seeds are often employed in place of the sesamum oil for making the floral oils. In such cases, the fresh flowers are strewn over in a layer and are thoroughly covered by a layer of sesamum seeds. On the layer thus formed sesamum oil is then poured. The vessel is then placed in the sun for a certain number of days. It must however be covered up during the process of sunning. Then the exhausted flowers are replaced by fresh flowers and then the operation is repeated over again several times. Finally the mixture of sesamum seeds and oils is cold pressed in country *ghanies* or oil mills, to yield a high class oil with pleasing odour.

The sesamum seeds are sometimes ground and brayed on a muller with a roller and the paste is then applied to the flowers. These may be put in the sun and then boiled with sesamum oil over a water bath. Or, the paste may be put in the sesamum oil and flowers may then be steeped in the mixture and heated on a water bath. The whole mass is then strained and the oil is obtained, which may be similarly treated several times for high quality products.

RECIPES.

With these observations we give a number of recipes which may be adopted with slight modifications for the preparation of other floral oils.

BELA OIL.

Procedure.—Take 1 sr. fresh *Bela* flowers and $2\frac{1}{2}$ srs of sesamum oil. Put the two together into a wide-mouthed bottle, close it up tightly and place for seven days in the sun and in the dew at night.

Then strain through a flannel taking care that the flowers are not mashed. Put the flowers on a funnel and allow to drip. Collect this oil in an aluminium vessel and steep into it another lot of 1 seer of flowers, heat the vessel on the water bath for an hour and set aside for 24 hours. Now filter the oil, steep into it a third lot of 1 seer flowers and heat on the water bath for half an hour.

Finally filter. In this way a highly concentrated oil will be obtained.

JASMINE OIL.

Procedure.—Take several pieces of clean and white cotton cloth, soak them in olive oil, rasp and wring out. Spread a piece of the cloth thus wetted at the bottom of a suitable vessel and lay out a quantity of Jasmine flowers on it. Cover it up with a second piece of cotton cloth and again lay out flowers over it. Cover it with a third piece of cotton cloth. Now pour sesamum oil on the top layer. The quantity of the oil should be double that of flowers. Set aside for 24 hours. Then press the soaked flowers and collect the oil. Repeat the process seven times. Finally strain and squeeze the oil and bottle.

CHAMELI OIL.

Procedure—Take 1 sr. *Chameli* flower and 1 sr. sesamum. Lay out the flowers in an aluminium vessel and pour 1 seer sesamum oil; close up the mouth of the vessel and place it in the sun for 3 days. Now pick out the exhausted flowers and put in a fresh lot of 1 sr flowers into it. Cover the mouth again and place in the sun for 7 days, after which period pick out the exhausted flowers and put a third lot of 1 sr. flowers into the oil. Cover the mouth and place in the sun again for 15 days. Now finally pick out the exhausted flowers and express the mixture of sesamum seeds and oil to obtain a nicely scented oil.

CHAMPAKA OIL.

Procedure—Put 200 *Champaka* flowers in a jar and pour $2\frac{1}{2}$ srs sesamum oil into it. Close up the mouth and place in the sun for 7 days and in the dew at night. Then press out the oil and give a fresh charge of flowers. This process may be repeated eight times when a highly scented oil will be obtained.

KANTALI CHAMPAKA OIL.

Procedure—Take 100 fresh *Kantali Champaka* flowers and $1\frac{1}{2}$ srs good olive oil. Put the two together into an aluminium pot, cover up and heat in the water bath for half an hour. Remove the vessel and set aside for 24 hours. Strain through a flannel and put in a bottle. Now take the oil again in the vessel, put in a fresh lot of 10^o flowers, heat again for half an hour and set

aside for 24 hours Press out the oil, collect it in the vessel, put in a third lot of 100 flowers, heat for half an hour and set aside for 24 hours. Finally strain and bottle The soaked flowers may be squeezed to yield oil

JAHURI CHAMPAKA OIL.

Procedure —Take $\frac{1}{2}$ seer newly blown *Jahuri Champaka* flowers and 10 srs. almond oil Reject the green portion and put them in a bottle. Pour in the oil and place in the sun for 15 days and in the dew at night Then strain the oil and steep in it another lot of $\frac{1}{2}$ sr fresh flowers, close up the mouth and place in the sun for 15 days Finally press the oil, filter and bottle

DOLAN CHAMPAKA OIL

Procedure —Take 250 *Champakas* and $2\frac{1}{2}$ srs. of sesamum oil Put them together into a wide-mouthed bottle and place in the sun for 15 days Strain through a funnel and allow to drip Steep a fresh lot of 250 flowers in the oil, put in a wide-mouthed bottle and place in the sun for 15 days. Strain again and steep in the oil a third lot of 250 flowers Place the bottle in the sun for 7 days Strain and bottle the oil Collect all the soaked flowers in a piece of flannel and squeeze gently to press out the oil Mix this oil with that obtained above

NAGESWAR CHAMPAKA OIL

Procedure —Take 1 sr of *Nageswar Champakas* free from stalks and 1 sr sesamum oil into

a wide-mouthed bottle and place for 2 days in the sun and in the dew at night. Strain the oil and put it again in the bottle, steep a fresh lot of $\frac{1}{2}$ sr. flowers; set aside for 24 hours and strain the oil. Put in a third lot of flowers in the oil; set aside for 24 hours and finally press out the oil, filter and bottle.

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HENA OIL.

Procedure — Take $2\frac{1}{2}$ srs sesamum oil in an aluminium vessel, cover up and heat on a water bath for an hour. Then put 1 sr. *Mehndi* flowers into it and set aside for 24 hours. Then press the oil from the flowers. Take the pressed oil in the vessel and heat it again on the water bath for half an hour. Now steep into this oil a fresh lot of 1 sr flowers, set aside for 24 hours and then press out the oil. Put the oil in a wide-mouthed bottle, steep in it $1\frac{1}{2}$ srs flowers, cork it airtight and place the bottle in the sun for a fortnight. Finally filter the oil through a piece of flannel and mix the drippings with the original oil.

GUL HENA OIL.

Procedure — Take 1 sr *Mehndi* flowers, $\frac{1}{2}$ ch. saffron and $\frac{1}{4}$ sr. sesamum. First bray the saffron and sesamum together into a fine paste, on a stone with a muller. Now pour into the paste $1\frac{1}{2}$ srs of sesamum oil. Soak the flowers into the mixture. Cover up and heat on the water bath for half an hour. Set aside the vessel for 24 hours. Strain the whole mass through a flannel, squeezing it to press the oil. Put the

pressed oil in a wide-mouthed bottle and steep in it another lot of 1 sr flowers. Place the bottle in the sun for 20 days Finally strain through a flannel and store in jars

MUSK HENA OIL.

Procedure —Take 2 seers of *Mehndi* flowers, 2½ srs of sesamum oil and ½ tollah of musk Macerate the musk in a stone mortar in 1 ch of oil thoroughly. Put the colate in an aluminium vessel with the flowers and heat it on the water bath for an hour Then put the oil in a wide-mouthed vessel, close up the mouth tightly and place it for seven days in the sun and in the dew at night Finally strain through a flannel and store in bottles or jars

JANTI OIL.

Procedure —Take 1 seer of dry *Janti* flowers and 1 seer olive oil Put the two together into a bottle and place in the sun for a month After that press the oil and collect it in an aluminum vessel Steep into it a second lot of 1 sr fresh flowers Cover up and heat on the water bath for 24 hours

MALLIKA OIL.

Procedure —Take 2½ srs *Mallika* flowers and 2 srs of sesamum oil Put the two together into a wide-mouthed bottle and close air-tight Place the bottle in the sun for a month Then strain through a piece of flannel Put the soaked flowers in a funnel and allow to drip Mix the two oils together.

TUBEROSE OIL.

Procedure.—Take 3 srs. pure olive oil and 1½ srs. tuberoses. Put the two together in an aluminium vessel. Cover up and heat on the water bath for half an hour. Remove, set aside for 24 hours; and press gently to squeeze out the oil. Collect it in a wide-mouthed bottle and steep in the oil another lot of 2 srs. flowers. Close air-tight and set aside for a month. Finally express the oil, filter it and bottle.

ROSE OIL.

Procedure.—Take ½ sr. of sesamum oil in a suitable vessel and throw into it ½ sr. petals of fresh roses of the same colour. Cover up and heat on the water bath for half an hour. Set the vessel aside for 24 hours. Pour out on a piece of clean cloth and wring to press out the whole oil. Again steep a fresh lot of ½ sr. rose petals in the expressed oil and follow the above directions. If the process be repeated 7 or 8 times, the final product will be of excellent quality and command high price.

BAKUL OIL.

Procedure—Take 1 sr *Bakul* flowers and 1 sr. sesamum oil. Put the two together into a jar, close up the mouth and put it in the sun for a month. Then express the oil.

KETAKI OIL.

Procedure—Take 1 sr pollen of *Ketaki* flowers, ½ sr. minced petals (white and tender),

and 2 srs of sesamum oil Put these ingredients together in a jar, close up the mouth and place it for a month in the sun and in the dew at night Then pour out into a cloth and express the oil Finally filter and bottle.

KAMINI OIL.

Procedure —Take 2 srs of Kamini flowers (free from stalks) and 4 srs of sesamum oil together in an aluminium pan and cover up and heat on a water bath for half an hour Then pour the mixture in a wide-mouthed bottle, cork it tight and place in the sun continually for 15 days Finally strain through a piece of flannel, and put the oil in air-tight bottles.

LEMON FLOWER OIL

Procedure —Take 1 seer fresh Lemon flowers, free them from stalks, also take $2\frac{1}{2}$ srs of sesamum oil, put the two together in a jar and place in the sun continually for a month Then strain the mixture and drain the flowers Now take another seer of fresh flowers and put them in the above filtered oil Put the mixture in a pan, cover up and heat on the water bath for half an hour Set the pan aside for 24 hours and then strain the oil

GANDHARAJ OIL.

Procedure —Grind thoroughly $2\frac{1}{2}$ srs of sesamum and mix with the paste $2\frac{1}{2}$ srs of *Gandharaj* flowers Put the mixture in a suitable vessel, cover up and place in the sun for 7

days. Then mix 2 srs. sesamum oil into it and heat the mixture on the water bath for one hour. Cover up and set aside for 24 hours. Then strain and put the oil in a bottle. Squeeze the soaked flowers and mix the oil so obtained with the above. Finally filter the whole quantity of oil.

MADHUMALATI OIL.

Procedure.—Procure 1 sr *Madhumalati* flowers free from stalk and 1 sr sesamum oil. Take a big-sized aluminium vessel and strew at its bottom 2 ch. flowers Lay out over them loose cleaned cotton thickly so as to cover thoroughly. Pour on the cotton 2 ch oil and strew another layer of flowers Lay out on it another pad of cotton, pour 2 ch. oil on it and strew flowers. Repeat in this way to make 8 layers Close up the mouth of the vessel and place in the sun for 24 hours Now press the cotton and flowers together to obtain the oil.

Do not throw away the cotton pads Take a fresh lot of flowers; strew a quantity at the bottom of the vessel, lay on it the wet cotton; pour the above extracted oil and arrange in 18 layers Place in the sun for 24 hours and press the cotton and flowers as before If this process be repeated for 5 times, an oil of good quality will be obtained.

KHUS KHUS OIL

Procedure—Take 2 srs *Khus* root and 1 sr. sesamum, grind the two together into a paste on

a clean stone slab with a muller. If the materials are too dry they may be moistened with a little sesamum oil. Put the paste in a jar, pour into it 2 srs of sesamum oil and bury the vessel in the earth for one month. The mouth of the jar should be covered with a lid and plastered with mud. After the lapse of the period, bring up and extract the oil to the last drop by pressing hard. Collect the oil in a wide-mouthed vessel. Now take another seer of *Khus*, clean it thoroughly from dirt, and pound it finely in a *dhenki* (country-made rice huller) or in iron mortar and pestle. Throw the powder thus obtained into the oil already expressed, cover up the mouth of the bottle, place in the sun for 16 days. Finally extract the oil by pressing hard.

LOTUS OIL

Procedure — Procure 5 srs. of white petals of Lotus and 5 srs sesamum oil. Put the two together into a vessel and heat on the water bath for an hour. Remove and set aside for 24 hours. The operations should be carried on under cover. Extract the oil by pressing the soaked petals. Again put $2\frac{1}{2}$ srs petals in the oil, heat on the water bath for half an hour. Set aside for 24 hours and extract the oil by pressing. Steep a third lot of 1 sr flowers in the extracted oil, neat on the water bath for half an hour, set aside for 24 hours and extract the oil. Steep again and place in the sun for 15 days. Extract the oil by pressing, filter and bottle.

STORING.

After the preparation of the floral oils, these are stored carefully in vases in cool but not damp places. On many occasions they are stored in pot-bellied vessels made of the membranes from the intestines of sheep, goat, etc. These vessels can be transported from one place to another as they are immune from breakage or leakage, very common in cases of glass or earthen vessels. Apart from the advantages of transport, these vessels are considered to be the best so far as the keeping quality of the oils is concerned. In fact in centres of floral oil manufacture these vessels are much in vogue and are recommended strongly for packing oils.

CHAPTER II

ESSENTIAL OILS.

THE preparation of essential oils does not fall directly within the scope of perfumes and cosmetics but their wide application in the manufacture of various perfumery and their valuable medicinal and other properties entitle them to greater attention than hitherto paid to them

ODORIFEROUS ELEMENTS.

There is a wide range of odoriferous materials available in India and elsewhere. Of course the flowers are the most noted illustration, but, besides these, there are substances like cinnamon, cloves, cardamom, lime, citrus, lemon, sandalwood, almond etc., etc., which possess peculiar odours of their own, primarily due to the presence of some essential principles in their structure. These may be extracted, and then sold as raw materials for perfumery and for medicine also.

PRELIMINARY TREATMENT.

The general principle of manufacture is simple to understand, but great care should be exercised in handling the operations, if high quality of the final product is to be attained. All the materials used for extraction should be of the best type, fresh, undamaged and not perforated.

by worms and insects. The materials are first shelled and bruised carefully, crushed or cut into pieces and sometimes even pounded or made into paste by braying with a muller on a stone slab as preliminary steps to the manufacture of essential oils. In fact the raw materials should be in a state to be easily permeated by the perfume-bearing vehicle. The materials should also be freed from all dust or dirt. Perfect cleanliness should be observed during all operations. These factors decide the amount of essential oil that can be secured from the stuff.

BY MACERATION.

The general method adopted is to steep the raw materials in olive or sesamum oil in an enamelled vessel or aluminium vessel. Employ no utensils that are liable to react on the oil. Glass, earthenware or porcelain utensils are generally used. The mouth of the vessel should then be covered up carefully to prevent the admission of dust and dirt. In case of substances that yield essential oils easily, without heat, the whole may be placed in the sun for a number of days. Heating in such cases would destroy the delicate essential oil. But when the articles are not of tender variety, but are hard and stiff by nature, simply placing in the sun would not be found sufficient. In such cases the extraction should be completed by the aid of moderate heat. It should be noted that the less an essential oil is heated, the better is its quality. The vessel therefore should not be

heated, on a direct oven but on water bath so that the heating operation may continue slowly without causing the evaporation of the volatile essential oil or any deterioration in the final product. Generally, the heating need not be continued for more than half an hour. The vessel is allowed to remain undisturbed for a full day and finally the oil is pressed out or strained and the exhausted materials are thrown out.

EXHAUSTION OF OIL-BEARING SOURCES

Particular notice should be taken that the raw materials after the sunning or boiling operations are fully washed out and no essential principle is allowed to run to waste. Upon this would materially depend the success of the manufacturers. The duration of sunning or of heating should always be so adjusted that the raw materials yield up the essential contents in full or in so far as possible without injuring the quality of the stuff produced.

CONCENTRATION OF THE OIL

The oil thus prepared will often be found to contain not as much essential oil as it can imbibe under ordinary conditions and it should be always the endeavour of the manufacturers that the essential oil prepared is surcharged with the maximum amount of the essential principle it is capable of containing. The quality of the oil is greatly dependent upon this factor and it is the concentrated preparations that command the market and fetch high prices as well.

To attain a high concentration the oil previously obtained is further treated with a fresh lot of the raw materials and the same operations are undergone in full, though the two processes of extraction described above are sometimes followed alternately as will be evident from a study of the following recipes. This, however, does not finish the operation and the process is repeated over and over again to get the best results.

COLLECTING THE OIL

A novel method of collecting the oil is adopted sometimes during the process of extraction. The raw materials after being finely bruised are put in a porous vessel and are covered over with sesamum or olive oil and put in strong sunlight. The vessel is put under the hole to collect the dripping oil which is fairly imbibed with the essential matters. The oil may again be poured over the raw materials for further extraction till these are fully exhausted.

The pressing out of the oil requires special care and unless this is done properly there are chances of great losses which should by no means be allowed to go undetected, if the industry is to be based on a sound footing. All measures should be adopted to get the maximum quantity of the oil. When the sunning or heating operations are finished, the oil should be strained out and the remainder should be squeezed forcibly to secure all the oil. The whole may also be allowed to

drip through a fine clean cloth so that the oil may ooze out slowly, or a device as mentioned above may also be found profitable and practicable too.

BY DISTILLATION.

Essential oils are also procured by distilling the odoriferous substances along with water. For this purpose the oil bearing substance is introduced into a still, water is poured upon it, and heat being applied, the oil is volatilised by the aid of watery vapour at the temperature of 212°F, though when alone it would probably not distil over unless the heat were 100°F more. The mixed vapours which pass over, condense and fall as milky looking liquid into the receiver. This separates after a time into two portions, one of which is a solution of a part of the newly eliminated oil in water and the other is the oil itself which can then be collected. Rosagrass, lemon grass, camphor, eucalyptus, peppermint, rose, *ketaki*, sandal, orange, cloves, cinnamon, cardamom, citronella grass, and many oil bearing substances may be distilled in this way.

BY EXPRESSION

In a few instances the essential oils are obtained by direct expression of rinds and fruits as in the case of lemons, oranges, etc., but in these cases the expressed oils are not equal to the products obtained by distillation. These are not so white, nor do they keep so well. Essential oils are also sometimes obtained by the action of alcohol.

PRESERVATION.

Essential oils must be guarded from the action of light and air. Light turns the oils darker and sometimes blackens the oils. The oxygen from air acts on some essential oils, making them viscid. These oils should be bottled in clean and dry glass stoppered bottle and stored in a dark place. Addition of $\frac{1}{2}$ to 1 per cent absolute alcohol to the essential oils preserves the same well.

PROPERTIES.

Finally it should be known that some of the essential oils are colourless while others are green or dark brown in colour. As a general rule the essential oils are lighter than water though there are exceptions to the rule as in the case of cinnamon oil. The oils are also liable to oxidation if exposed to air, hence they are to be carefully and tightly packed in phials filled to the top and sealed if necessary to prevent contact with air and consequent decomposition. Ground glass stoppers are mostly used to close the mouth air-tight. The phials should preferably be placed in the dark and in a cool, not damp place.

A few recipes follow —

AMLA OIL

I.

Procedure — Take 2½ seers sesamum brayed to a paste, 5 seers emblic myrobalan free from seeds and bruised, and 10 seers sesamum oil. Put the three ingredients together in an iron vessel.

and place in the sun for one month. Strain out only 5 seers of the soaking oil and put in a fresh lot of 5 seers sesamum oil. Leave aside for one month, strain out again 5 seers of oil and put in a third and fresh lot of 5 seers of oil. Repeat the operation for 6 months. Then strain the whole of the oil and mix together the former quantities. Put in a covered vessel.

Amla oil prepared in this way serves as a good hair dye. Smear the head with it every day half an hour before bath. The hair will be dyed black and no grey hair will be noticeable.

II.

Procedure — Take 4 srs of raw and good sesamum oil and 4 srs cleaned and crushed emblic myrobalans. First steep the myrobalans in water for 24 hours, pound them thoroughly and dissolve in 16 srs of water. Then put the oil in an iron pan and apply moderate heat. When the oil has bubbled for some time and the froth has subsided, remove the pan some distance away from the oven. Now take a ladle with a long handle, fill it with the above decoction of myrobalan and sprinkle the same on the hot oil. This should be done from a distance, taking every precaution to prevent any accident. Just as the water will be poured on the oil there will be a deafening sound, but the operation should be carried through without any fear. After the whole quantity of the decoction is thus blended with the oil, put the pan on the fire and continue boiling. When the water

has evaporated, remove the pan and set it aside with the oil for 7 days. Finally filter and bottle

PUMELO OIL

Procedure—Peel off the green skin of pumelos and mince them with a knife. Take half and put in a vessel. Pour into it one seer good olive oil. Then heat the vessel on the water bath for half an hour. Remove and cover up the mouth of the vessel closely. Place it in the sun every day for one month. Then strain and bottle. The oil will be nicely scented

ORANGE OIL

Procedure—Take one seer of fresh peels of orange and mince them. Take also one seer of olive oil. Put the two together in a vessel and heat on the water bath for 30 mins. Remove and place in the sun for a month. Finally strain.

LEMON OIL

Procedure—For this purpose citrus lemon of the *pati* variety will be required. Take half a seer of its fresh peels and 1 seer of olive oil. Put the two together in a vessel and heat on the water bath for half an hour. Remove and leave aside for 24 hours. Then press out the oil. Put the oil again in the vessel and steep in it another lot of 4 chhataks of dry peels of lemon grated finely. Close up the mouth of the vessel and place it daily in the sun for one month. Finally strain and bottle in a stoppered phial.

CINNAMON OIL.

Procedure — Take 2 ch. of pounded cinnamon and one seer good olive oil, put the two together in a vessel and close it up Heat on the water bath for half an hour Leave aside for 24 hours and then squeeze out the oil Put the oil again into the same vessel and steep in it 2 ch. pounded cinnamon. Cover the mouth of the vessel and heat on the water bath for half an hour. Leave aside for 24 hours and then squeeze out the oil For the third time put the oil into the same vessel and steep in it 2 ch. pounded cinnamon Heat on the water bath for half an hour. Leave aside for 24 hours Finally strain and bottle in a stoppered phial

CLOVES OIL

Procedure — Take one seer bruised cloves and macerate the same in one seer olive oil thoroughly Put it in a porous iron pot and hold a vessel under the hole Place the arrangement in hot sun and the oil will drip through the pores When the oozing ceases, store the oil in a stoppered phial

CARDAMOM OIL

Procedure — Take 2 ch bruised seeds of cardamom major and 1 seer of good olive oil Put the two together in a vessel, cover it up and heat on the water bath for half an hour Set aside the vessel for 24 hours Press out the oil and put it again in the vessel Steep in it another lot of 2 ch cardamom and heat on the water bath for

half an hour. Set aside for 24 hours. Squeeze out the oil once more, steep in it a third lot of 2 ch. cardamom and heat on the water bath for half an hour. Set aside for 24 hours Then press out the oil thoroughly and store in stoppered phials.

CASSIA OIL.

Procedure —Take 4 ch pounded white cassia leaves and 1 seer good olive oil Put them in a stoppered phial and close up the mouth neatly. Place it in the strong sun for two months After that press out the oil and store it in a stoppered phial

ANISEED OIL.

Procedure —Take $\frac{1}{2}$ sr. aniseed ; pick and dust carefully Pound and macerate them in $\frac{1}{2}$ sr. good olive oil and put the pulp in a porous iron vessel. Hold a vessel under the hole and place the whole arrangement in bright sunlight The oil will drip When it is exhausted put the oil in a stoppered phial

EUCALYPTUS OIL

Procedure —The still used for eucalyptus oil is ordinarily 4 feet high and $2\frac{1}{2}$ feet in diameter made with copper plates at the bottom and iron sheets at the sides A foot above the bottom of the still is a perforated iron plate over which the leaves are placed so that they will not come in direct contact with the heat Leaves of mature trees sixteen to seventeen years old are preferred to leaves of younger trees They are dried for

three days after picking before being distilled. Leaves dried in the shade give a greater yield of oil. Before the heating commences the still is filled with water and the required quantity of leaves is placed over the perforated plate. The cover of the still is tightly closed and the vapour is allowed to escape through a pipe into a tub, after first passing through a column of cold water. The condensed vapour contains a large percentage of water.

The oil, being lighter, rises to the surface and the water is allowed to pass through a tap at the bottom of the receptacle. Generally, boiling is continued for 8 hours, the water in the still being maintained at the same level by constant addition as it evaporates. The crude oil thus collected is refined by mixing it with one-sixth the quantity of water and adding a small amount of caustic soda. The mixture is again distilled in a similar but smaller still and the oil is passed through filter papers until it is got rid of all impurities. The material is not directly heated but it is worked up by steam alone. By this means better quality and higher yield of the oil are both secured.

SANDALWOOD OIL

Procedure—Take 5 srs of sandal wood dust and 10 srs of water. Put the two together in a suitable earthenware vessel for 48 hours. Then place on the water bath at steam heat for half an hour. Remove the vessel, cover it with a fine

piece of cloth and place it in the hot sun. After a time a thin film will form on the surface of the decoction. Pick it out gently with a feather or cotton swab and put it gently in a clean phial. A similar layer will appear again and again on the freshly exposed surface. Pick out the films as soon, and as many times, as they are formed. Close the mouth of the phial air-tight, place in the sun for a month and store it away.

LEMON GRASS OIL

Procedure—Use a steam bath. For heating by steam the most convenient apparatus is a cylindrical vessel 10" in diameter and 15" in height with a conical top. The outside jacket to enclose steam is 14" in diameter and 18" in height with a bottom of three inches height, clear for water. The still can hold about 5 lbs of grass or other similar material. The quantity of oil that can be obtained will depend upon the quality of the material and charges taken per day. It takes about an hour or so for complete distillation of one charge from the time the steam is allowed to pass through.

LEMON RIND OIL, Etc.

Procedure.—The distillation of substances, such as, roots, lemon-rinds, Pudina, Kevada, Rose flower, Betelvine leaves, etc., has been carried out by using the above apparatus quite successfully and efficiently and therefore it is recommended for the distillation of essential oils

SECTION THREE

ESSENCES & OTTOS

CHAPTER 1

PREPARATION OF ESSENCES

PERHAPS the most democratic form of luxury indulged in by all lovers of perfumery is the essence, which is in principle an alcoholic solution dissolving essential oils either alone or in harmonious combination with others. The essence is also produced by distillation or by digestion. The pleasant aroma of the essences and their cheapness render them a most popular form of handkerchief and general perfumes.

The manufacture of essences is comparatively an easy task and does not involve complicated processes. Only what is required of the manufacturer is clean and careful manipulation. The object in view should be to arrive at a preparation the odour of which is pleasant and persists for a pretty long time and which does not leave any residue on evaporation.

MODE OF PREPARATION

To attain this end, most scrupulous attention should be attached to the selection of the consti-

tuents which enter into the composition of essences. The principal of these are alcohol and the essential oils. The alcohol used should be of the best quality available and rectified, if possible. Crude alcohol invariably contains a lot of impurities and its use as basis spoils the whole preparation. For deodorisation of alcohol see *page 30*

The range of essential oils at the command of the essence manufacturers, thanks to the evolution of synthetic perfumes, is extensively large. The distinctly predominant odours the manufacturers are capable of producing are thus no doubt numerous but this also renders the task of selection of the perfumes and their combination all the more difficult. But in all cases fresh and the best quality oils should be employed, otherwise the preparation cannot be expected to be of a high order of excellence.

FLORAL EXTRACTS

The essential oils can often be replaced by the odoriferous bodies yielding the perfumes themselves. The raw odoriferous bodies are infused in rectified spirit. On prolonged maceration, the period depending upon the nature of the body and the easiness with which it yields up its perfumes, the essences are obtained. These essences generally go by the name of natural essences. But their manufacture is rather restricted and the majority of essences met with in the market is derived from artificial sources and are made from the essential oils. Of course the concentrated

forms of natural essences can be preserved and may be diluted with spirit either alone or in combination with others to give the most delicate preparations

CLASSES OF ESSENCES

It will be thus noticed that the essences may be broadly divided into two groups, natural and artificial. The latter allows of further division, viz., *Simple* and *Compound*. The simple essences which are generally of the cheapest type and of inferior quality are prepared by dissolving a single essential oil, or generally a cheap synthetic preparation, in a not too pure form of alcohol. The compound essences on the other hand—and the same remark holds good in the case of the handkerchief essences—entail the use of more than one essential oil, besides, these preparations are designed to conform strictly to the ideal types of essences, and hence require the use of the best quality alcohol and perfumes.

BLENDING

In preparing artificial essences too much attention cannot be devoted to blending of the perfumes which should be made in a judicious manner so that the combination gives out a most pleasant smell and appeals to the general taste. Harmony of blending is the biggest thing to be attained in the preparation of essences and when this is achieved, success is more than assured.

Blending of the perfumes should be universally followed by keeping the whole for a certain time undisturbed for maturing. This allows the odour of the alcohol and the foreign odours in essential oils employed to disappear and conserve the resulting scent.

FILTERING AND PACKING

The preparation should always be filtered before final packing. Turbid and unclean preparations do not command respect. The solutions should be perfectly clear and transparent. Ordinarily it will be found that the filtered solutions often cause deposits to form at the bottom of the container on long standing. Hence the essences as a general rule are allowed to stand for a few weeks and then filtered so that no residue can form later on.

The packing of the essential oils in phials also demands expert knowledge. The vessels should be carefully washed and dried before the essence is poured into them. By no means the essence should be packed in wet or even moist phials, for, the least trace of moisture is sufficient to upset the equilibrium of the product, to precipitate a part of the perfume essence and to modify the odour. The vessels should also be filled completely and no space should be left above the liquid, for, in such cases alcohol and essential oils being volatile substances may volatilise partially and thus cause deterioration of the preparation. The vessels should then be stored in cool and

dark places It has been found that under these conditions the essence gains in quality and sweetness and improves

While putting in the market the essences should be packed in decent glass containers fitted with glass stoppers By no means ordinary cork should be used as this is liable to be injured by the spirit contained within Finally the phial is capsuled, finely labelled and packed in cardboard boxes, either singly or three or six at a time

CHAPTER II

NATURAL ESSENCES.

THE chief application of floral extracts lies in the manufacture of handkerchief perfumes, scents, essences, etc. The process of preparation is essentially the same in every case. Freshly blooming scented flowers are selected, freed from green stalks and cleaned from dirt and dust. The picked flowers are then digested in spirit. When flowers are not available, essential oils of the flowers or substitutes may be employed. Where the spirit has not been defined, rectified spirit is to be understood. By proof spirit is meant a mixture of equal bulks of alcohol and water while spirit of wine stands for the alcohol of commerce. After a time the liquid is filtered and the scent carefully bottled.

HENA.

Procedure—Take *Bakul* flowers 8 oz., clean and free from dust, put them in a stoppered phial and pour in 20 oz. Cologne spirit. Close the mouth. Leave aside for 3 days and filter. Again soak 12 oz. fresh flowers in the filtered spirit and leave aside undisturbed for 48 hours. Finally filter and put in a stoppered phial.

HENA.

Procedure—*Mehndi* flowers 8 oz, proof spirit 16 oz Put these two ingredients together in a stoppered phial for 15 days. Wring out the flowers and throw them away. Put 12 oz fresh flowers in this spirit and filter after 7 days Store in a stoppered bottle.

MUSK HENA.

Procedure—Take 1, 16 tollah pure musk, 10 oz *Mehndi* flowers, 20 oz spirit First macerate the musk in the spirit and put it in a stoppered phial Throw in the flowers, shake well, close up the mouth and set aside for 10 days Filter and store in a stoppered phial.

KETAKI.

Procedure—Procure 6 oz pollens of *Ketaki* flowers and 6 oz tender leaves of the same plant, also 24 oz proof spirit Finally chop the leaves Put all these ingredients into a wide-mouthed stoppered phial for 20 days Filter through filter paper

BELA.

Procedure—Take 16 oz *Bela* flowers free from stalks and 20 oz Cologne spirit. Put these two ingredients in a wide-mouthed stoppered phial for 48 hours Wring out the flowers and put in 8 oz fresh flowers Set aside for 24 hours and then filter through filter paper Store carefully in a stoppered phial

MALLIKA.

Procedure—Put together 8 oz *Mallika* flowers free from stalks and 12 oz. proof spirit into a wide-mouthed stoppered phial. Wring out the flowers after three days and throw in 8 oz fresh flowers. Leave aside for 48 hours and then filter through filter paper and store in a stoppered phial

GANDHARAJ.

Procedure—Take 200 *Gandharaj* flowers free from stalks and 32 oz. spirit of wine. Put the two together into a stoppered phial for 3 days and then wring out the flowers. Put in 200 fresh flowers and leave for 48 hours. Wring out the flowers, put in a third lot of 100 flowers and set aside for 24 hours. Finally filter through filter paper

HASU-NO-HENA.

Procedure—Put together 16 oz *Hasu-no-hena* flowers and 16 oz spirit in a wide-mouthed stoppered phial for 24 hours. Filter through filter paper, throw away the exhausted flowers. Put in 16 oz fresh flowers in the same spirit and leave aside for 24 hours. Repeat this process for 6 times, filter through a filter paper and finally put in a stoppered phial

CHAMPAKA.

Procedure—Procure 100 *Champaka* flowers and then put in a stoppered phial. Pour 24 oz. spirit of wine into it and leave for 48 hours. Strain

the liquid and throw away the exhausted flowers. Put in 200 fresh flowers and leave for 24 hours. Finally filter through filter paper and bottle

JAHURI CHAMPAKA

Procedure.—Take 100 *Jahuri Champaka* flowers and 20 oz proof spirit. Put the two together into a wide-mouthed stoppered phial for 24 hours. Wring out the flowers, then throw in 100 fresh flowers and set aside for 24 hours. Repeat this for seven times. Finally filter through filter paper and store in a stoppered phial.

KANTALI CHAMPAKA

Procedure—Procure 250 *Kantali Champaka* flowers and spirit 20 oz. Put the two together into a wide-mouthed stoppered phial, and close the mouth tightly. Strain after 15 days and throw away the exhausted flowers. Soak a fresh batch of 250 flowers into the spirit and filter after 48 hours. Store in a stoppered phial.

ROSE

Procedure—Procure 16 oz dried buds of Rose (any scented variety) and 20 oz spirit of wine. Put the two together into a wide-mouthed stoppered phial for 20 days. Filter through filter paper and store in a stoppered phial.

TUBEROSE.

Procedure—Put 8 oz *Tuberose* and 12 oz proof spirit together into a wide-mouthed phial for

7 days. Strain and throw away the exhausted flowers. Put 8 oz. fresh flowers into the spirit; close up the mouth and set aside for 15 days Put in a stoppered phial.

CHAMELI.

Procedure.—Take 12 oz *Chameli* flowers free from stalks, put in a wide-mouthed stoppered phial and pour in 16 oz. Cologne spirit. Leave for 48 hours, strain and throw away the flowers Put in 8 oz. fresh flowers, leave for 24 hours, then filter and store in a stoppered phial.

JASMINE.

Procedure.—Procure 16 oz single *Jasmine* free from stalks and 12 oz spirit. Put these two together into a wide-mouthed stoppered phial for 24 hours Strain and throw away the exhausted flowers Put in 8 oz fresh flowers, close up the mouth tightly and leave for 24 hours Finally filter through filter paper and store in a stoppered phial.

KHUS KHUS

Procedure—Procure 12 oz. *Khus* root, pick them and free them from dirt Pound them finely. Soak the roots in 16 oz. spirits of wine and put the two together into a wide-mouthed stoppered phial After a month filter through filter paper and put in a stoppered phial

JANTI.

Procedure:—Procure 8 oz. *Janti* flowers free from stalks; put in wide-mouthed stoppered phial

and pour in 12 oz. spirit. Strain after 48 hours and throw away the exhausted flowers. Put in a fresh lot of 12 oz flowers and filter through filter paper after 24 hours. Finally store in a stoppered phial

ORANGE.

Procedure—Procure 8 oz dried peels of Orange and mince them fine. Soak them in 12 oz spirit in a wide mouthed stoppered phial. Close up its mouth and set aside for 1 month. Finally filter through filter paper and store in a stoppered phial

AMBERGRIS.

Procedure—Put 12 dr Ambergis in a stoppered bottle and pour into it 3 pints of Cologne spirit. Close the mouth tightly and set aside for a month. Finally filter and store in a stoppered phial

MUSK

Procedure—Macerate thoroughly 24 grs of pure Musk in a stone mortar. Dissolve the same in 16 oz spirit of wine and put the solution in a stoppered phial for 20 days. Shake once a day for 10 minutes every time. Finally filter and store in a stoppered phial

PATCHOULI

Procedure—Procure 12 oz clean and dry leaves of *Patchouli* and 12 oz proof spirit. Put these two together into wide-mouthed stoppered phial, close the mouth tightly and set aside for one

month. Then filter through filter paper and store in a stoppered phial.

CLOVES.

Procedure.—Take 1 ch. picked and cleaned Cloves and 20 oz. spirit of wine. Put the two together into wide-mouthed stoppered phial for a month. Then filter and store in a stoppered phial.

LAVENDER.

Procedure — Take fresh Lavender flowers 20 oz and spirit 32 oz. Put the two together into a stoppered phial. Close the mouth and leave for 1 month. Filter through filter paper and store in a stoppered phial.

PUMELO.

Procedure — Procure Pumelo flowers, free from stalks, 8 oz and spirit of wine 16 oz. Put them in a wide-mouthed stoppered phial for 48 hours. Strain and wring out the flowers and put in 8 oz of fresh flowers. Set aside for 48 hours and strain as before. Again add 8 oz. of fresh flowers and filter after 48 hours. Pack in stoppered phials.

CASSIA.

Procedure.—Take oil of Cassia 4 dr. and Cologne spirit 12 oz. Keep in a stoppered bottle for 15 days and shake the bottle daily for 5 minutes. Finally strain and pack.

WHITE ROSE.

Procedure — 16 oz. petals of white rose are put in a wide-mouthed bottle; 16 oz. of spirit is

poured over them and the mouth is then closed After 3 days, strain and reject the exhausted flowers Again introduce 8 oz of fresh flowers and close the mouth After 48 hours filter and pack

ORANGE.

Procedure — 2 drs of oil Neroli are taken in a bottle 20 oz of spirit is poured over it and the mouth of the bottle is closed. After 15 days filter and add 1 dr of oil Neroli. Keep in stoppered phials

BERGAMOT

Procedure — Oil of Bergamot 4 oz and spirit of wine 30 oz are taken in a stoppered bottle and kept for 7 days Finally filter and then pack

VIOLET.

Procedure — 8 oz of finely powdered orris root is digested in 24 oz of spirit of wine in a stoppered bottle Set aside for 1 month Finally filter and phial

ROSE GERANIUM

Procedure — Put 4 dr' of oil of Rose Geranium and 16 oz. of spirit in a stoppered bottle and keep for 20 days Then filter and phial.

LEMON.

Procedure — 8 oz of fresh lemon peels are minced and digested in 20 oz of spirit of wine in a stoppered bottle. Mix well and set aside for three days in a warm place Finally filter and phial

SANDALWOOD.**I.**

Procedure:—Mix together 4 oz. of Sandalwood dust and 8 oz. of white chalk and digest in 12 oz. of spirit and set aside in a stoppered bottle for a week. Then strain through filter paper and to the filtrate add 1 oz. of sandal oil. Store in a bottle for 2 weeks before phialing.

II.

Procedure —Finely powdered Sandalwood dust weighing 16 oz. is digested in 12 oz. of Cologne spirit in a wide-mouthed stoppered vessel. Set aside for a month, then filter and pack.

CHAPTER III

ARTIFICIAL ESSENCES.

THE preparation of simple essences consists primarily in mixing some Heiko perfume, such as heiko bela, heiko rose, heiko patchouli, heiko jasmine, heiko musk, heiko chamelei, etc in rectified spirit 60 over-proof

The method of preparation is as easy as it is simple. The whole is allowed to mature for a fortnight or more, during which period the containing bottle is shaken three times daily for 15 minutes every time. The usual proportion recommended by perfumers is 1 oz of the heiko scent in 48 oz of the spirit. Sometimes a small quantity of musk, essence of musk or essence of ambergris is added to render the perfume more persistent and also to improve the odour. The perfumes may be packed in tubes.

SIMPLE ESSENCES.

The few recipes given below offer the clue to the manufacture of many others of similar type

(1) Heiko Lily, 1 oz, Essence Amber, 2 oz; Spirit, 48 oz

(2) Heiko Tuberose, 1 oz, Essence Ambergris, 1 oz, Spirit, 48 oz

(3) Heiko Lily of the Valley, 4 dr, Essence Musk, 1 oz, Spirit, 24 oz

(4) Heiko White Rose, 4 dr.; Musk, 2 dr.; Spirit, 24 oz.

ESSENCES FROM COUNTRY OTTOS.

Simple essences are also prepared by dissolving country made ottos in spirit with the addition of benzoic acid. The mode of preparation is exactly the same, only the time of maturing is lengthened to one month. A few typical recipes follow.—

(1) Otto of Jasmine or Santal, 1½ tollah; Spirit, 24 oz, Benzoic Acid, 15 gr.

(2) Otto of Hena or Bakul, 2 tollahs; Spirit, 24 oz, Benzoic Acid, 15 gr.

(3) Oil of Chameli Flowers, 1 tollah; Benzoic Acid, 8 gr.; Musk 2 gr ; Spirit, 16 oz.

HANDKERCHIEF ESSENCES.

The essences prepared according to the process described above may be mixed in suitable proportions to give cheap handkerchief essences as follows —

I.

Essence Rose	16	oz.
„ Keora	2	oz.
„ † Jasmine	2	cz
„ Lily of the Valley	3	oz.
„ Amber	1	oz.

Procedure.—Mix together; Shake for 15 minutes, three times a day for three days. Then use.

II.

Essence Chameli	16	oz.
„ Rose	4	oz.
„ Jasmine	2	oz.
„ Neroli	1	oz.
„ Amber	½	oz.
„ Musk	½	oz

Procedure —The same.

COMPOUND ESSENCES

The preparation of compound essences taxes the best skill of the perfumers. As already remarked much would depend upon perfect manipulations. For marketing, pack them in decent phials with glass stoppers. A few recipes follow.

FORGET-ME-NOT.

Essence Amber	2	dr.
„ Orange	1	dr.
„ Vanilla Bean	4	dr
„ Ylang Ylang	4	dr.
„ Jasmine	3	dr.
„ Rose	8	dr
„ Sandal	2	dr
Otto Neroli	1	dr
„ Bergamot	2	dr.
„ Musk	30	minims
Rectified Spirit	2	bottles

Procedure —Add the ingredients one by one in a big vessel and have them thoroughly mixed together with shaking. Put the whole air-tight in a stoppered vessel for a fortnight during which

period shake it thrice daily for 15 minutes at a time. Finally filter through filter paper and phial. The aroma of this preparation is very delightful and lasting.

REMEMBER-ME.

Otto Jasmine	1	dr.
Flora Jasmine	2	dr.
Otto Orange Flower	1	dr
,, Rose (Turkish)	30	minims
Oil Cloves	15	minims.
,, Geranium Rose	4	dr
,, Citron	3	dr.
,, Bergamot	2	dr.
,, Lavender (English)	1	dr
Essence Amber	2	oz
,, Musk	1	oz
Rectified Spirit	2	bottles.

Procedure —As in Forget-me-not

SIR WALTER SCOTT.

Extract Rose or Istambal	1	dr.
Otto Orange Flower	30	minims.
,, Bergamot	30	minims.
,, Lavender	15	minims.
Essence Jasmine	1	oz
,, Musk	1	oz
Alcohol	1	bottle

Procedure —As in Forget-me-not

ESSENCE JASMINE.

Otto of Jasmine	1	dr
Flora Jasmine	2	dr.

Heiko Jasmine	1	dr.
Otto de Rose	30	minims.
Essence NeroL	2	dr.
" Musk	2	oz
Alcohol	1	bottle

Procedure —As in Forget-me-not

GLORI DAUCHER

Essence Victoria	12	oz
Extract Rose or Istambal	1	dr.
Otto Sandal	30	minims
" Jasmine	1	dr.
" de Rose (Virgin)	1	dr
Heiko Amber	2	dr
" Pitunia	1	dr
" Tuberose	30	minims
Rectified Spirit	2	bottles

Procedure —Mix the ingredients one by one with shaking Put the whole air-tight into a stoppered vessel and shake it thrice daily for 15 minutes at a time for not less than a month Finally filter and pack in phials

KISS-ME QUICK.

Essence Jasmine	2	oz
" Orange Flower	2	oz
Spirit Tonka Bean	½	oz
" Ambergris	1	dr
Cologne Spirit	12	oz.

Procedure —As in Glori Daucher.

INDIAN PERFUMES

JOCKEY CLUB.

Essence of Rose	4	oz.
,, Cassia	2	oz
,, Jasmine	4	oz
,, Ambergris	4	dr
Tincture Orris	4	dr.

Procedure —As in Glori Daucher

MUSK ROSE

Otto de Rose	1	dr.
Sandal Oil	1	dr.
Musk	2	dr.
Essence Vanilla	1	oz
,, Jasmine	1	oz.
Benzoic Acid	15	gr.
Spirit	1	bottle

Procedure —As in Glori Daucher

ESSENCE VICTORIA

Otto de Rose (Virgin)	2	dr
Oil Neroli	2	dr
Otto of Coriander	16	minims
,, Bergamot	4	dr
,, Pimento	24	minims
,, Lavender	16	minims
Musk	4	gr
Benzoic Acid	2	dr
Spirit	4	bottles

Procedure.—As in Glori Daucher

AMERICAN BEAUTY

Otto de Rose (Virgin)	4	dr.
Essence Neroli	1	oz.

Heiko Rose	2	dr
Essence Jasmine	1	oz
Otto Cedar Wood	12	minims.
Musk	8	gr
Benzoic Acid	1	dr.
Alcohol	4	bottles.

Procedure —As in Glori Daucher

ESSENCE TUBEROSE LILY

Heiko Lily	4	dr.
„ Jasmine	1	„
„ Tuberose	2	„
Otto de Rose	30	minims.
Oil Bergamot	1	dr
Essence Amber	1	„
Alcohol	1	bottle

Procedure —The constituents are mixed together thoroughly one by one and the whole is then allowed to stand undisturbed for 7 days Then filter, and shake the whole for 15 minutes at a time, thrice daily for 7 days Finally pack in phials

ESSENCE ROSE

Extract Rose or Istambal	2	dr
Magnesium Carbonate	4	„
Alcohol	1	bottle

Procedure —First incorporate well the extract rose with the magnesium carbonate in a stone mortar and then add to it the alcohol. Shake the whole thrice daily, 15 minutes at a time, for a fortnight and then filter and phial.

The residue left after filtering in the blotting paper when dissolved in one bottle of distilled water will give rise to a very good quality of rose water.

NIZAM MONTE CRISTO.

Rectified Spirit	24	oz.
Extract Rose or Istambal	30	minims
Otto de Rose (Virgin)	30	"
Heiko White Rose	1	dr.
Otto Keora	15	minims
„ Orange Flower	10	"
Essence Chameli	1	oz.
„ Jasmine	1	"
„ Tuberose	1	"
„ Ambergris	1	"

Procédure — Into the rectified spirit add the ingredients one by one and shake well for 5 minutes after each such addition. Finally keep the whole in a stoppered bottle and shake thrice daily, 10 minutes at a time, for seven days together. Finally filter and phial. The preparation is quite a novel invention.

SULTANA.

Spirit	2	bottles.
Otto de Rose (Turkish)	1	dr.
Tincture Orris Root	4	oz
„ Musk	2	"
Essence Sandal	1	"
„ Bergamot	2	"
„ Lilac	4	"
„ Lavender	4	"

Flora Jasmine	1	dr.
Otto Keora	4	"

Procedure—As in Nizam Monte Cristo.

LAVENIA.

Spirit	24	oz.
Oil of Lavender (Mitchams)	50	minims.
„ of Orange	30	"
„ Neroli	30	"
„ Rosemary	1	dr.
„ Bergamot	1	"
Otto de Rose	15	minims
„ Keora	1	dr.
Essence Amber	2	oz.
„ Cedrat	4	dr
„ Narcissus	4	"
„ Jasmine	4	"

Procedure—As in Nizam Monte Cristo

JUNG BAHADUR

Spirit	2	bottles.
Heiko Jasmine	4	dr
Flora Jasmine	4	"
Otto Chameli	2	"
„ Keora	1	"
„ Sandal	1	"
„ Orange Flower	1	"
„ Rose (Turkish)	1	"
Essence Civet	2	oz
„ Amber	1	"
„ Heliotrope	4	"

Essence Rose Geranium 4 oz.
Procedure—As in Nizam Monte Cristo.

JUBILEE RAJANIGANDHA.

Spirit	100	oz.
Heiko Tuberose	2	„
„ Pitunia	2	dr.
„ Hyacynth	1	„
„ Oppoponex	1	„
Flora Jasmine	1	oz.
„ Narcissus	30	minims.
Oil Neroli	1	dr.
„ Bergamot	1	„
„ Lavender (English)	2	„
„ Sandal	1	„
Otto de Rose (Virgin)	1	„

Procedure—As in Nizam Monte Cristo The preparation is most pleasing.

MADHUMALATI

Essence Lilac	6	oz
„ Cananga	6	„
„ Rose Geranium	8	„
„ Vanilla	2	„
„ Ambergris	2	„
„ Bergamot	4	„
„ Lavender	6	„
„ Sandal	3	„
Oil Neroli	1	dr
Otto de Rose	1	„

Procedure—The ingredients are put one by one in a bottle, the mouth of which is then closed.

Shake the bottle thrice daily, 10 minutes at a time, for fifteen days when the preparation will be ready for use

CANANGA KUSUM.

Spirit	1	bottle
Otto Orange Flower	1	dr
„ de Rose	30	minims
„ Keora	1	dr
Oil de Rose Geranium	2	„
„ Lavender (English)	1	„
Essence Sandal	1	oz
„ Citron	1	„
„ Cassia	$\frac{1}{2}$	„
„ Amber	2	„

Procedure — Into the spirit contained in the bottle add the essential oils one by one, shake the bottle for 3 minutes each time. The bottle is then closed air-tight and kept in a cool place for 15 days. Shake the bottle twice daily for 10 minutes every day for a fortnight. Finally filter the whole and phial in a stoppered vessel

MARSENIL

Alcohol	24	oz
Extract Rose or Istambal	1	dr
Heiko Rose	30	minims
Otto de Rose	30	„
„ Jasmine (or Heiko)	1	dr
Flora Jasmine	30	minums
Heiko Amber	1	dr
„ Lily	1	„

Oil Rose Geranium	1	dr.
Essence Musk	1	oz.
,, Keora	1	"

Procedure.—Take the alcohol in a big bottle and add the other ingredients one by one. The bottle should be shaken for 5 minutes after the addition of each of the ingredients. When all the ingredients are added into the alcohol, the bottle is stoppered air-tight and kept in that position for a fortnight. The bottle should, however, be shaken thrice daily, 10 minutes at a time. Finally the whole is filtered and phialed. The preparation is exquisite and the scent lasts for 7 days.

LILY BLOSSOM

Spirit	48	oz.
Heiko Lily of the Valley (New)	4	dr
,, Lily	2	"
,, Lime Blossom	2	"
Flora Jasmine (or Heiko)	1	"
Otto de Rose	30	minims
,, Khus	1	dr
Oil Neroli	1	"
,, Sandal	1	"
Essence Amber	1	oz
,, Civet	1	"
,, Musk	½	"

Procedure—As in Marsenil.

CHANDRA MALLIKA.

Alcohol	1	bottle.
Heiko Hyacynth	1	"

ARTIFICIAL ESSENCES

Heiko Lily	1	dr
" Amber	1	"
" Oppoponax	1	"
Otto Keora	1	"
Heiko Reseda	1	"
" Pitunia	.1	"

Procedure —As in Marsenil

CHERRY LAUREL.

Spirit	24	oz.
Oil Cherry Laurel	4	dr
Heiko Amber	1	"
Otto de Rose	15	minims.
" Keora	1	dr
Essence Jasmine	1	oz
" Musk	1	"
" Neroli	1	"
" Bergamot	1	"

Procedure —Add into the spirit the other ingredients one by one, shaking the whole for 5 minutes after each such addition. Then keep the whole in a stoppered bottle for 10 days and shake it thrice daily for 5 minutes at a time during the period. Finally filter and phial.

EMPEROR

Spirit	48	oz.
Essence Neroli	2	dr
" Amber	2	oz
" Musk	1	"
" Violet	4	"
Oil Lavender (English)	1	dr.

Oil Pimento	30	minims.
„ Coriander	30	„
Essence Bergamot	4	oz.
„ Neroli	4	„
„ Jasmine	8	„
„ White Rose	6	„
Otto de Rose	1	dr.

Procedure—As in Cherry Laurel

CASHMERE BAKUL

Spirit	48	oz.
Otto Bakul (Country)	3	dr.
Flora Narcissus	4	„
Heiko Narcissus	2	„
„ Pitunia	2	„
„ Amber	1	„
Essence Mimosa	1	oz.
„ White Rose	1	„
„ Jasmine	4	„
„ Sandal	1	„
„ Neroli	1	„

Procedure—As in Cherry Laurel.

CORONATION.

Alcohol	48	oz.
Otto Nageswar	4	dr.
„ Chameli	1	„
„ Bela	1	„
„ Hena	1	„
„ Keora	2	„
Flora Jasmine	1	„
Oil Neroli	30	minims.

Oil Bergamot	30	minims
„ Sandal	40	„
„ Lavender	1	dr.
Otto de Rose	30	minims.
Heiko Lily of the Valley (New)	1	dr.
Heiko Amber	2	„

Procedure—As in Cherry Laurel.

CHERRY VANILLA.

Spirit	24	oz
Heiko Millefluers	2	„
„ Opela	1	dr.
Tincture Vanilla	4	oz.
Oil Cherry Laurel	1	dr.
Otto Orange Flower	30	minims.
„ Rose Geranium (French)	4	dr.
Essence Ambergris	1	oz.
„ Bergamot	2	„
Otto de Rose	30	minims.

Procedure—As in Cherry Laurel

PRINCE ROSE

Spirit	36	oz.
Pure Musk	12	gr.
Extract Rose or Istambal	90	„
Otto de Rose	1	dr.
„ Jasmine	1	„
„ Orange Flower	30	minims
Essence Violet	4	oz
„ Amber	4	„
„ Vanilla	1	„

Procedure—As in Cherry Laurel

BOUQUET EMPRESS

Spirit	48	oz.
Oil of Rose Geranium	4	dr.
,, Geranium	2	"
,, Neroli	1	"
,, Lemon	30	minims.
,, Bergamot	30	"
,, Sassafras	4	dr
,, Lavender (Mitchams)	1	"
Heiko Jasmine	30	minims.
,, Lily	2	dr.
,, Amber	2	"
,, Musk	1	"
Essence Vanilla	3	"
Oil Hasu-no-Hena	4	"

Procedure —As in Cherry Laurel.

DURBAR

Spirit Cassia	4	oz
,, Violet	8	"
Oil Bergamot	4	dr
,, Citron	1	oz
Flora Jasmine	4	dr
Otto Orange Flower	1	"
,, de Rose	30	minims
Essence Amber	4	oz
,, Rose Geranium	6	"
,, Lily of the Valley	8	"
,, Sandal	1	"
Oil Lavender	30	minims
Tincture Grass		to colour.

Procedure — The ingredients are mixed with shaking one by one. Keep aside in a stoppered vessel for three days and during that period shake the vessel thrice daily for 5 minutes at a time. Finally filter and pack.

VICEROY VERBENA.

Spirit	72	oz
Heiko Verbena	1	"
Essence Amber	3	"
,, Musk	1	"
Tincture Orris	2	"
Oil Neroli	30	minims.
Otto de Rose	1	dr
,, Sandal	1	"
Flora Jasmine	2	"
Oil Lavender (Mitchams)	1	"

Procedure — As in Durbar

NAPOLEON LILY.

Spirit	24	oz
Heiko Lily	4	"
Essence Amber	1	"
,, Tuberose	$\frac{1}{2}$	"
,, New-mown hay	$\frac{1}{2}$	"
Otto de Rose	30	minims.
Heiko Jasmine	1	dr
,, Khus (or Otto)	30	minims.
Otto Sandal	30	"
,, Keora	30	"

Procedure — As in Durbar

CHYPRE.

Oil of Rosemary	100	minims.
„ Bitter Orange	$\frac{1}{2}$	oz.
„ Petit Grain	2	dr.
„ Bergamot	$2\frac{1}{2}$	"
„ Neroli	45	minims.
Alcohol	80	oz.

Procedure — Mix and after 4 days add 10 oz. of distilled water. Allow to stand for a fortnight and filter.

HELIOTROPE.

Heliotropin	160	grains.
Vanillin	24	"
Coumarin	16	"
Essence of Musk	160	minims.
Ylang Ylang Oil (Syn.)	60	"
Geraniol	32	"
Benzaldehyde	8	"
Rectified Spirit	1	gallon.

ESSENCE BOUQUET

Oil of Neroli	15	minims.
„ Lemon	1	dr.
„ Bergamot	$\frac{1}{2}$	"
Cassie Extract	1	oz.
Essence of Ambergris	1	"
Tincture of Orris	1	"
Spirit of Rose	8	"
Alcohol,	5	"

LILAC

Terpineol	2	fl oz.
Vanillin	40	grains

Jasmine Otto (Syn)	2	fl. dr.
Geraniol	32	minims
Palmarosa Oil	32	"
Bergamot Oil	60	"
Rectified Spirit	1	gallon

HYACINTH.

Hyacinthin	1	dr
Oil of Neroli	10	drops.
Essence of Musk	50	"
Tincture Benzoin	10	"
Jasmine Extract	10	dr.
Orange Flower Water	5	"
Alcohol to make	10	oz.

BRIDAL BOUQUET

Oil of Sandal	$\frac{1}{2}$	dr
Rose Extract	4	oz.
Jasmine Extract	4	"
Orange Flower Extract	16	"
Essence of Vanilla	1	"
Essence Musk	2	"
Tincture of Storax	2	"

ORIENTAL BOUQUET**I.**

Oil of Lavender	100	drops.
Otto of Rose	1	dr.
Jasmine Extract	$2\frac{1}{2}$	oz.
Essence of Vanilla	$2\frac{1}{2}$	"
Alcohol to produce	40	"

II.

Heliotropin	15	grains.
Coumarin	8	"
Oil of Neroli	2	dr.
,, Geranium	2½	"
Essential oil of Almond	5	drops.
Jasmine Extract	10	oz
Alcohol	30	"

III.

Heliotropin	60	grams.
Terpineol	50	"
Bergamot oil	30	"
Phenyl acetaldehyde	24	"
Syn. Musk	5	"
Cananga Oil	5	"
Alcohol	10	litres

IV.

Terpineol	15	parts.
Vanillin	1	part
Musk Ambrette	1	"
Ylang Oil	1	"
Benzyl Acetate	2	parts.
Linalol	1	part
Ionone	1	"
Cananga Oil	1	"
Infusion Ambrette Seeds, 20 per cent.	25	parts
Alcohol	1000	"

CHAPTER IV

PREPARATION OF OTTOS.

THERE is an air of freshness associated with the natural floral ottos rarely discernible even in the best of artificial essences. Moreover, the scent of the former is of more permanent nature and not at all evanescent, like the latter. It is, therefore, quite natural that floral ottos find wide application in the indigenous art of perfumery in preference to others.

FLORAL OTTOS

The fundamental principle underlying the preparation of floral ottos is similar in every case while the basis of all of them is the same. Freshly bloomed flowers before their full expansion are selected as they are the most fragrant. They are stalked, removing the green calyxes and gently freed from dirt and dust without injuring the petals. Care should be exercised in this respect, otherwise the otto will be contaminated. They are steeped in water or sandal oil, heated on the water bath or warmed by the sun and finally filtered through a funnel. The filtered otto is collected in a stoppered phial and placed in the sun for a number of days to clarify. A sediment is allowed to form at the bottom so that the

supernatant liquid gradually gets thin, limpid and clear.

ROSE.

I.

Procedure — Procure 4 oz. fresh rose petals all of one colour (say, crimson) and free them from dust, etc. Next take 16 oz. sandal oil in another vessel and heat on the water bath for half an hour. Take away, throw the petals into the oil, cover up and set aside for one hour. Then squeeze out the oil from the soaked petals and heat the oil again on the water bath for half an hour Take away and soak in it 4 oz. fresh petals for an hour Squeeze out the oil, and repeat the above process once again Finally squeeze out the oil and store in a stoppered phial Put in the sun for one month and it will be clear.

II.

Procedure — Procure rose petals of one colour and lay out $\frac{1}{2}$ inch thick in a vessel Cover them with a clean piece of rag moistened with sandal oil and folded 4 times The cloth should be thoroughly wetted by rasping Lay out over the rag another lot of rose petals Make up in this way sixteen layers Then close up the mouth of the vessel and place in the sun for 15 days Finally press out the otto Store in a stoppered phial and place in the sun for a month to clarify

III.

Procedure.—The cleaned petals are placed in a clean vessel, of glass, porcelain or earthenware,

and covered up with pure water (rain or spring). Now place this vessel in some open space for a week or so to be warmed by the sun. After 3 or 4 days an oily substance will float on the surface which will appear like a scum the next day. This is rose otto. These oily spots must be removed by sponging with a cotton swab and squeezed into a phial.

About two lakhs of roses are required to prepare $2\frac{1}{2}$ tolas cf pure rose otto. But the ottos sold in the market are generally adulterated with sandal oil. The roses must be all of the same variety, otherwise the quality of the product will suffer.

IV

Procedure — Take 8 ch of petals of red roses of the same variety. After freeing them of dirt and dust put them into a wide-mouthed glass bottle. Put in 30 grains of benzoic acid and pour in 8 ch of pure sandal oil. Stopper the bottle closely and place in the sun for three days. Then squeeze out the digested petals and throw in 8 ch fresh rose petals. Stopper the bottle and place in the sun. Repeat the process six or seven times. A concentrated otto of excellent quality will thus be obtained. Also see page 123.

BELA.

Procedure — Take 8 ch freshly bloomed Bela flowers (Arabian jasmine), white chalk, 2 ch; sandal oil, 1 seer. First powder the chalk

and boil it in water on an earthenware vessel. Remove after one hour, strain away the water and dry the chalk powder thoroughly. Now place the flowers on a wide-mouthed porcelain jar; throw in the chalk powder and cover up the jar. After 3 days throw out the withered flowers. The powder should be gently sifted and put in a glass vessel. Now pour in the sandal oil and put in the sun daily for a fortnight. Finally filter through a piece of flannel and the filtrate will be a good otto.

CHAMELI.

Procedure — Take 2½ srs. stalked *Chameli* flowers, put into clean jar and strew over them 15 grs benzoic acid Close up the mouth and set aside for 24 hours Next day pour into it 24 oz sandal oil, close up the mouth and place in the sun for 20 days Then filter through filter paper on a funnel, store in a stoppered phial and place it in the dew for one month

JASMINE.

Procedure — Petals of *Jasmine*, 2 ch.; sandal oil 8 ch. The stalks of the flowers must be gently removed with the help of a piece of broken glass avoiding contamination by hand Then place ½ ch. of petals on a glass vessel, cover up with a piece of fine linen (muslin); pour on it 2 ch. of sandal oil. Then place another layer of ½ ch. of petals arranged in 4 similar layers Close up the vessel and set aside for 24 hours Then strain out the

spent flowers, reject them and repeat the above process with fresh flowers, but with the same oil for half a dozen times. Press out the oil and store in a stoppered phial. Place in the sun for one month to clarify. A good otto will be obtained.

HENA.

Procedure—Put 4 oz *Hena* flowers into a wide-mouthed bottle, throw in 15 grs benzoic acid and pour in 20 oz clear sandal oil. Place in the sun for 16 days. Then filter through filter paper fitted in a funnel. Put the filtered oil again in the bottle and soak a fresh lot of 6 oz flowers. Close the mouth and set aside for one month. Finally filter through filter paper and store in a stoppered phial.

MUSK HENA

Procedure—Take 8 oz *Mehndi* flowers, 6 grs musk; and 12 oz sandal oil. First macerate the musk with a little sandal oil in a stone mortar. Dilute it with the remainder of the oil and put in a wide-mouthed bottle. Throw in the flowers, shake well, close up the mouth and set aside for one month. Finally filter through a funnel and store in a stoppered phial.

CHAMPAKA.

Procedure—Put 500 freshly bloomed *Cham-paka* flowers in a jar and strew over them 15 grs. benzoic acid. Pour 24 oz. sandal oil into it, close up the mouth and place the phial in the sun and

in the dew at night for one month. Finally filter through filter paper. Put in a stoppered phial and place in the sun for a fortnight to clarify.

KANTALI CHAMPAKA.

Procedure—Procure 100 fresh and clean flowers and 1 sr. sandal oil. Put the two ingredients together in a vessel, close up the mouth and heat on the water bath for half an hour. Take away and leave aside for 24 hours. Strain through a funnel and separate the flowers. Put the oil in the above vessel and soak in it a fresh lot of 100 flowers. Heat on the water bath for half an hour and set aside for 24 hours. Separate the flowers as before and put the oil in the vessel. Soak in it a fresh lot of 100 flowers, cover the mouth and place in the sun for 16 days and in dew at night. After that filter through filter paper and store up in a stoppered phial. Place in the sun for one month to clarify and finally store in a stoppered phial.

JAHURI CHAMPAKA.

Procedure—Procure 400 freshly bloomed *Jahuri Champaka*, reject the green stalks and put in a porcelain jar. Strew over them 15 grs benzoic acid and pour in 24 oz sandal oil. Place in the sun for 15 days, and squeeze out the otto. Put in a stoppered phial and place in the sun and in dew at night for one month.

DOLAN CHAMPAKA.

Procedure—Procure 2,000 stalked *Dolan Champaka* flowers. Take 10 srs of clear water in

a large earthen bowl. Dissolve in it 2 dr saltpetre and stir briskly. Now throw the flowers into it, mix gently and place in an open space. After seven days a thin film will appear on the surface. Remove this carefully with a feather without disturbing. Put in a stoppered phial. When all the films are collected, close the mouth and place in the sun for a month and in the dew at night.

NAGESWAR CHAMPAKA.

Procedure — Procure 1 sr. selected and clean *Nageswar* flowers and 1 sr sandal oil. Put the two ingredients together in a vessel, close up the mouth and heat on the water bath for half an hour. Take away, leave aside for 24 hours and press out the oil. Put the oil again into the vessel and soak in it 1 sr picked flowers. Heat on the water bath for half an hour and then leave aside for 15 days in a cool place. Then press out the oil and store in a stoppered phial. Place in the sun and in dew at night for a month to clarify.

BAKUL

Procedure — Procure 5 srs of picked *Bakul* flowers. Dirt and dust should be gently removed, otherwise the final product will be spoilt. Put the flowers in a glass, stone or earthenware vessel and fill up with 16 srs of clean water. Dissolve 4 dr salt in the water previously. Place the vessel in the sun continuously for 8 or 10 days in a place open to the sky. On the 4th or 5th day a thin oily film will appear on the surface, it will

form into scum in a day or two. Carefully take this away with a feather or a cotton swab and put in a glass phial. Remove it as often as it forms. When all the scum is thus cleared, place the phial in the sun to clarify. Add 8 oz. sandal oil to $\frac{1}{4}$ dr. extract.

GANDHARAJ.

Procedure — Procure 5 srs. fresh *Gandharaj* flowers free from dirt and reject the stalks and green parts. Lay out $\frac{1}{2}$ sr. of flowers at the bottom of a porcelain jar, strew over it 1 oz magnesium carbonate. Spread out on it another layer of $\frac{1}{2}$ sr. flowers at the bottom of a porcelain jar, strew over it 1 oz magnesium carbonate. Spread out on it another layer of $\frac{1}{2}$ sr. flowers and strew over it 1 oz magnesium carbonate. In this way make up 10 layers. Close up the mouth of the vessel and place in the sun and in dew at night for a fortnight. Now separate the flowers after dripping and pour into the residue of the jar $\frac{1}{2}$ sr sandal oil. Place the vessel in the sun for 15 days and finally filter through filter paper. Place in the sun for a month to clarify.

HASU-NO-HENA.

Procedure — Pick bunches of *Hasu-no-hena* flowers just at dusk weighing 5 srs. Lay out 1 sr at the bottom of a vessel and spread over it a piece of clean rag covering all sides. Lay out on it another layer of 1 sr. flowers and form in this way 5 layers with rags intervening. Finally cover

up with rag and pour 20 oz pure sandal oil
 Cover up the mouth and place in the sun for 20
 days Press out the oil and store in a stoppered
 phial. Place in the sun for a month to clarify

PATCHOULI

Procedure—Take 2½ srs of Patchouli leaves;
 pick, dust and clean, and pound them into fine
 powder Then lay out ½ sr. of the powder at the
 bottom of a vessel and spread on it a piece of cot-
 ton cloth Lay out on it another layer of ¼ sr.
 powder In this way form 5 layers covering the
 last one with cotton cloth Pour on the top 1 sr.
 sandal oil, close up the mouth of the vessel and
 place in the sun for a month and in dew at night.
 After that press out the oil and store in a stop-
 pered phial Finally place in the sun for 1 month
 to clarify.

TUBEROSE.

Procedure.—Take 1 sr fresh Tuberose, put
 them in a vessel together with 1 sr sandal oil,
 close up the mouth and heat on the water bath for
 20 minutes Leave aside for 12 hours Then
 squeeze out the oil and put the oil again into the
 vessel Soak a fresh lot of 1 sr flowers and re-
 peat the process for seven times Finally press
 out the oil and store up in a stoppered phial
 Place in the sun for a month and in dew at night
 to clarify

MALLIKA

Procedure—Procure a quantity of freshly
 bloomed flowers and lay out a portion of it one

inch thick in a spacious vessel. Spread over it some cleaned and beaten cotton, $\frac{1}{2}$ inch thick, covering all sides Lay out on it another layer of flowers and form in this way 10 layers Pour on the top 1 sr sandal oil, cover up the mouth of the vessel and place in the sun for 20 days. After that pour out its contents on to a piece of flannel and squeeze out the oil Store it in a stoppered phial and place in the sun to clarify.

KEORA

Procedure.—Take half seer pollen of *Keora*, one seer tender leaves of the plant finely minced and 1 sr good sandal oil Put these three ingredients mixed together in a porcelain jar and close up the mouth tightly. Place in the sun for a month and then press out the oil Store in a stoppered phial and place in the sun for a month to clarify.

KAMINI.

Procedure.—Take 1 sr. *Kamini* flowers free from stalk, put in an aluminium vessel, pour into it 1 sr sandal oil, close up the mouth and heat on the water bath for half an hour Set aside for 24 hours and then squeeze out the otto Put it again into the vessel and soak in it a fresh lot of $\frac{1}{2}$ sr flowers, and repeat the process twice Finally press out the oil and store in a stoppered phial.

KHUS KHUS

Procedure.—Procure 10 srs of *Khus* root, free them from dirt and cleanly wash in water.

Dry them in the sun and pound into fine powder
 Put the powder in a retort, pour 30 srs clear
 water, close up the mouth and apply heat When
 half the water has boiled over, remove it from
 fire. Now collect otto from the distillate

According to a more convenient method boil
 down 30 srs of water until 10 srs have evaporated.
 Put the pounded *Khus* roots in an earthen
 vessel and pour the boiled water over them
 Leave it in an open space After 7 or 8 days a
 scum will arise on the surface Soak the froth
 with cotton and put in a stoppered phial Place
 it for a month in the sun and in dew at night to
 clarify Finally pack in stoppered phials

JANTI.

Procedure —Take half seer of stalked *Janti*
 flowers and put in a wide-mouthed bottle Pour
 into it 2,srs good sandal oil Close the mouth
 and place in the sun and in dew for 24 hours
 Then squeeze the soaked flowers and immerse in
 the oil a fresh lot of half seer flowers Close the
 mouth and place in the sun and in dew for ,24
 hours Repeat the process for 16 times replacing
 the soaked flowers by fresh ones Finally press

MADHUMALATI

Procedure —Take $\frac{1}{2}$ sr *Madhumalati* flowers.
 Gently free them from dust Put them in an
 aluminium vessel Pour 1 sr sandal oil into them
 and heat on the water bath for 15 minutes After
 24 hours wring out the flowers Steep in the oil

another lot of $\frac{1}{2}$ sr. flowers and heat on the water bath for 15 minutes.

Repeat the process 12 times Finally strain through a piece of flannel. Put in a stoppered phial and place in the sun to clarify. Finally filter.

PUMELO.

Procedure —Take 3 srs. of *Pumelo* flowers free from stalks, put them in a wide-mouthed bottle Pour into it $\frac{1}{2}$ sr. sandal oil, close up the mouth and place for a month in the sun and in dew at night Press out the oil, store in a stoppered phial and place in the sun for a month to clarify. The flowers must be freshly blown and not in bud

SHEPHALICA

Procedure —Take 4 ch. stalked *shephalica* flowers, put in a vessel and pour over them half seer sandal oil. Cover up and set aside for 24 hours. Filter through a funnel Put the otto again into the vessel and soak into it a fresh lot of 2 ch flowers Repeat the process 10 times. Thereby a concentrated otto will be obtained Finally clarify by placing for one month in the sun and in dew at night

SANDALWOOD.

I

Procedure .—A large globular clay pot, with a circular mouth, about $2\frac{1}{2}$ feet deep by about 6 feet circumference at the bulge is taken The

mouth of the pot is closed with a clay lid having a small hole in its centre, through which a bent copper tube about 5½ feet long is passed for the escape of the vapour. The lower end of the tube is conveyed inside a copper receiver, placed in a large porous vessel containing cold water. For preparation of the sandalwood oil, the white or sapwood is rejected, and the heart-wood is cut into small chips, of which about 25 seers or 50 lbs. are put into the pot. As much water is then added as will just cover the chips, and the distillation is carried on slowly for 10 days and nights, by which time the whole of the oil is extracted. As the water from time to time gets low in the still, fresh supplies are added from the heated contents of the refrigerator. The yield of the oil by the above process is said to average 2.5 per cent.

II

Procedure—Reduce the sandalwood to fine powder by filing, and soak the powder in water for 48 hours, before placing it in a copper still tinned inside. Change the receivers directly they are full, return the watery layer of the distillate at certain intervals to the still, and continue the distillation for about a week day and night, maintaining a uniform heat and observing the utmost cleanliness. The above method of distillation requires a high consumption of fuel.

The modern method of distillation would not only reduce the cost of production but also in-

crease the percentage of yield of the oil.' The plant required has to be of special design consisting of the following —

- (1) A rasping machine, with which to comminute the sandal wood into fine filing
- (2) An efficient form of steam still complete with tubular condenser, Florentine flasks, etc.
- (3) A small copper still for re-distillation of the oil
- (4) A boiler capable of generating super-heated steam

ARTIFICIAL OTTOS.

Artificial ottos are prepared from artificial sources, mainly from heiko scents A typical recipe follows —

To prepare Otto *Bela* take Heiko *Bela* 2 oz and Sandal Oil 8 oz Mix together and keep aside for 15 days

MARKETING.

The otto preparations should be perfectly clear and free from turbidity The phials should be perfectly dried before the ottos are poured into them as the presence of moisture tends to separate the aromatics

The glass phials must have ground glass stoppers in place of cork stoppers which due to the presence of cork impart a peculiar odour To exclude air the stoppers are covered down to the bottle necks with capsules of animal membrane.

SECTION FOUR.

AROMATIC WATERS

CHAPTER I

ROSE AND KEORA WATER.

ROSE WATER AND OTTO

THE rose principally cultivated in this country for the manufacture of rose water is the Damask Rose (*Rose Damascena*), otherwise known as Bashra or Persian Rose

The flowers are plucked early in the morning and conveyed in large bags to the distillers. The apparatus for distilling is of the simplest description, it consists of a large copper or iron boiler, well tinned, capable of holding from 8 to 12 gallons with a large body, a rather narrow neck, and a mouth about 8 inches in diameter, on the top of which is fixed the head of the still. This is merely a *dekchi* with a hole in the bottom to receive the tube of water which is well luted with flour and water. This tube is composed of two pieces of bamboo fastened together at an acute angle and covered in their whole length with a coating of string, over which mud is luted to prevent the vapour from escaping. The lower end of the tube is carried down into a long-necked vessel or receiver, called a *bhubka*. This is kept in a *handi*.

of water, which as it gets hot is changed. The end of the tube in the *bhubka* is padded with cloth to keep in the vapour. The boiler is let into an earthen furnace, and after being charged with the roses and a sufficient quantity of water, distillation is slowly proceeded with. A boiler of the size described will hold about 10,000 roses; about 10 seers of water will be poured on these flowers, and 8 seers of rose water will be obtained. After distillation, the rose water is placed in a glass carboy and exposed to the sun for several days to become ripe, after which the mouth is stoppered with cotton over which a covering of moist clay is put to prevent the scent from escaping.

To procure the attar, after the rose-water has been distilled, it is placed in a large metal basin which is covered with wetted muslin to prevent dust and insects from getting in, this vessel is then let into the ground which has been previously wetted with water and allowed to remain there during the whole night. While it cools a little film of *attar* forms on the surface of the rose water which is removed in the morning by means of a feather and placed in a small phial, and day after day, as the collection is made, it is placed for a short time in the sun, and after a sufficient quantity has been procured, it is poured off clear into small phials. The first few days' distillation does not produce such fine *attar* as is obtained afterwards, since it is mixed with dust and parti-

cles of dirt from the still. It has been calculated that one tola of *atta* is produced from one lakh of roses approximately. More, however, may be obtained if the roses are full-sized and the nights cool enough to allow of the coagulation. The rose water should always be distilled twice, the water procured from the first distillation being used to pour over the roses for the second one.

Distillation may however be dispensed with in preparing rose water as the following recipes will show —

I

Rose	5 seers.
Clear Water	10 seers

Procedure — First put the cleaned rose petals in an earthen vessel. Next heat the water in another earthenware vessel. Then pour the boiling water on to the petals and close up the containing vessel so that air is excluded. Strain after one hour and the filtrate will be good rose water to serve all purposes.

II

Rose Petals	5 seers
Water	10 seers.

Procedure — Put in an earthenware vessel, close the mouth with a plate luted with mud. Apply gentle heat for 3 hours and allow to cool. Strain when cold and the filtrate will be good rose water.

III.

Rose Oil	25	grams.
Clove Oil	025	gram.
Alcohol to make	100	c.c.
Distilled Water	10,000	c c

Procedure.—Mix the first two ingredients and add alcohol to make 100 c c Now mix the spirituous liquid with 10,000 c.c of boiling distilled water and allow to stand until it has undergone the viscous fermentation and blend producing a stuff superior to most of' the commercial rose water.

The above recipe obviates the necessity of distilling rose petals and yields rose water of satisfactory quality on simply mixing the ingredients mentioned in the recipe

KEORA WATER

I

Keora flower	100	seers
Water	1	maund.

Procedure —Select only the white petals rejecting the green leaves and the pollen Proceed to distillation as in the case of rose water (p. 123). The distiller is a tinned copper or iron boiler having a capacity of 8 to 12 gallons The boiler is let into an earthen furnace, and charged with Keora flowers and a sufficient quantity of water Temperature is not allowed to go high and distillation is carried on slowly After distillation the Keora water is kept for 7 days in sunlight to mature

II

Keora flower	50 seers
Water	10 seers

Procedure.—Select only the white petals, over which pour 10 seers of boiling water and close up the containing vessel so that air is excluded. Set aside for 24 hours. Strain and phial.

III

Keora-flower	50 seers
Water	10 seers

Procedure — Put the water in an earthenware vessel and throw in the white petals of Keora. Place the whole in the sun for a week and strain. The filtrate will be good Keora water

CHAPTER II

TOILET WATERS.

LAVENDER WATER.

I.

Essential Oil of English

Lavender (Burgoyné) 4 oz.

Otto de Rose (Virgin) 2 dr.

Rectified Spirit 4 bottles.

Procedure—Mix together and use after three months.

II.

Oil Lavender (Herrings) 3 oz.

Rectified Spirit 3 bottles

Tincture Orris 4 oz.

Otto de Rose 1 dr.

Procedure:—Mix together and use after one month

III.

Oil Lavender (Grasse, France) 1 oz.

Essence Ambergris 4 "

Eau de Cologne 80 "

Rectified Spirit 4 "

Procedure—Mix together and use after one month.

IV.

Oil of Lavender (English) 4 dr

Essence of Bergamot 20 minims

Essence Lemon (or Civet) 20 "

Otto de Rose	20	minims.
Essence Ambergris	1	dr.
Rectified Spirit	3	pints.
Orange Flower Water	4	oz
Rose Water	12	"
Burnt Alum	20	gr.

Procedure—Shake several times and store away in a cool place Finally strain through filter paper and phial

V

Oil Lavender (Burgoyne)	3	dr
Oil Bergamot	3	"
Otto de Rose	6	minims
Oil Cloves	6	"
Musk	2	gr.
Oil of Rosemary (true)	1	dr.
Honey	1	oz
Benzoic Acid	2	scruples
Rectified Spirit	1	pint
Distilled Water	3	oz

Procedure—Mix together and allow to mature for 6 months

VI

Oil of Lavender (Mitchams)	3	dr
Oil Bergamot	20	minims
Oil Neroli	6	"
Otto de Rose	6 or 12	"
Essence of Civet	8 or 10	"
Essence Musk	20	"
Rectified Spirit	20	oz.
Orange Flower Water	4	"

Procedure:—Mix together and shake for several times. Store away in a cool place for 3 months. Strain and use.

Amber Lavender.

Oil of Lavender (Eng)	1 oz.
Essence Amber	6 oz.
Rectified Spirit	1 bottle

Procedure:—Mix and use after 1 month.

Lily Lavender

Lily lavender, petunia lavender, etc., may be prepared in the same manner by replacing essence amber by essence lily, petunia, etc.

English Lavender Water

Oil of Lavender (Mitchams)	4 oz
Rose Water	1 bottle
Magnesium Carbonate	q. s.
Alcohol	3 bottles

Procedure—First macerate the oil of lavender with such a quantity of magnesium carbonate in a stone mortar that the whole mixture is converted into a powdery mass. Now pour the rose water and incorporate the powder well into it. Then strain into a glass jar and add alcohol. Store aside for six months.

Ambergris Lavender Water

Oil Lavender (Mitchams)	8 oz
Essence Musk	4 "
" Ambergris	1½ "
Oil Bergamot	1½ "
Rectified Spirit	2 gallons

Procedure — This will yield an excellent Lavender water To be kept for 3 months to mature

Eau De Lavender Millefleurs

Oil Lavender (English)	2	oz.
Essence of Bergamot	1	dr.
,, Lemon	1	,,
Otto de Rose .	1	,,
Essence of Millefleurs	1½	oz.
,, Ambergris	4	dr.
Rectified Spirit	6	pints

Procedure — Mix and use after 6 months when the water fully matures .

Odoriferous Lavender Water

I

Oil Lavender (Mitchams)	20	oz.
,, Bergamot (Burgoyne)	5	,,
Essence Ambergris	4	dr
Orris Root Powder	4	oz
Rectified Spirit	5	gallons

Procedure — Mix together and strain after one month

II

Alcohol	3750	c c
Oil of Lavender	100	grams
Oil of Thyme	10	,,
Tincture of Musk	10	,,
Distilled Water	500	c c

Procedure — Dissolve the essential oils in the alcohol and then the musk Lastly, pour the distilled water Seal the mouth of the jar

or bottle and allow to mature for a month before use.

Florida Water.

Oil of Lavender		½ oz.
," Bergamot	1	,"
," Cassia	1	dr
," Clove	½	,"
," Neroli	½	,"
Essence of Musk		½ oz.
Alcohol	64	,"
Cinnamon water to make	80	,"
Mix in the above order.		

Violet Water.

Oil of Sandal	4	dr.
," Bergamot	4	,"
," Rose Geranium	1	,"
," Neroli	1	,"
," Bitter Almonds	15	drops
Musk	1	gr.
Tincture of Benzoin	4	dr
Powdered Orris Root	2	,"
Water	60	oz.
Alcohol	100	,"

Macerate 30 days and filter The product
is coloured with just a trace of green dye.

EAU DE COLOGNE.

I.

Oil Bergamot	1	oz
," Lemon	½	,"
," Rosemary	2	dr.

Oil Neroli	30	minims
„ Lavender	4	dr
„ Orange	2	"
Rectified Spirit	2	lbs

Procedure — The ingredients are mixed with brisk shaking one by one. Set the whole aside in a stoppered vessel for a fortnight and during that period shake the vessel thrice daily at a time. Finally filter and pack.

II

Cardamom minor (seeds)	1	tola
Oil Neroli	14	minims
„ Citron	14	"
„ Bergamot	14	"
„ Rosemary	14	"
Spirit	1	bottle

Procedure — Proceed as in I

III

Otto of Orange Flower	1	dr
Oil Orange	1	oz
„ Lemon	1	"
Essence Cedrat	4	dr
Oil Rosemary	4	"
„ Lavender	2	"
Spirit	1	bottle

Procedure — Proceed as in I

IV

Oil Neroli	30	minims
„ Orange	1	dr.
„ Lemon	1	"

Oil Rosemary	30	minims.
Essence Bergamot	4	dr.
Spirit	20	oz

Procedure.—Proceed as in I.

V

Oil Neroli	2½	dr.
„ Lavender	30	minims
„ Orange	50	„
„ Rosemary	40	„
„ Lemon	4	dr.
„ Bergamot	1	oz.
Spirit	1	bottle

Procedure — Proceed as in I



SECTION FIVE

HAIR OIL & TOILET PREPARATIONS

CHAPTER I

SCENTED HAIR OILS.

PEOPLE are quite justified in paying unusual attention to the choice of the oils for dressing the hairs for toiletting and before bathing. All readers of beauty admit that the hairs add grace to the appearance. But unless proper care is exercised in selecting the hair oils, the hairs are liable to fall off and turn prematurely grey. A hair oil preparation of the ideal type should add a lustre to the hairs, retain them soft and flowing, invigorate their growth, prevent premature greyness, keep the brain cool and yet should not be sticky at all. It should also possess, if possible a mild perfume. But none of the oils ordinarily met with from vegetable or mineral sources can claim all these properties. Hence the hair oils specially prepared for the purpose and perfumed slightly are in ever-increasing demand.

POPULARITY OF HAIR OILS

Enormous popularity of all sorts of hair oils should therefore warrant the careful attention of all perfumers. The field before them so far as

the manufacture of hair oil is concerned, is absolutely limitless. In fact a good number of preparations commanding big sales in the market can hardly claim to be good and non-injurious. In the face of these facts one is emboldened to say that any really good preparation delightfully perfumed has a bright future before it.

Mention may be made at the outset that in contrast with the manufacture of floral oils, the perfumers will find the preparation of scented hair oils a relatively tame affair. No elaborate processes are to be undergone. The difficulties of raw materials are not insuperable and the scents and essential oils which largely enter into the composition of hair oils are available at all seasons. Only what is necessary are scrupulous care and careful manipulation throughout the operations.

CHIEF CONSTITUENTS

The scented hair oils mostly have some oil or combination of oils as their basis and suitable perfumes are added in proper quantities to produce a pleasant refreshing odour. It should be distinctly understood that the nature of the scents to be introduced should be governed no less by the base oil than by the popular taste. Moreover, some fixative agents should be present in the preparation to bind down the fragrance so that this may not disappear after a few hours and even on bathing. The more the perfume

persists, the superior is the quality of the oil, no doubt.

BASE OILS.

The oils most generally employed as basis in the manufacture of ordinary hair oils are of vegetable origin such as castor oil, coconut oil and til or sesamum oil. There are other oils as well of vegetable origin like mustard oil, olive oil, almond oil, etc., suitable for the making of hair oils, but their use for the purpose is rather restricted, though almond oil is coming into favour for cheapness and adulteration.

VEGETABLE BASE OILS

Castor oil, coconut oil and sesamum oil continue to be the most used, either alone or in combination with others to supplement their individual properties and to counter-balance the defects. Castor oil, for example, stimulates the growth of hairs and is a most useful agent where hair-enriching aspect of the hair oil is desired to be attained. But it has got one drawback. It is of thick consistency and unless very finely refined it is liable to cause uneasy stickiness of hairs. Hence rarely castor oil is employed alone as a base oil though it is present in prescribed quantities in many oil preparations of the superior type.

Coconut oil is in all respects an ideal base oil in summer, it softens the hairs, imparts a lustre, is of thin consistency and does not cause stickiness. But one unsurmountable defect from which

it suffers is that the oil solidifies in the cold season. The freeziness is however prevented by the addition of other base oils, such as sesamum, castor and even mineral oils. One part of coconut oil in mixture with three parts of other oils will be an ideal oil base.

Sesamum oil is thicker than coconut oil and thinner than castor oil. This can be used alone as an oil base. The oil keeps the brain cool but long use renders the hairs sticky and sometimes retards the growth of hairs.

MINERAL BASE OILS.

Oils of mineral origin are also used in the making of hair oils. The most commonly known of them is the white oil. The oil is very thin but its use in hair oil making is very restricted as this is directly injurious to the hairs. The great fluidity of the oil is a great asset and if this is to be used at all, its evil effects are to be counterbalanced by the admixture of suitable oil bases and essential oils. Of late, its use has expanded for hair oil making for its cheapness, whiteness and fluidity, and even sometimes contrary to the first elements of hygiene, it is used alone for ensuring cheapness. In general, however, preference should be extended to vegetable oils to mineral oils.

BENZOATED OILS

Benzoated oils are sometimes used as basis in the preparation of hair oils. These do not get

rancid with age and help preserving the scents incorporated into the oils

Essentially benzoated oils are made by digesting 1 oz of bruised benzoin in a pint of sweet or olive oil for 3 hours on a water bath and filtering through filter paper. Detailed method follows—

Heat on a water bath 1,000 parts of vegetable oil and when hot add to this 100 parts of powdered sodium bicarbonate. Stir and when the bicarbonate gets dissolved, add 100 parts of benzoic acid. In some cases benzoin is added in place of benzoic acid but in this case benzoin 100 parts in weight should first be enclosed in a cheese cloth bag and is then suspended in the oil. This concentrated benzoated oil is to be diluted with vegetable oils before use in hair oils. Usually 1 part of this is mixed with 20 parts of vegetable oil and 1 part of terpenol to mask the oily odour.

FLORAL OILS IN HAIR OIL MAKING

There is another class of base oil used in making hair oils, we mean the floral oils. These are employed in the manufacture of the superior kinds of the hair oils. *Bela* oil, *chamel* oil, *hena* oil, etc., are however the most employed. The oils by themselves possess a most delicate fragrance which is further mildly modified by the addition of choicest perfumes. These constitute one of the best base oils. They are thin, keep the hair soft and brain cool, do not cause stickiness, but one way they are defective, they do not—in spite of their sweet perfume—help the growth of hair and

as a matter of fact retard its growth and on long use the hairs grow less dense and fall off. This defect can, however, be remedied by the introduction of balsam Peru, cantharidin and fly cantharides which are all highly recommended by the physicians as the agents that invigorate the growth of hairs and prevent baldness

INCORPORATION OF PERFUMES

Next in importance to the oil bases in making hair oils is the perfume. Extreme care should be taken in the selection of the scents, which are mostly essential oils derived from natural and sometimes from synthetic sources to cheapen the cost of production. More than one perfuming agent is made use of and their combination is effected in judicious sequence by careful manipulation. The scents are to be incorporated in prescribed quantities, for too much of one scent may spoil the harmonious character of the final aroma. The scents, moreover, should not be fugitive. To gain this end sandal oil and other fixative agents are called into requisition, as already referred to.

MANIPULATIONS

In manufacturing hair oils, due attention should be concentrated on the manipulations. Good and fresh raw materials of course go far towards the preparation of excellent hair oils but without methodical manipulations the perfumer, with the best of materials and intentions, will fail to produce hair oils of real worth.

FILTRATION AND REFINING.

First, the vegetable oils ordinarily used in the preparation of hair oils require to be refined thoroughly and freed from suspended impurities. A beginner in the line can purchase refined oils from the market but as a matter of fact big manufacturers find it more expedient to refine the oils themselves. This saves cost and helps to increase the profits. Specially the castor oil and sesamum oil should be in a highly refined state if the consistency is to be thinned down and the stickiness of the oil is to be removed.

Ordinarily it is the custom with the perfumer to filter the oil. The task of filtration is rather tedious and the operation requires a long time for completion but nevertheless the operation is most necessary. The operation should be allowed to proceed on without haste. To expedite the matter several jars may be fitted with funnels for filtration. When the oil is once filtered, it will be often found that it is not sufficiently purified for use in hair oils. In such cases the operation of filtration is repeated several times.

FILTRATION OF THICK OILS

Filtration of thick oils is however attended with great difficulties as the oil only comes down in drops at long intervals. In such cases the oil may be strained through good flannel, two or three times. The flannel may be made two-fold or three-fold to get better results. Sometimes with the same end in view, the flannel is fitted

into big funnels and oils are poured into them for filtration

REFINING WITH ANIMAL CHARCOAL.

Straining through flannel and filtration will often be found sufficient but in some cases, specially in the matter of castor oil, the oil may be refined more efficiently, cheaply and completely with the help of animal charcoal. Animal charcoal, it may be pointed out, is made by first boiling bones with water so as to remove gelatine and then by heating in iron retorts.

As soon as the process of distillation is finished, the solid residue is transferred into iron containers whose mouths are instantly closed air-tight and allowed to cool. The carbonised bones are then ground in a mill and sorted by sieves into 2 grades. The finely powdered product is known as ivory black while the coarse powder goes by the name of animal charcoal. The charcoal is spread in layers in a wide vessel and the oil to be refined is slowly introduced into it. The mouth of the vessel is then covered up to prevent dust, dirt and sand from coming in contact with the oil. The whole is then put in the sun for a fortnight and is thus completely bleached.

To refine oil with animal charcoal use may be made of a percolator which is a cylindrical vessel with fine perforations at the bottom. It is placed on a stand below which is placed a receptacle for collecting any liquid, dropping through the perforations. The false bottom of the perco-

lator is covered with a layer of powder and dried animal charcoal twelve to fifteen inches in thickness. The oil to be refined is gently poured over the bed of charcoal and left to work its way through the same by gravity. During descent, the oil gives up its colour and odour to the charcoal with which it comes into contact. The process of percolation may be repeated till a point is reached when the percolating oil viewed in a layer one inch in thickness cannot be distinguished from clear water but would have a pale colour in a sufficiently thick layer.

The process is necessarily a slow one but it needs no attention and can be continued day and night. For a large outturn the dimensions of the percolator may be suitably increased, or better, a series of percolators may be used.

When the charcoal loses its power of absorbing colour and odour after use for some time, it requires revivification.

Chemical processes have now been evolved for bleaching oils but these are complex and require elaborate machineries and expert scientific knowledge. There are other methods of refining oils, for details of which refer to page 31. For the perfumery manufacturer the method of refining with animal charcoal will be easiest and at the same time the best. Actually by such treatment raw castor oil No. 3 can be turned into oil no. 1 without any trouble.

COCONUT OIL REFINING.

A special process of refining coconut oil for hair oils has lately been worked out at the Harcourt Butlet Technological Institute, Cawnpore, which is given below —

The process consists in boiling for a few hours the sample of coconut oil with a 2 per cent. solution of sodium silicate, removing the soap formed and finally washing and drying the oil. The weight of sodium silicate used for a given quantity of oil depends upon the free fatty acid content of the oil and the alkalinity of the silicate. The quantity of sodium silicate taken is such that its alkalinity is exactly equivalent to the acidity of the oil. Usually with an oil of 3 per cent acidity, the quantity of sodium silicate of 140°Tw required is 1.6 lb per 100 lbs. of the oil.

The oil, taken in a vessel with a tapering bottom and a stop-cock, is heated to about 80°C . and its equivalent of 2 per cent silicate solution previously warmed to about 50°C is poured slowly into it with vigorous stirring. The heating is continued for some time till the liquid comes to boiling. Then as the boiling goes on, water is poured in from time to time to make up for the loss by evaporation and this is continued for about two and a half hours. By this time the issuing steam is found to have hardly any odour of coconut oil.

At this stage, about 5 lbs. of powdered common salt are added, and the whole boiled for a few minutes to coagulate the soap formed. The liquid is then allowed to stand, and the emulsion of soap and silicic acid is carefully drawn off from the bottom. The residual oil is given two or three washings with hot water, till the wash liquid no longer gives any alkaline reaction. After every washing the wash water is drawn off from the bottom. The washed oil is then heated in a shallow dish with constant stirring to drive off any residual moisture.

The oil may finally be mixed with 1 per cent. "diatomite earth" and filtered, when the oil becomes perfectly clear, bright and without any perceptible odour.

Another easy process of refining coconut oil follows —

In order to prepare scented coconut oil the oil is to be deodorised first. For this purpose take 100 tolas of coconut oil in a suitable vessel. Then weigh out 1 tola of 98 per cent. caustic soda and dissolve it in 10 tolas of water. Now warm the oil over a water bath and stir in $2\frac{1}{2}$ tolas of the alkali solution as prepared above. Continue warming for a few minutes and then sprinkle 1 tola of salt. Stir vigorously for some time and skim off about 5 tolas of scum by means of a ladle. Then remove the oil from the water bath and set aside to cool. Next filter the oil and put it in the sun after covering the vessel with a piece

of clean cloth to protect it from being contaminated with dust. By this means any moisture present in the oil is evaporated.

The oil thus prepared is practically odourless.

ADDITION OF SCENTS.

The addition of the perfumes also must be methodical. Hap-hazard methods cannot lead to successful preparations. They should be added one after another in the order they are put in the recipes. The order should not be changed by any means. Moreover a few minutes' time should be allowed to the fixation of one scent before the next one is incorporated and if possible the whole mass should be agitated carefully so that the scent may be intimately incorporated, absorbed by the oil itself and sweetly tempered. After the whole preparation is finished, the mass is recommended to be set aside for a certain period of time before final bottling. This is a most important matter that should not be overlooked by the manufacturers. It is found that on keeping the preparation substantially improves in quality, and hence whenever excellent quality is desired to be attained, the preparation should be allowed to stand for a number of days before final packing.

COLOURING HAIR OILS

The coloration of the hair oils is not a difficult affair. For red, the alkanet root is mostly in vogue. This is cheap and being of

vegetable origin is perfectly non-injurious. For yellow shade saffron may be added but this is rarely done as this is rather costly. Now-a-days all tints in hair oils except red are produced by the incorporation of aniline dyes. But from hygienic point of view these are not non-injurious to health and their use should be as much restricted as permissible.

MARKETING

Finally in marketing the hair oils, decent phials should be used. These should be nicely corked and capsuled and labelled and put in decent cardboard boxes.

RECIPES

A few typical recipes for making scented hair oils follows —

I

Refined Coconut or	
Sesamum Oil	5 seers.
Balsam Peru	2½ oz
Fly Cantharides	5 dr
Sandal Oil	15 "
<u>Alkanet Root</u>	15 "
Otto of Hena	5 "
Oil Rosemary	10 "

Procedure — First of all the oil is treated with alkanet root and allowed to remain undisturbed for 2 days for colouring. Then strain the oil through cloth. The fly cantharides are next fried in about one chhatak of fresh coconut

or sesamum oil and when these are well fried and discoloured, these are allowed to cool. Afterwards add the previously coloured oil, and the balsam Peru (after melting it over a slow fire). Finally add the other ingredients one by one with constant shaking.

II.

Bela Oil	24	oz.
Alkanet Root	2	dr.
Oil Lavender	2	"
„ Geranium Gaul	4	"
„ Cloves	1 dr. 26	minims.
„ Cinnamon	1 dr. 46	"
„ Bergamot	4	dr.

Procedure.—The bela oil of the finest make is first treated with alkanet root and allowed to remain undisturbed for two days together. Strain the oil through a fine cloth when coloured oil will be obtained. To this then add oil lavender and agitate well for 15 minutes; next add the oil geranium and shake again for 15 minutes. Similarly add the other ingredients one after another and shake the whole for 15 minutes each time. When all the ingredients are added, keep the whole aside air-tight for 15 days, when it will be ready for packing and use.

III

Refined Sesamum Oil	24	oz
Alkanet Root	2	dr.
Oil Bergamot	6	"
„ Lemon	3	"

Oil Rosemary	2	dr.
„ Neroli	1	„
„ Lavender (English)	2	„
„ Orange	1	„
„ Rose Geranium	2	„
Cantharidin	3	grains.
Balsam Peru	2	dr

Procedure —The best quality of refined sesamum oil is taken and into it is added 2 dr of alkanet root previously cut into small pieces. The whole is then allowed to stand undisturbed for 2 days and then filtered through a piece of fine cloth. Next add the other ingredients one after another in the order they appear in the recipe and shake the whole for 15 minutes after each such addition. Balsam Peru, the last ingredient, is to be melted over a slow fire before incorporation. When the ingredients are all incorporated, the whole is kept aside air-tight in a vessel for a fortnight and then packed.

IV.

Chamelı Oil	48	oz
Flora Jasmine	4	dr
Heiko White Rose	2	„
Oil Neroli	1	„
„ Bergamot	2	„
„ Lavender	1	„
Otto Pimento	30	minims.
Heiko Amber	2	dr.
Oil of Cantharides	1	oz.
Alkanet Root	4	dr.

Procedure.—Only the superior quality of *chameli* oil should be taken for making good hair oils. This is then treated with the alkanet roots broken into small fragments and left aside undisturbed for 2 days. Finally strain and add the other ingredients one after another with constant shaking. Next allow the oil to remain in a vessel air-tight for 7 days. Finally strain and pack into phials.

V.

Chameli Oil	2	seers.
Almond Oil	1	seer.
Alkanet Root	1	oz.
Chantharidin	12	grains
Balsam Peru	5	oz
Sandal Oil	3	"
Flora Jasmine	12	dr.
English Lavender	2	oz.

Procedure —Mix the *chameli* and almond oil together and drop into this the alkanet root in small pieces and let the oil remain undisturbed for 2 days. Then strain through a piece of cloth and add the ingredients one after another with constant shaking. While adding the balsam Peru take care that it is melted over a slow fire before addition. When all the ingredients are well-incorporated, pack in a vessel with the mouth well-covered and put in the strong sunlight for 20 days together. Finally strain and pack into phials.

This oil helps the growth of hair and prevents baldness.

VI

Castor Oil	3	seers.
Alkanet Root	1	oz.
Tincture Cantharidin	4	dr.
Oil Rosemary (True)	1	oz.
English Lavender	1	"
Heiko Tuberose	1	"

Procedure — Alkanet root is first of all added into the castor oil in small fragments and then put in strong sunlight for 20 days together and strained through a fine cotton cloth. The other ingredients are then added one after another with constant shaking. Allow the whole to remain undisturbed for 7 days together. Finally strain again and pack into phials.

This oil invigorates the growth of hair and prevents baldness.

VII.

Sesamum Oil	6	seers
Alkanet Root	2	oz
Otto Keora	1	"
Oil Lavender	2	"
„ Rosemary	1	,

Procedure — The sesamum oil is first of all treated with animal charcoal and put in the sun for a fortnight. This is then filtered through a filter paper or through flannel. To the oil thus refined add the alkanet root in small bits and strain after two days. Then incorporate the

other ingredients one after another with constant stirring and let the whole stand for 7 days in a vessel tightly corked. Finally strain again and pack into phials.

This oil keeps the brain cool and stimulates the growth of hair.

VIII

Sesamum Oil	1½ seers.
Alkanet Root	4 dr.
Heiko Cananga	1 oz.
Oil Lavender	1 "
„ Verbena	1 "
„ Sandal	1 "

Procedure.—The sesarmum oil is first of all refined by treating it with animal charcoal and allowing the whole to lie in strong sunlight for 15 days together. The oil is then filtered through flannel and into this the alkanet roots are added in small bits. Then whole is again set aside for 2 days and then filtered. Next add the other ingredients one after another with constant stirring and leave the whole undisturbed in a vessel closely corked. Finally strain once again and pack.

The oil is delicious, non-sticky and keeps the brain cool.

IX.

Coconut Oil	12 ch
White Oil	4 "
Oil Lavender	3 dr.
„ Sandal	3 "

Oil Bergamot	3	dr.
Alkanet Root	1½	"

Procedure—First refine the coconut oil and add the alkanet roots. The whole is left for colouring for 2 days. Now filter and add the essential oils one by one and shake well before the addition of the next one. The whole is left well corked for 7 days for ripening, then phial.

X.

White Oil	24	oz
Sesamum Oil	12	"
Coconut Oil	6	"
Castor Oil	6	"
Alkanet Root	4	dr
Orris Root Powder	8	"
Rose Otto	1	tollah.
Oil of Neroli	2	dr.
," Lavender	8	"

Procedure.—Orris root in a powdered condition and bruised alkanet root are introduced into the mixture of the oils. The whole is then put in the sun for a fortnight. Filter and to the clear oil add the essential oils one by one, shaking the vessel well before adding the next one.

XI

Coconut Oil	4	oz
Castor Oil	3	"
White Oil	7	"
Oil of Lavender	1	dr.
," Bergamot	30	minims.
," Rose Geranium	10	oz.

Alkanet Root 1½ dr.

Procedure:—Mix the oils and treat with the alkanet root. After 3 days, filter and add the essential oils one by one, shaking the bottle each time for a few minutes.

XII.

Castor Oil	15	oz.
Alcohol	3	"
Oil of Nutmeg	30	minims.
," Rosemary	10	"
," Sweet Marjoram	10	"
," Neroli	10	"
," Rose	20	"
Tincture of Musk	1	dr.
Alkanet Root	q. s.	

Procedure—Mix the castor oil with alcohol and colour with sufficient amount of alkanet root. Filter and incorporate the essential oils one by one shaking briskly each time for a little while

XIII.

Sesamum Oil	1,000	parts
Lavender Oil	12	"
Lemon Oil	20	"
Rosemary Oil	5	"
Geranium Oil	2	"

Procedure—Colour the oil suitably and add the scents one by one. This gives a cheap preparation.

XIV.

Til, Coconut or Castor oil	500	parts
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Balsam Peru	15	parts
Oil of Jasmine	60	"
" of Roses	30	"
" of Bitter Almonds	30	"
" of Vanilla	60	"
" of Ambergris	30	"
" " of Musk	30	"

Procedure—The balsam Peru is first of all digested for 14 days in the oil, shaking the vessel frequently. When the mixture is clear, add the essential oils one by one. The oil keeps for a long time and resembles very much the heliotrope oil in odour.

XV

Sesamum Oil	8	ch.
Otto of Roses	50	minims.
Oil of Rosemary	25	"
Alkanet root	1½	dr

Procedure—Soak the alkanet root in the oil till the desired shade of colour is acquired. Filter and add the scents one by one with shaking for a few minutes in each case.

XVI

Benzoated Oil	20	oz
Otto of Rose	25	minims.
Heliotropin	20	dr.

Procedure—The benzoated oil is made digesting an ounce of bruised benzoin, preferably of Siam, in a pint of almond or olive oil for three hours, and filtering through filter paper.

Finally add the scent, shake and phial. The oil does not become rancid.

XVII.

Deodorised Oil	24	parts.
Oil of Orange Blossom	22	"
" of Jasmine	12	"
" of Carnation Pinks	1½	"

Procedure:—Mix the whole together by shaking and allow to ripen for a number of days. Phial when the mixture becomes clear.

XVIII.

Benzoated Oil	10	oz.
Ionone, 100 %	2½	"
Otto of Rose	2	minims
Oil of Jasmine, Syn.	3	"
" of Cloves	6	"
" of Bergamot	12	"

Procedure — Mix

For other odours mix 1 part of any floral oil with 4 parts of benzoated oil.

XIX

Benzoated Oil	10	oz.
Jasmine Oil (floral)	10	dr.
Oil of Cloves	10	drops.
" of Bergamot	½	dr.
Otto of Rose	5	drops.
Oil of Orange Flower	20	"
" of Thyme	1	drop.

Procedure :—Same as in (XVIII).

XX.

Refined Coconut Oil	72	oz.
Oil of Rosemary	1	dr.
„ of Rose Geranium	1½	„
„ of Bergamot	½	„
Musk Ketone	14	gr.
Benzyl Alcohol	½	dr.

Procedure.—Put the coconut oil in a suitable bottle and add to it the essential oils one by one with vigorous shaking. Finally add the musk ketone after dissolving it in benzyl alcohol. Now close the mouth of the bottle with a cork and keep aside for a week before use.

CHAPTER II.

TARAL ALTA.

TARAL Alta is the Bengali name for a kind of fluid rouge, like lip-salve, for imparting a rosy hue to the skin. It is a universal custom in Bengal and elsewhere amongst Hindu women to paint their feet, palms of hands, finger tips, etc., periodically with indigenous lac dye. This decoration adds to the grace of feminine beauty. And for this purpose the service of the female barber has got to be requisitioned. But with the help of ready-made Taral Alta a lady can paint herself by simply applying the liquid dye with a swab.

Taral Alta is, therefore, now in great vogue. It commands a wide sale specially during marriage season and in times of festivities. Its manufacture will, therefore, be found remunerative.

MODE OF PREPARATION.

The mode of preparation of Taral Alta may broadly be divided into two classes. In the first class a chosen essential oil is macerated with magnesium carbonate in a stone mortar with a stone pestle. The mixture is then stirred in distilled water which has been boiled up before use. The emulsion is then filtered through blotting paper. This forms the basic perfumed water to

which is dissolved a quantity of scarlet dye, e.g., eosine, rhodamine, crocine scarlet to produce Taral Alta.

A variation of the method consists in soaking freshly blown scented flowers in distilled water in a covered vessel for 24 hours by which time it will absorb their fragrance. The perfumed water is strained through a flannel sheet, and a solution of scarlet dye in this water yields Taral Alta as before.

In any case 1 oz of methylated spirit may be added to each quart of the products to impart a quick drying property and 1 oz. of powdered gum arabic to ensure a good shine when dry.

MARKETING

The final products should be bottled in decent phials and corked and capsuled. A sponge swab with a wire hoider should be inserted in every packet. The label should be printed in attractive design. Instructions should be given first to wash the skin and then to apply uniformly with the swab and finally to allow to dry up.

Rose

A	Rose Otto	30	minims.
	Magnesium Carbonate	1	oz
	Distilled Water	12	quarts
B	Perfumed Water	1	quart
	Scarlet Dye	2	oz

Procedure—Macerate the essential oil with magnesium carbonate in a stone mortar with a

stone pestle. Stir in the distilled water and filter. To the perfumed water thus prepared add the scarlet dye when good scented Alta will be obtained.

Sandal.

A.	Sandal Oil	1 tollah,
	Magnesium Carbonate	1 oz.
	Distilled Water	6 quarts.
B.	Perfumed Water	1 quart.
	Scarlet Dye	2 oz.

Procedure—As in Rose Taral Alta.

Lavender.

A.	Essential Oil of Lavender (English)	2 dr.
	Magnesium Carbonate	1 oz.
	Distilled Water	3 quarts.
B.	Perfumed Water	1 quart.
	Scarlet Dye	1 oz.

Procedure—As in Rose Taral Alta.

Lily.

A.	Heiko Lily	4 dr.
	Magnésium Carbonate	1 oz.
	Distilled Water	2 quarts.
B.	Perfumed Water	1 quart.
	Scarlet Dye	1 oz.

Procedure—As in Rose Taral Alta.

Hena.

A.	Hena Otto	1 tollah.
	Magnesium Carbonate	1 oz.
	Distilled Water	4 quarts.

B	Scarlet Dye	2	oz.
	Perfumed Water	2	quarts.

Procedure—As in Rose Taral Alta.

Khus Khus

A	Otto of Khus Khus	1	tollah
	Magnesium Carbonate	1	oz
	Distilled Water	4	quarts.
B	Scarlet Dye	1½	oz.
	Perfumed Water	2	quarts.

Procedure—As in Rose Taral Alta.

Violet.

A	Heiko Violet	4	dr.
	Magnesium Carbonate	1	oz
	Distilled Water	3	quarts.
B	Scarlet Dye	2	oz
	Perfumed Water	1	quart

Procedure—As in Rose Taral Alta.

Cherry Laurel

A	Oil of Cherry Laurel	4	dr.
	Magnesium Carbonate	1	oz
	Distilled Water	2	quarts.
B	Scarlet Dye	2	oz
	Perfumed Water	1	quart

Procedure—As in Rose Taral Alta.

Tuberose.

A	Tuberoses	4	oz
	Distilled Water	3	quarts
B	Perfumed Water	3	"
	Scarlet Dye	4	oz.

Procedure:—Soak the flowers in distilled water in a covered vessel for 24 hours and then strain through a piece of flannel. To the perfumed water thus prepared add the prescribed quantity of the scarlet dye

Bela.

A.	<i>Bela</i> Flowers	$\frac{1}{2}$ lb.
	Distilled Water	3 quarts
B.	Perfumed Water	1 quart.
	Scarlet Dye	1 oz.

Procedure:—As in Tuberose Taral Alta

Jasmine

A.	<i>Jasmine</i> Flowers	4 oz
	Distilled Water	2 quarts.
B.	Perfumed Water	1 quart.
	Scarlet Dye	2 oz.

Procedure—As in Tuberose Taral Alta.

Champaka.

A.	<i>Champaka</i> Flowers	50
	Distilled Water	2 quarts.
B.	Perfumed Water	1 quart.
	Scarlet Dye	2 oz

Procedure—As in Tuberose Taral Alta

Bakul.

A.	<i>Bakul</i> Flowers	5 tollahs.
	Distilled Water	2 quarts.
B.	Scarlet Dye	2 oz.
	Perfumed Water	1 quart.

Procedure—As in Tuberose Taral Alta.

Rose.

A	Petals of Roses of one colour	$\frac{1}{2}$ lb.
	Distilled Water	3 quarts.
B	Scarlet Dye	2 oz.
	Perfumed Water	1 quart.

Procedure — As in Tuberose Taral Alta.

Ordinary.

Rhodamine B Extra	2 oz.
Brilliant crocine	1 "
Rectified Spirit	4 "
Glycerine	1 lb.
Rose Water	2 oz.
Water	40 "

Procedure — Dissolve the colours and glycerine in water and boil. Then set aside to cool. When cold add the spirit and rose water, and bottle

CHAPTER III.

TOILET PREPARATIONS.

HAIR LOTIONS.

HAI R lotions have a stimulating effect upon the hair follicles. They are generally perfumed with oil of rosemary as it possesses a good stimulating property.

Cantharides Lotion.

Tincture Cantharides	1½ dr.
Aqua Sambuci	11 oz.
Ess Rosemary (double)	5 dr.

Procedure:—Mix and shake well. It will promote the growth of hair.

Mullefleurs Lotion.

Oil Lavender	3 oz.
Essence Lemon	3 "
," Ambergris	4 "
Oil Caraway	2 "
Rose Water	12 "

Procedure:—Mix and shake well. To be used after 3 months.

Hungary Lotion.

Rectified Spirit	1 pint
Oil of Rosemary	1 oz.
Essence of Ambergris	2 dr.
Rose Water	6 oz.

Procedure:—Mix together, shake well; and leave aside for 1 month.

Lavencia Lotion.

Rectified Spirit	1 quart.
Rose Water	$\frac{1}{2}$ pint.
Essential Oil of Lemon	$\frac{1}{2}$ oz.
Otto de Rose	15 minums.
Oil of Cloves	30 ,,,
„ of Neroli	10 „,

Procedure—Mix the oils in spirit and shake until dissolved Then add the rose water and allow to mature for about a month.

Odour Delectabilis.

Rose Water	4 oz.
Orange Flower water	4 „
Oil of Lavender	1 dr.
„ of Cloves	1 „
„ of Bergamot	2 „
Musk artificial	2 gr.
Rectified Spirit	1 pint.

Procedure:—Mix together and shake until dissolved well Use after 1 month

Hair Stimulating Lotion.

Cantharidin	0 02	grams.
Acetic ether	1	c c
Glacial acetic acid	6	c c.
Bay rum	250	c c
Glycerine	50	c c
Water	to produce 1000	

Procedure—Dissolve the cantharidin in the acetic ether and add to the bay rum. Then add the other ingredients.

II.

Acetum cantharides	15	c.c.
Alcohol	150	c.c.
Rosemary oil	15	c.c.
Bergamot oil	10	c.c.
Lavender oil	5	c.c.
Rose oil	5	c.c.
Glycerine	50	c.c.
Water to produce	1000	c.c.

III.

Quinine Sulphate	2	grams.
Tincture of cantharidin	8	c.c.
Eau de Cologne	750	c.c.
Iso-butyl Salicylate	5	c.c.
Orange flower water to produce	1000	c.c.

Procedure—Dissolve the alkaloid in the cologne, add the tincture and the iso-butyl salicylate. Mix the glycerine with 200 c.c. of the water, and add.

IV.

Quinine hydrochloride	3	grams.
Pilocarpine hydrochloride	1	gram
Lavender water	200	c.c.
Glycerine	20	c.c.
Rose water	to produce	1000 c.c.

Procedure—Dissolve the alkaloidal salts in the lavender water and proceed as above. Filter, if necessary.

V.

Tincture of cantharidin	5	c.c.
Solution of ammonia	50	c.c.
Borax	25	grams.
Glycerine	50	c.c.
Rosemary oil	10	c.c.
Alcohol 90 p c.	125	c.c.
Rosewater	200	c.c.
Orange flower oil	300	c.c.
Water to produce	1000	c.c.

Procedure—Dissolve the oils in the alcohol, and borax in the glycerine and water. Then mix the two solutions and make up to volume with water.

VI

Pilocarpine nitrate	5	grams.
Alcohol	90	c.c.
Tincture of cantharidin	10	c.c.
Heliotropin	5	grams.
Verbena oil	3	c.c.
Lavender oil	2	c.c.
Glycerine of borax	50	c.c.
Water to produce	1000	c.c.

Procedure—Same as in (V)

LIPSTICKS.

Lipsticks are now a universally accepted article of make-up and vary in price very much

according to the skill of the manufacturer together with the degree of elegance of the presentation of this cosmetic.

The requirements of a good lipstick are that it must not be injurious, it must spread easily without being excessively greasy; its colour must be reasonably permanent; it must not sweat, crack or crumble. In addition to these requirements, its colour must be absolutely uniform, unchanging and free from mottling.

I.

Spermaceti	31	parts.
Paraffin	5	"
Cocoa butter	7	"
Cholesterin	26	"
Castor oil	4	"
Benzoated lard	85	"
Perfume	.9	"
Benzoic acid	.1	"
Bromo-acid (acid eosine)	2.5	"
Butyl stearate	5	"
Colour	10	"

Procedure—Dissolve the bromo acid in the butyl stearate, and add the castor oil. Mix the cholesterin and benzoated lard. Add the bromo acid mixture and the colour. Mix thoroughly and run the mass through a mill four times. Then melt the spermaceti, the paraffin and cocoa butter, and add the colour mass. Mix thoroughly and add the perfume and benzoic acid. When the mass reaches 110°F keep the temperature of the batch

at this point while filling the moulds. The best way to do this is to use a small insulated pouring pot which will hold enough to fill one set of moulds. This can be replenished from the main supply from time to time.

Some manufacturers after this procedure melt the waxes and fats together and mix in the colour, bromo acid and perfume. Then they allow the temperature to drop slightly until the batch becomes sufficiently viscous to grind, then the batch is run through the milling rolls several times after which the sticks are moulded. This is an excellent procedure if the milling rolls or mill can be heated, but if a hot mass is run through a cold mill the wax will crystallise and the resulting product will be unsatisfactory.

II

Cocoa butter	6	parts.
Cetyl alcohol	3	"
Stearic acid	4	"
Paraffin wax	4	"
Spermaceti	5	"
White beeswax	21	"
Lanolin	5.5	"
Benzoated lard	32	"
Castor oil	6	"
Perfume	.9	"
Benzoic acid	1-	"
Bromo acid	2.5	"
Colour	10	"

Procedure.—Proceed as before.

III.

White wax	7	oz.
Spermaceti	1	"
Liquid paraffin	1½	"
Carmine	2	dr.
Perfume	q.s.	

Procedure.—Melt the waxes over a water bath and the finely powdered carmine is ground in. Then mix the liquid paraffin. Now strain the hot liquid through linen and set aside. When the temperature has come down to 110°F pour it into moulds to set.

Perfume generally used is about one-half per cent. coumarin or any other suitable perfume material.

IV.

Vaseline	15	oz.
Beeswax	10	"
Spermaceti	400	gr.
Carmine	6	dr.
Perfume to suit.		

Procedure.—Melt and stir. Allow to cool a little before adding perfume. Pour into moulds.

V.

Paraffin wax	2	oz
White vaseline	3	"
White beeswax	1	"
Ceresine	3	"
Titanium dioxide	1	"
Carmine	6	dr.

Procedure.—Proceed as before.

POMADES.

The pomades are much in favour as toilet articles. The chief ingredient in all pomades is a soft white basis of white wax, spermaceti, lard, suet, vaseline, etc. When lard, suet, vaseline, etc. are used they should be previously refined and made free of all impurities and obnoxious matters. Other fats such as olive oil, almond oil, etc may also be employed in conjunction with the above to serve as the basis.

The Mode of Preparation.

To prepare the pomade the first step is to melt the pomade stock on a water bath and then add the olive and almond oils. Now the pan is removed from fire and when it begins to thicken stir in various scents in proportions at discretion.

In preparing pomades the manufacturers may note that an addition of soap improves pomades. Before perfuming add about 250 parts of soap dissolved in hot water and about $1\frac{1}{3}$ parts of borax to 12,500 parts of pomade stock. This renders the pomade as white as snow and very emollient, which is very difficult to attain by an addition of stearine. This pomade will bear an admixture of one-third water.

In colouring pomades use is generally made of alkanet root, annatto, gamboge root, chlorophyll, etc. It is usual to tie up the drug in a piece of coarse cloth and dip in a part of the pomade stock. Gentle heat may be applied and

the whole squeezed from time to time. The strongly coloured stock may be diluted with ordinary stock to bring it to the desired shade.

I

Procedure.—Prepared suet, olive oil, each 8 ounces, lard 4 ounces. Melt on a water bath, then remove the vessel, and, when it begins to thicken, stir in the following scents, in quantity at discretion.—Oil of cloves, sixty drops, oil of neroli, twenty drops, oil lavender, sixty drops; oil of bergamot, ninety drops; essence musk, fifty drops, mix. A slight colour may be given to it, according to the fancy of the manufacturers with alkanet root or gamboge root.

II

Procedure.—Melt 250 parts of freshly rendered lard and 25 parts of white wax at moderate heat and mix well with 200 parts of vaseline. Add 15 parts of bergamot oil, 3 parts of lavender oil, 2 parts of geranium oil and 2 parts of lemon oil, mixing well.

III.

Procedure.—Strained suet, ten pounds, white wax, three quarters of a pound. Melt, then stir well in bergamot oil, one ounce, lemon oil, half an ounce; oil of rosemary, quarter of an ounce; oil of lavender, quarter of an ounce, rose water, one pint.

IV.

Procedure.—Clarified lard, twelve pounds, clarified suet, two pounds; essence of bergamot,

one ounce, essence of lemon, half an ounce, oil of lavender, quarter of an ounce, rose water, eight ounces. Melt the first two, then take the pan from the fire and stir in the essences.

V

Procedure — Digest 20 parts of coconut oil and 1 part of benzoin, in coarse powder, in a waferbath for 2 hours. Now have 1 part of carnauba wax, 1 part of ceresine and 5 parts of liquid paraffin melted over a waterbath. Strain the benzoated oil into the molten mass of paraffin. The product may be perfumed as desired with essential oils.

VI.

Procedure — Melt 2½ oz of refined wax over a slow fire and then add 8 oz. of coconut oil. On cooling add 15 drops of oil of bergamot and 9 drops of oil of hena and stir well.

VII

Procedure — Take refined coconut oil 8 oz., white wax 2½ oz., oil of bergamot 15 minims, oil of hena 5 minims and proceed as above. Add alkanet root to colour.

VIII.

Procedure — Take white wax 2 oz., refined coconut oil 12 oz., rose geranium oil 5 minims and proceed as above. Add tincture carmine to colour.

IX.

Procedure.—Take pure castor oil 8 oz., white wax 3 oz., otto of rose 5 minims, and proceed as above. Add tincture grass to colour.

Pomade A La Rose.

Procedure—Lard, four pounds; suet, 1 pound; alkanet root q.s. Macerate with heat to give a faint colour, then allow it to cool and before it sets, stir in five ounces of rose water and add otto of rose to perfume.

Pomade A La Jasmine

Procedure—Lard, suet, each one pound, oil of almonds, four ounces. Mix, then add spirit of jasmine, one ounce and a half.

VANISHING CREAM.

Vanishing cream is so called because it disappears when rubbed into the skin. It consists of stearic acid partially saponified with alkali, the bulk of the fatty acid being emulsified by the soap thus formed. The main constituent is, of course, water and mucilage of tragacanth or agar-agar to prevent the collapsing of the cream and the whole is preserved with a trace of an aldehyde.

I.

Procedure.—Melt 60 grams of stearic acid in a tared vessel of about 2 litres capacity, over a water-bath, and add 9 grams of sodium carbonate, dissolved in the minimum amount of hot water;

to this add 7 grams of glycerine. Keep the mixture on the water-bath for one hour, stirring constantly, but not vigorously, add sufficient water to bring the preparation to 300 grams, then add 300 grams of the hamamelis water. Return the container to the water-bath for a minute or two, stirring the mixture until perfectly smooth. Pour into a warm mortar and beat to a foam. Let it stand for 12 hours, stir with a spatula and pack.

II.

Procedure — Mix agar-agar 180 gr., distilled water 8 fl oz, distilled solution of hamamelis B. P. 12 fl. oz and allow to stand for a few days with occasional stirring until softened. Strain through muslin. Now heat together stearic acid 360 gr, oil of theobroma 360 gr, sodium carbonate 240 gr, distilled water 12 fl oz, on a water-bath stirring constantly until combination is completed, transfer to a large jar and whip in the first solution with an egg whisk until a white foamy product results. Perfume to taste. Allow to stand for 14 days so that air bubbles may escape, mix gently and bottle. Large quantities may be made in an emulsifying machine.

The preparation will not show any grit and will keep long

III

Procedure — Bring 1 lb of glycerine and 1 pint of water to a boil and add $\frac{1}{2}$ oz of carbonate of potash. Strain through a piece of cloth and

heat the whole mass again. In the meanwhile have $\frac{1}{4}$ lb. of stearine melted over a water bath and pour this slowly over the first liquor. Continue heating till the mass is completely saponified. Then remove it and add 15 drops of oil of bitter almonds and 20 drops of oil of lavender. Beat the whole until cool and pack.

IV.

Glycerine	$8\frac{1}{4}$	Ibs.
Stearic acid (pure)	$4\frac{3}{4}$	"
Distilled water	224	' fl. oz.
Spirit	16	"
Liquid ammonia (Sp Gr. 0.888)	$4\frac{3}{4}$	oz.
Terpineol	2	"
Synthetic Jasmine otto	$\frac{1}{2}$	"
Synthetic Musk Crystals	10	gr.
Phenyl acetaldehyde	6	minims

Procedure —Melt the stearic acid on a water bath at 75°C . Heat 2 lbs. of the glycerine with 192 oz of the water to the same temperature, add ammonia, and pour into the melted stearic acid slowly, with constant stirring. Mix the rest of the glycerine and water and heat to 80°C , pour this into the first mixture with constant stirring, and continue the heat stirring for about 15 minutes. Remove from the fire and beat till cold. Mix perfumes with the spirit, and add slowly, with constant stirring to the cream.

Owing to the air and water present, these creams sometimes dry up. To avoid this add glycerine, grease, agar-agar and tragacanth.

V.

all in parts by weight.

Stearic acid, triple pressed	200
Potassium hydroxide-sticks	14
Water	800
Carbitol	40
Perfume	10

Procedure—Dissolve the perfume in the carbitol and beat it into the cream at 20° Centigrade To obtain a softer cream decrease the fatty acid and increase the potash.

VI

all in parts by weight.

Stearic acid	180
Potassium carbonate crystals	12
Glycerine	50
Water	750
Bergamot oil	2
Lavender oil	1
Ylang-ylang oil	1
Vetivert oil	1
Geranium oil	3

Procedure—Maintain the temperature at least 20 minutes, with vigorous stirring from the commencement of saponification This will allow the greater part of the Carbon dioxide to escape.

VII.

all in parts by weight.

Stearic acid	180
Caustic soda—stick	9
Glycerine	50
Water	750
Coumarin	2
Sandalwood oil	2
Vetivert oil	1
Methyl ionone	6

Procedure—Dissolve the caustic soda in 360 parts of the hot water and add to the fatty acid. Mix the glycerine with the remainder of the water at the same temperature and stir in.

VIII.

all in parts by weight.

Stearic acid	200
Fresh lard	20
Strong solution of ammonia	880
Distilled water	10
Linalol	750
Terpineol	5
Ylang-ylang oil	8
Coumarin	2
Oakmoss resin	4
	1

Procedure—Add the ammonia to the hot water, stir, and pour the solution rapidly into the melted fats, triturating briskly all the time

IX.

all in parts by weight.

Stearic acid	130
--------------	-----

Borax crystals	58
Sodium carbonate crystals	12
Water	740
Glycerine	50
Rose-geranium oil	9
Patchouli oil	1

Procedure—Pour the melted stearic acid into the boiling solution of glycerine, water, borax, and soda. Continue to boil until the mixture gelatinises. Cool and add the perfume.

X

all in parts by weight.

Stearic acid	180
Spermaceti	20
Triethanolamine	20
Carbitol	70
Perfume compound	10
Distilled water	700

Procedure—Melt the fats and heat the liquid to the same temperature. Mix and stir until cool—add the perfume

XI

Witch-hazel Foams are made on the same lines as vanishing creams, excepting that a proportion of the water is replaced by distilled extract of witch-hazel, which is added to the already saponified fatty acid—

all in parts by weight.

Stearic acid	180
Potassium hydroxide	12
Water	260

Distilled solution of witch-hazel	500
Glycerine	50
Perfume with rose otto if desired.	

XII.

Peroxide Creams contain hydrogen peroxide at the time of manufacture, but it seems doubtful if this exists as such when they are used. The only means of securing the presence of available oxygen is by stabilising the peroxide with methyl parahydroxy benzoate.

all in parts by weight

Stearic acid	120
Lanolin, anhydrous	20
Borax	30
Glycerine	100
Water	670
Hydrogen peroxide—20 volumes	50
Jasmine	6
Bois de rose oil	3
Styrax R.	1

Add the hydrogen peroxide while the cream is cooling.

COLD CREAM.

Cold Cream is an emulsion in which the fat predominates, but the cooling effect produced when it is applied to the skin is due to the slow evaporation of the water contained. The base in general use is white beeswax, and traces of borax are occasionally added to aid emulsification. The perfume generally used is rose—either as

aqua rosae or by the addition of otto. The method of manufacture is simple when borax is used, and consists of melting the wax on a water-bath, adding the oil, and warming the whole to about 80°C. The aqueous portion containing the borax is heated to this temperature and stirred in slowly. The perfume is added when cool, and the cream is potted liquid if a brilliant white surface is desired.

I

all in parts by weight.

Almond oil	550
White wax	145
Borax	10
Water	290
Rose otto	5

II

Peach kernel oil	600
Spermaceti	20
White wax	150
Borax	5
Triple rose water	215
Phenylethyl alcohol	5
Geranium oil—French	5

III.

Almond oil	560
White wax	180
Lanolin, anhydrous	20
Borax	10
Zinc oxide—finely sifted	20
Water	200

all in parts by weight.

Rose rouge	5
Rose-geranium oil	5

IV.

Mineral Cold Creams may be prepared with petroleum oil of 860 sp. gravity as follows —

all in parts by weight.

Paraffin liquid	570
White wax	160
Lanolin	50
Borax	8
Water	200
Geraniol	8
Phenylethyl alcohol	4

V.

Procedure — Melt 60 parts of white wax and 100 parts of spermaceti over a water bath, then add 1,000 parts of almond oil leaving the whole on the water bath. Next add 10 parts of castor oil, then 300 parts of rose water, stirring continuously. Finally incorporate 2 parts of oil of rose, 2 parts of oil of geranium and 10 parts of oil of bergamot and place in jars. A trace of methyl violet may be added to ensure that the preparation retains its whiteness.

VI.

Procedure — Melt 1 oz of white wax and 1 oz of spermaceti, add 8 fl. oz. of oil of sweet almonds in which 1 oz of camphor has been dissolved with very gentle heat, then gradually add 5 fl. oz. of rose water in which 4 dr. of

powdered borax has previously been dissolved, beating constantly with a wooden spatula until cold. Finally add 10 drops of oil of rose This will yield camphorated cold cream.

VII.

Procedure.—Take petroleum oil 600 gr., white wax 60 gr, paraffin 140 dr, eau de Cologne 30 gr, water 200 gr, rose water 200 gr, tincture of benzoin 10 gr, oil of rose geranium 10 drops. Mix the solid matter in the warm oils and pour into the mixture little by little, stirring at the same time eau de Cologne and the perfumes Stir well to get perfectly white.

VIII.

Procedure —Mix together oil of almonds 425 parts, lanolin 185 parts, white wax 62 parts, spermaceti 62 parts. Make a solution of 45 parts of borax in 300 parts of rose water Incorporate the solution to the solid ingredients

IX

Procedure —Take spermaceti 4½ oz, white wax 3 oz, fresh oil of almonds, 18 oz, melt over water bath and pour in a slightly warmed marble mortar and stir briskly to prevent granulation When the mixture becomes of the consistency of butter, triturate until it has a white, creamy appearance, add little by little, under constant stirring a mixture of double water of rose, 1½ oz, odourless glycerine, 1½ oz., mix for 20 minutes, then add 15 drops of essence

of roses and beat for about half an hour, when it will be ready for use.

X.

Procedure —Melt 6 oz of spermaceti and 4 oz of white wax on a water bath. Add fresh oil of almonds 24 oz and pour the whole into a slightly warmed mortar under constant and lively stirring to prevent granulation until the mass has a white, creamy appearance and is about the consistence of butter at ordinary temperature. Add little by little, under constant stirring, 2 oz of rose water and 2 oz of pure glycerine, mixed together, and finally add oil of bergamot 24 drops, rose oil 6 drops, oil of bitter almonds 8 drops and tincture of ambergris 5 drops. Continue the stirring for 15 or 20 minutes; then immediately put into containers

FACE POWDERS

In manufacturing face powders the materials should be ground to a very fine state of sub-division and then passed through sieve of at least 100 mesh. For perfect results 120 mesh sieve is recommended.

After grinding and sifting, the ingredients are taken in specified proportion and a small quantity of such a mixture is put in a mortar and rubbed with suitable colour and then mixed with the whole lot and sifted twice to make sure that sub-division of the basic pigments has been accomplished.

Perfumes are next added by spraying the liquid perfumes on to the powder as it falls through the silk sifter. The amount of perfume used should be reduced to a minimum.

I.

Procedure — Mix zinc white 5 parts, English precipitated calcium carbonate, 30 parts, best white steatite, 5 parts, wheat or rice starch, 10 parts, triple extract of white rose, 3 parts, triple extract of jasmine, 3 parts; triple extract of orange flower, 3 parts, triple extract of cassia 3 parts, tincture of musk, 8 parts. The whole is to be mixed thoroughly by repeated siftings. Orris root in powder may be substituted for the perfumes.

II.

Procedure — Take pearl or bismuth white and French chalk, equal parts. Reduce them to fine powder and sift through cloth. Lastly add some artificial perfumes, as desired.

III

Procedure — A face powder of rosy hue may be prepared as follows. Starch 1,000 grams, carmine 20 grams, otto of rose 15 grams, otto of khus khus 15 grams, sandal oil 15 grams.

IV.

Procedure — Take oxide of zinc 1 oz., starch 8½ oz.; essence of rose 5 to 10 drops, and carmine, as much as required for producing the desired tint.

V.

Procedure:—Mix 32 parts of bergamot oil, 10 parts of lemon oil and 6 parts of musk infusion with 500 parts of magnesium carbonate. Then triturate 5000 parts of rice starch, 3500 parts of calcium sulphate, 1000 parts of talc and 200 parts of powdered orris. Finally pass through a fine sieve.

VI.

Rice Starch	600	grams.
Maize Starch	200	"
Talcum	100	"
Zinc Stearate	50	"
Zinc Oxide	50	"

VII.

Rice Starch	400	grams.
Zinc Oxide	400	"
French Chalk	100	"
Magnesium Stearate	100	"

TALCUM TOILET POWDER

Procedure—Talc, to be used as a toilet powder, should be in a state of very fine division. Antiseptics are sometimes added in small doses. As a perfume, rose oil may be employed, but, on account of its cost, rose geranium oil is probably more frequently used. A satisfactory proportion is $\frac{1}{2}$ dr. of the oil to 1 lb. of the powder. In order that the perfume may be thoroughly disseminated throughout the powder, the oil should be triturated first with a small portion of it; this should then be further triturated with a larger

portion, and if the quantity operated on be large, the final mixing may be effected by sifting. Many odours besides that of rose would, of course, be suitable for a toilet powder Ylang-ylang would doubtless prove very attractive, but its use is rather restricted on account of its high price

FACE LOTION

I.

Procedure — Dissolve 10 gr of alum and 1 gr of zinc sulphate in a little water, mix 1 fl dr. of glycerine with the bulk of water and pour in 1 fl dr of tincture of benzoin and 30 drops of essence of eau de Cologne. Finally add distilled water to make 1 pint and mix well. The result should be a non-separable milky lotion

II.

Procedure — Mix⁹ 40 oz of lactic acid and 80 oz of pure glycerine in 5 gallons of distilled water. Now add 3 oz. of tincture of benzoin. Then colour with 40 grains of carmine and pour gradually a mixture of 1 oz of commercial glycerine, $\frac{1}{2}$ oz of ammonia solution in 3 oz of distilled water. Heat the whole to drive off ammonia and mix intimately. Shake well and set aside for a day, filter and add 1 drachm of solution of ionone and a small quantity of kaolin. Finally filter until clear

III.

Lactic acid, syrupy	5	c.c.
Glycerine	100	„
Tincture Benzoin	10	„

Tincture of Styrax	10	"
Patchouli R.	1	"
Rose Synthetic	4	"
Rose water to produce	1000	"

Procedure—Dissolve the perfumes in the tinctures and add to the glycerine. Shake with 800 c.c. of water and then add the acid. Make up to volume with more rose water.

IV.

Hydrogen Peroxide 10 Vols	100	c.c.
Tincture Benzoin	10	"
Muguet Synthetic	5	"
Rose Water to produce	1000	"

SUN BURN LOTION

Zinc Hydroxide (25 p c)	100	grams.
Zinc Carbonate	70	"
Corn Starch	30	"
Glycerin	50	c.c.
Tincture of Benzoin	50	"
Benzyl Cinnamate	2	grams
Heliotropin	5	"
Tuberose Absolute	1	"
Water to produce	1000	c.c.

Procedure.—Dissolve the perfumes in the tincture of benzoin. Tint the powders with Armenian bole if desired

HAIR CURLING LOTION.

Procedure—Potash (pure), 7 gms; ammonia, 3½ gms., glycerine, 15 gms.; alcohol, 12 gms; rose water, 550 gms. Wash hair with soap before

application. Make the hair wavy in the wet; tie it up. The hair will curl on drying.

NAIL POLISHES

I.

Celluloid film, cut small	250	parts.
Amylacetate	250	"
Acetone	750	"
Eosine A	q.s.	

Procedure — Mix the last two ingredients and add the first Allow to stand until dissolved.

II

Stannic oxide	300.	grams
Talc	300	"
Osmo-Kaolin	100	"
Tragacanth	2	"
Glycerine	50	c.c.
Citral	1	"
Water to make	1000	"

Procedure — Rub the powders in a mortar with the glycerine, perfume and water, then pass through fine muslin

FINGER-TIP COLOURING

Alkanet	$\frac{1}{2}$	oz.
Rectified Spirit	12	"
Rose Water	4	"

Procedure — Macerate for a week, add 10 drops of otto of roses shake and filter.

A solution of eosine is also used; it should be made with perfumed spirits.

FRECKLE LOTION.

I.

Potassium chlorate	1.2	per cent.
Borax	1	"
Potassium carbonate	3.7	"
Sugar	3.7	"
Glycerine	9	"
Rose water	20	"
Alcohol	10	"
Distilled water	51	"
Perfume	0.4	"

Procedure.—Make separate solutions of the potassium carbonate and potassium chlorate and borax with small quantities of water. Dissolve the sugar in the remainder of the water. Add the glycerine and rose water, mix, then add the other solutions individually, mixing before each addition. Add alcohol and perfume.

II

Acetic acid	3	per cent.
Lime Juice	10	"
Glycerine	6	"
Water	70½	"
Perfume	½	"
Alcohol	10	"

Procedure.—Dissolve the concentrated lemon juice in the water and the acetic acid in the alcohol. Mix the perfume with the glycerine and add to the lemon juice solution, then add the acetic acid solution. Mix and filter.

ROUGE STICKS.

Rouge sticks are very similar to lipsticks but these are slightly greasy and softer than the latter. The ideal lip rouge will rub on smoothly and also not come off easily. The carmine content should not exceed 20 per cent. but the majority are made with much less. If a bright colour is desired, it can be obtained by the addition of zinc oxide.

General method of manufacture consists of melting and straining the fats and rubbing down the pigment in a warmed mortar with them, but for large-scale production, where a perfectly fine, smooth, and grainless article is desired, the warmed mass should be milled. Formulas are appended —

I

Liquid paraffin	300	c.c.
Lanolin anhydrous	150	grams.
Ceresin (high m.p.)	350	"
Carmine	200	"
Linalyl cinnamate	1	c.c.
<i>Procedure</i> — Mix together		

II

Ceresine	300	grams.
Almond oil	50	c.c.
Soft paraffin	500	grams.
Zinc oxide	50	c.c.
Carmine	100	"
Piperonal-vanillone	1	gram.

HAIR FIXATIVE.

Procedure:—Dissolve 20 grams of boric acid in a litre of rose-water; add 50 grams of pulverised gum tragacanth. After several hours heat the mixture on a water-bath and filter through gauze. Perfume with 5 grams of oil of rose geranium and 2 grams of phenyl ethyl alcohol and finally add 100 grams of tincture of benzoin. Triturate in a mortar and pour into pots.

NON-GREASY HAIR CREAM

Gum tragacanth, pulverised	4	dl.
Water	1	quart.
Alcohol, 90 per cent	2	oz.
Cologne water	2	oz.
Oil of cloves	12	drops.

Procedure:—Gently boil the tragacanth in water, strain through muslin, and when the mucilage is nearly cold, add alcohol, Cologne water and oil of cloves.

CANTHARIDES HAIR WASH.

volume with water. Filter bright, using talc or Kieselguhr.

COCONUT OIL SHAMPOO.

This is made by saponifying odourless oil with potash. Sometimes other fixed oils are added and these include palm, peanut, etc., but they have a tendency to decrease the foaming properties of the product and are only used in cheaper grade articles. Usually 1,000 parts of coconut oil require for complete saponification about 300 parts of potassium hydroxide. This is dissolved in 1 litre of water at about 75°C and added to the oil at the same temperature in a steam pan. Saponification can be tested by using phenolphthalein as indicator. If the liquid remains white, further additions of alkali are necessary whereas when it turns red more oil should be added. The heat is continued until saponification has taken place and the product is neutral. It is then diluted to 5 litres with distilled water in which some carbonate of potash has been dissolved.

Coconut Oil	1000	parts.
Potassium hydroxide	300	"
Distilled Water	1000	"
Potassium Carbonate	30	"
Distilled Water	2970	"

It is now perfumed with any of the stable synthetics, such as linalol, terpineol, methyl aceto-phenone, etc., or such oils as lavender and rosemary.

LIME JUICE CREAM.**I.**

Procedure—Dissolve by gentle heat white wax, $\frac{1}{2}$ oz ; oil of sweet almonds, 8 oz. Gradually add glycerine, 1 oz.; lime water (aqua calcis B. P.), 32 gr. with 1 oz. water, also add rectified spirit, $1\frac{1}{2}$ oz ; essence of lemon, 2 dr.; essential oil of almonds, 5 minims.

II.

Procedure—Take white wax 1 part, oil of sweet almonds 20 parts, lime water 22 parts, glycerine 2 parts, oil of lemons $\frac{1}{2}$ part. The advantage of this preparation is that it does not become rancid, on the other hand, it exerts a stimulating effect on the roots of the hair.

LIME JUICE GLYCERINE**I.**

Almond Oil	25	oz.
Glycerine	$1\frac{1}{2}$	"
Lemon Oil	$1\frac{1}{4}$	"
Lime Water to make	80	fl. oz.

Procedure—Mix well by shaking.

II.

Almond Oil	2	oz
Glycerine	4	dr.
Tincture of Senegal	1	"
Lime Water	2	oz.
Rose Water	4	"
Oil of Bergamot	10	drops.
" of Lemon	20	"

Procedure — Shake well the oil of almond and tincture of senegal and then add the glycerine, lime water and rose water. Lastly perfume with essential oils. If the cream becomes rancid, add 4 grains of salicylic acid to each pint of the cream.

WRINKLE REMOVER.

Procedure — Take white petrolatum, 7 av. oz., paraffin wax, $\frac{1}{2}$ av. oz., lanolin, 2 av. oz.; water, 3 fl. oz., oil of rose, 3 drops, vanillin, 2 gr., alcohol, 1 fl. dr. Melt the paraffin, add the lanolin and petrolatum, and when these have melted pour the mixture into a warm mortar, and with constant stirring incorporate the water. When nearly cold add the oil and vanillin, dissolved in the alcohol. Preparations of this kind should be rubbed into the skin vigorously, as friction assists the absorbed fat in developing the muscles, and also imparts softness and fullness to the skin.

BINDI LIQUID

Carmine	5 parts.
Gum arabic	8 "
Water	10 "

Procedure — Dissolve the gum in cold water and incorporate carmine.

BINDI STICK.

Wax	1 $\frac{1}{2}$ dr.
Almond oil	3 "
Carmine	6 gr.
Otto of rose	6 drops.

Procedure:—Melt the wax over a water bath, then incorporate the almond oil. Now dissolve the carmine in just enough solution of ammonia, put in a warm mortar, and add the bases. Next remove from the water bath and add the otto. Lastly pour the mass in tin moulds.

LIQUID BRILLIANTINE.

Castor oil	2	oz.
Alcohol (95 p.c.)	8	"
Oil of neroli	5	minims.
„ of rose geranium	10	"
„ of verbena	5	"
„ of lemon	30	"

Procedure—Dissolve the castor oil in the alcohol and then add the essential oils one by one by shaking.

The liquid so obtained should be homogeneous

CORN SALVE

Salicylic acid	6	dr.
Methyl salicylate	2	"
Wool fat	2	oz.
Yellow wax	2	"
Benzoated lard	11	"
Mix.		

STICK COSMETIC.

I.

White wax	1½	Ibs.
Tallow	3	"
Oil of bergamot	2	oz.

Oil of cassia	3 dr.
„ of thyme	1½ „

Procedure—Mix the essential oils together and keep ready. Next melt the wax and tallow on a water bath. Now slowly stir in the essential oil mixture. Remove from the source of heat but continue stirring for a few minutes more until the mass is about to congeal. Now pour into suitable moulds.

II.

Benzoated lard	1½ oz.
White wax	3 „
Oil of bergamot	1 dr.
„ of cassia	10 minums.
„ of thyme	5 „

Procedure.—Melt wax, add the lard, and stir until creamy, then add the perfume and pour into suitable moulds

SCENT CARDS.

Procedure—Mix thoroughly coumarin, 10 gr.; vanillin, 10 gr.; heliotropin, 10 gr.; ionone, 10 minums, hyacinthine, 5 minums, essence of musk, 30 minums, otto of rose, 5 minums; rectified spirit, 1 fl oz. Then soak a piece of blotting paper in the mixture. The cards to be scented are put in a closed box along with blotting paper for a day or so. The cards will imbibe the scent.

PERFUME TABLET

Perfume tablets consist of a compressed mixture of rice starch, magnesium carbonate

and powdered orris root with combination of scents and essences, etc. The following are a few typical recipes.—

Violet—Ionone, 50 parts, ylang ylang, 50 parts; tincture musk, strongest, 200 parts; tincture benzoin, 200 parts.

Heliotrope—Heliotropin, 200 parts ; vanillin, 50 parts; tincture of musk, 100 parts; tincture of benzoin, 200 parts.

Lilac—Oil of turpentine, 200 parts; lily of the valley essence, 200 parts; tincture of musk, 200 parts, tincture of benzoin, 200 parts. Mix

SOLID PERFUME.

I.

Procedure.—Melt 8 oz. of hard paraffin, and just as it begins to thicken add 1 oz. of kaolin with which 4 fl. dr. of concentrated essence has been intimately mixed. Finally pour into tin moulds of desired shape and size.

II.

Procedure.—Mix well finest plaster of Paris 4 oz. and powdered sodium chloride 10 gr. and make into a cream with water. Quickly add the essence, stir and pour into moulds.



GLOSSARY

Agar Agar—China grass

Alkanet Root—Raung pata.

Almond—Badam, vadam-kottai

Alum—Phitari, phatkiri, sphatikari shib, zak

Ambergris—A fragrant substance found in the intestines of spermaceti whales.

Amla—Emblic myrobalan, amlaki, daula, gondhona, taipi, saljee

Aniseed—Mauri, mahuri, sauriff, sewa, kuppi.

Bahera—Belleric myrobalan, bhaira, sagona, lupung, yella, tanu, elupay, santi.

Bakul—Mimusops Elengi, mulsari, maulser, gholsari, borsali, magadam

Bela—Arabian Jasmine, motia, mogra, malle, asphota, magra, nabamallika

Benzoin—Luban, hussi, shambiran, kaminian.

Borax—Sohaga, tinkal, venkaram.

Caramel—Colouring matter from canesugar.

Cardamom—Elaich, ilachi

Carraway—Ajowan, juvani, ajamo, owa, amam.

Cassia—Tejpat, sinkami, kikra, tamala, zarnab

Castor—Arand, bherenda, eri, rendi, gaba

Chameli—Catalonian Jasmine, jati, chamba, chambeli

Champaka—Michelia Champaka, champa, shimbu, gandhaphali, chapha, shampang

Chlorophyll—Green colouring matter from leaves of trees.

- Cinnamon—Darchini, karruwa, kurrundu.
- Cloves—Labang, raung.
- Cochineal—A kind of insect known as kirmdana, kirmaz, kirandi, kirm.
- Dolan Champaka—Magnolia Sphenocarpa, dulichampa, burramturi.
- Fuller's Earth—Sajji mati.
- Gandharaj—Gardenia or Cape Jasmine.
- Ghanni—An indigenous oil mill.
- Gul Hena—A kind of hena.
- Gum Arabic—Gum of babul or kikar tree.
- Hena—Lawsonia Alba, camphire, mehndi, shudi, manghati, marithondi.
- Indigo—Nila.
- Istambal Kahi—An indigenous scent from rose water.
- Jahuri Champaka—Magnolia Mutabilis.
- Janti—Barleria, tadrelu, koileka, jhanti, jhinli.
- Jasmine—Jamine Auricultaum, jui, jun.
- Kamini—Murray Exotica, marchula, juti, kunti, naga golunga, makay.
- Kantali Champaka—Artabortrys Odoratissimus, madmanti, manoranjoram, madan mast.
- Keora—Pandanus, kea, ketuki, thalay, kaida, satthapu.
- Ketaki—Keya, talum, ketaka, mugali.
- Khus—Vetiver, bena, panni, valo, khus khus.
- Khus Khus—See Khus.
- Kieselgurh—A mineral substance from a species of algae.

- Lemon—Pati lebu, limu, limbu, nimbu.
- Madhumalati—Echites Caryophyllata.
- Mallika—Jasmine Arborescens, saptala, kussar, kusara, adavi malle, madhvi.
- Marigold—Tagetes Erecta, genda, gendu, tangla, mentok, makhmal, guljafari, guljharo.
- Mendi—See Hena.
- Musk—Mrighnavi, kasturi, mushk.
- Musk Hena—Hena with scent of musk.
- Nageswar Champaka—Mesua Ferrea, nagkesar, nahor, nagchampa, thorlachampa, negchapha, mangal, naga sampigi.
- Nitre—Sodium nitrate, sora
- Olibanum—Salhe, salai, kundur, luba, anduku, guggar, guggulu, dhup, chittu, baſtaj.
- Olive—Jalpai.
- Orris Root—Irsa, sosun, bekh, ersa, irisa, bekh-i-banfsa.
- Patchouli—Peholi, pachapat, paneł, mali, pach-hariadi, pokonilam.
- Pumelo—Batabi lebu, bijora, papanus, sadaphal.
- Quince—Cydonia Vulgaris, bilu.
- Saffron—Jafran, kesar, kunkuma, kasnira-janma, saurab, kungumanu, kong.
- Sandal—Chandan, gandha, sukat, santagu.
- Sassafras—Cinnamomum gladuliferum, Nepal camphor wood, malligiri.
- Sesamum—Til, gingelly, tir, tal, rasi, khasa.
- Shephalica—Nyctanthes Arbor-tristis, har, siharu, seoh, singhar, gongo, pakura, kuri, khurasli, paghada, karchia.

Til—See Sesamum.

Tuberose—Polianthes tuberosa, rājanigāndha,
gulshabho, gulcharī nela, sampenga.

WEIGHTS AND MEASURES.

1 maund (md) = 40 seers = 82 2/7 lbs.

1 seer (sr) = 16 chhataks (ch) = 2 057 lbs.

1 pound (lb) = 16 ounces (oz) = 7.7778 ch.

1 ounce = 8 drams (dr.) = 28 35 grams (gr.)

1 tollah = 16 annas (as) = 180 grains (gr.)

20 grains (apothecary's) = 1 scruple.

60 minims (drops) = 1 dram (dr.).

1 dram (dr) = $\frac{1}{3}$ fluid ounce (fl oz).

1 quart = 2 pints = 40 fl oz.

1 bottle = 24 fl oz.; 1 gallon = 8 pints.
